

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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February 9, 2015

Honorable Board of Supervisors Eric Rood Administrative Center 950 Maidu Avenue Nevada City, CA 95959

DATE OF MEETING: March 10, 2015

SUBJECT: Resolution approving execution of the Contract with Turning Point Community Programs, Inc. for the provision of Mental Health Services Act (MHSA) Respite Insight Center Services for the term of March 1, 2015 through June 30, 2016 in the maximum amount of \$669,554.

RECOMMENDTION: Approve the attached Resolution.

<u>FUNDING:</u> Contract services will be supported with SB (82) Triage Grant Funds awarded Behavioral Health from the Mental Health Oversight Accountability Commission (MHOAC), and department Mental Health Services Act (MHSA) Community Services and Support (CSS) dollars. The contract maximum is \$669,554 for the term of March 1, 2015 through June 30, 2016. Services are within the department's budget, and there are no county general fund dollars required in the Agreement.

BACKGROUND: Per Resolution No. 14-137, the Board of Supervisors approved the Grant Agreement with the State Agency of the Mental Health Oversight Accountability Commission awarding Behavioral Health \$2,477,628 over a 3 ½ period to increase the capacity for client assistance and services related to crisis intervention. Under this new Agreement, Turning Point Community Programs will develop and operate the Respite Insight Center which will house an ongoing caseload of four (4) qualified clients.

The Respite Insight Center is the product of the County and its stakeholders having identified a need to develop an alternative to inpatient hospitalization for individuals experiencing a mental health crisis. Over the past two years, stakeholders have advocated for the expansion of the County's crisis continuum of care to include the development of a respite care center where individuals can receive temporary housing and supportive counseling services. The County's receipt of SB 82 State funding, supplemented by MHSA CSS funds, will be utilized to develop and implement a respite care center that will have four (4) beds and operate 24 hours per day,

7 days per week (24/7). This center will be peer-run, in coordination with clinical support and will be called the Respite Insight Center.

Turning Point will provide the facility and program staffing for this Center. Participants will be offered an opportunity to utilize respite support up to 14 days. If individuals need additional time at the center, the Center team will document, consider requests, and may authorize additional days. The maximum length of stay is 28 days per admission. The participants will also be linked to valuable community resources to support their recovery once they leave the Center. The target populations served by this center will be residents of Nevada County who are over the age of 18 years, and have a mental illness and as a result of the disorder the individual is at risk of needing a higher level of care, including possible placement in a facility such as a: psychiatric hospital, an Institute of Mental Disease (IMD), Mental Health Rehabilitation Center (MHRC), or Crisis Stabilization Unit, or the individual has recently been discharged from one of these placements, or is experiencing a first episode or re-emergence of a psychotic break.

It is recommended the Board approve the attached Agreement, as the Respite Insight Center will offer a safe and supportive environment for persons at risk of needing mental health crisis services in a less restrictive environment than a hospital or Crisis Stabilization Unit as well as minimize usage of inpatient hospitalization days, and decrease clients' involvement with the justice system.

Please contact me if any additional information is required.

Respectfully submitted,

Rebecca Slade, MFT

Interim Director of Behavioral Health

RS/cs