

Health and Human Services Agency

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BEHAVIORAL HEALTH DEPARTMENT

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: May 13, 2025

TO: Board of Supervisors

FROM: Phebe Bell

SUBJECT: Resolution approving execution of Amendment No. 1 to the contract with

Aegis Treatment Centers, LLC. for the provision of a Drug Medi-Cal outpatient Narcotic Treatment Program for referred clients of the Nevada County Behavioral Health Department to increase the maximum contract price from \$875,000 to \$1,075,000 (an increase of \$200,000 and amend Exhibit "B" to reflect the increase in the maximum contract price for FY

2024/25. (RES. 24-301)

RECOMMENDATION: Approve the attached Resolution.

<u>FUNDING:</u> Narcotic Treatment Program services are mandatory under the Drug Medi-Cal Organized Delivery System Waiver, which Nevada County implemented on July 1, 2018. These services are funded by Federal Drug Medi-Cal and State 2011 Realignment. There are no County general fund dollars required in the Agreement.

BACKGROUND: On June 25, 2024, per Resolution 24-301 the Nevada County Board of Supervisors approved execution of the Professional Services Contract with Aegis Treatment Centers, LLC for Drug Medi-Cal outpatient Narcotic Treatment Program.

Substance Use Disorder is a significant issue in California and in Nevada County specifically. Abuse of alcohol and other drugs impacts not only the user, but also their children, family, and community. Opioid Use Disorder is a significant challenge for our community. While the rate of opioid prescriptions has decreased significantly in Nevada County, the opioid overdose death rate in Nevada County significantly exceeds the state rates. Medication Assisted Treatment program (MAT) and Narcotic Treatment Program are the medical standard of care for individuals with Opioid Use Disorders.

Under this contract, Aegis Treatment Centers are to provide Narcotic Treatment Program and Medication Assisted Treatment Services. These services include comprehensive assessments,

treatment planning, individual and group counseling, administration of initial and maintenance doses of medications for new and ongoing patients, treatment of pregnant clients, urinalysis testing, and discharge planning.

Over the course of this fiscal year, we have seen the census of people receiving medication and counseling steadily. Aegis has implemented a calendar system allowing patients to book services on-line making it easier for patients to get access to services. Also prior to this year, Nevada County clients would have weekly medical appointments at Aegis Treatment Center in Marysville, CA. Clients would obtain their medications at Medication Unit located in Grass Valley according to the frequency indicated by their individualized treatment plan. Nevada County clients are now able to obtain an initial intake in Grass Valley via telehealth, and are admitted within 24 hours, significantly decreasing transportation barriers. Finally, access to takehome dosing has increased with new federal guidelines. The cumulative expansions in services indicate a need for increased funding.

It is recommended the Board of Supervisors approve this Amendment No. 1 as these services are critical for the treatment of Nevada County beneficiaries with Opioid Use Disorders.

Approved by: Phebe Bell, MSW, Behavioral Health Director