# AMENDMENT #1 TO THE PROFESSIONAL SERVICES CONTRACT WITH AUBURN COUNSELING SERVICES, INC., D/B/A COMMUNICARE (RES 21-255)

**THIS AMENDMENT** #1 is dated this 11<sup>th</sup> day of January 2022 by and between AUBURN COUNSELING SERVICES, INC., D/B/A COMMUNICARE, hereinafter referred to as "CONTRACTOR" and COUNTY OF NEVADA, hereinafter referred to as "COUNTY". Said Amendment will amend the prior Agreement between the parties entitled Professional Services Agreement, as approved on June 22, 2021, per Resolution No. 21-255; and

WHEREAS, the Contractor provides phone triage services, a Regional Telephone Triage Service for Placer County's Adult System of Care, New Directions Program Services, as well as Patients' Rights and Quality Assurance Services for the Behavioral Health Department for the contract term of July 1, 2021 through June 30, 2022; and

WHEREAS, the parties desire to amend the contract to: 1) amend Exhibit "A" Schedule of Services, to add services for Forensic Case Management and Behavioral Health Case Management 2) amend the Maximum Contract Price from \$1,368,407 to \$1,554,550 (an increase of \$186,143) to cover the additional positions and 3) amend Exhibit "B" Schedule of Charges and Payments, to reflect the increase in the maximum contract price.

### **NOW, THEREFORE,** the parties hereto agree as follows:

- 1. That Amendment #1 shall be effective as of September 1, 2021.
- 2. The Maximum Contract Price, shall be changed to the following: \$1,554,550
- 3. That Exhibit "A", "Schedule of Services", shall be amended and replaced, as set forth in the amended Exhibit "A" attached hereto and incorporated herein.
- 4. That Exhibit "B", "Schedule of Charges and Payments", shall be amended and replaced, as set forth in the amended Exhibit "B" attached hereto and incorporated herein.
- 5. That in all other respects the prior contract of the parties shall remain in full force and effect.

COUNTY OF NEVADA:	CONTRACTOR:
By:	Ву:
Honorable Dan Miller	Ben Lopez, LCSW - Owner
Chair of the Board of Supervisors	Auburn Counseling Services, Inc.
	d/b/a Communicare
ATTEST:	2280 Grass Valley Highway #225
	Auburn, California 95603
By:	
Julie Patterson-Hunter	
Clerk of the Board of Supervisors	

# EXHIBIT "A" SCHEDULE OF SERVICES AUBURN COUNSELING SERVICES, INC., D/B/A COMMUNICARE

### **STATEMENT OF PROGRAM PURPOSE:**

This contract serves the needs of the mentally ill by having a Phone Triage line in Nevada County, as well as for other counties, along with supporting the County to meet other state mandated programs for clinical supervision, patient rights advocacy, care coordination, and quality assurance.

### I. <u>CONTRACTOR RESPONSIBILITIES:</u>

As more fully set forth herein, Contractor, in conjunction with Behavioral Health staff, shall continue to implement and monitor a Crisis Triage Program including a Regional Telephone Triage Service for Placer County, El Dorado County, and Plumas County; develop, implement and monitor County mandated needs for clinical supervision, patient rights advocacy, care coordination, and quality assurance. The Contractor shall meet all requirements in 1810.405 of Title IX, California Code of Regulations as it pertains to beneficiaries accessing specialty mental health services. Additionally, Contractor will provide telephone answering services for after-hours Placer County CSOC Child Welfare Services referrals and emergency calls. In no event shall Contractor provide triage services or otherwise be responsible for the intake and/or screening of after-hours CSOC Child Welfare Services referrals and/or child welfare emergency calls, and shall only act as a telephone answering service for the purpose of answering and transferring after-hours CSOC Child Welfare Services callers making child abuse, neglect, sexual exploitation/trafficking reports, or other emergency child welfare services calls, to the designated Placer County CSOC CWS after-hours social worker.

These services will transition from the current location to a new, temporary location in the next year. The staff of the Contractor and the County will work in conjunction to ensure a seamless transition is made, ensuring that a stoppage does not occur in the telephone services.

### **STAFFING PLAN, OUALIFICATIONS AND DUTIES:**

### A. Program Director

Program Director shall be a Licensed Clinical Social Worker, Marriage Family Child Counselor, Licensed Psychologist, or Registered Nurse with 5 years' experience in community mental health and three years administrative or management experience. Program Director shall be responsible in this contract for Phone Triage Service, Crisis Support Services, CSOC Child Welfare Services telephone answering services, patient rights advocacy, and quality assurance.

#### B. Program Manager

Program Manager must be a licensed or licensed eligible mental health professional with five years' experience in community mental health services. Program Manager shall, under the direct supervision of the Program Director and commensurate with scope of practice, provide supervision for Phone Triage Service, Crisis Support Services, CSOC Child Welfare Services telephone answering services, patient rights advocacy, and quality assurance. The Program Manager will be responsible for providing on the job training as well as arranging for the In-service Program. This supervisor will also arrange the various consultants needed to provide the program richness for the residents' value.

### C. Phone Triage Staff

The minimum qualifications for Phone Triage staff shall be: Mental Health Rehabilitation Specialist - an individual who has a baccalaureate degree and four years of experience in a mental health setting as a specialist in the fields of physical restoration, social adjustment, or vocational adjustment. Up to two years of graduate professional education may be substituted for the experience requirement on a year-for-year basis; up to two years of post-associate arts clinical experience may be substituted for the required educational experience in addition to the requirement of four years' experience in a mental health setting.

Triage staff shall be responsible for answering all calls forwarded to facility by County. Staff shall evaluate each call to determine if call should be forwarded to County's Crisis Team; provide mental health rehabilitation services as appropriate; provide information, education, and/or consultation as needed. Triage staff shall provide documentation that meets Medi-Cal, Medicare, and Nevada County Mental Health Managed Care requirements for all calls.

#### 1. Phone Services for Nevada County

Phone triage service includes answering both crisis and access calls, along with occasional business and other clinically related calls. Phone triage staff shall:

- a. Document all calls. Documentation shall meet Medi-Cal, Medicare, Rehabilitation Option, and County's Managed Care Program requirements.
- b. Complete Event Monitoring Form for each shift, identifying all calls received using the appropriate Event Monitoring Coding.
- c. Originals of all documentation and completed Event Monitoring Forms shall be submitted daily to County's Behavioral Health Department.
- d. Take business messages for County Behavioral Health Department and transfer these calls to designated message voice mail from 8:00 a.m. to 9:00 a.m., Monday through Friday.
- e. Take after-hours business calls related to urgent situations involving New Directions and other clients in Supportive Independent Living homes. For calls identifying a housing need (e.g., plumbing problems) or social or other

need (interpersonal conflict) that cannot wait (after some form of phone counseling on the urgent matter) for the next business day contact via cell phone the BH case manager liaison for housing or the Adult Program Manager.

### A) Crisis Phone Services

Crisis Phone Triage Service shall respond to all crisis line [i.e., (530) 265-5811] telephone calls, providing 24-hour coverage. Crisis Phone Triage Service shall:

- 1. Assess and evaluate each call to determine if call is an emergency and should be forwarded to Crisis Team.
- 2. Provide information, consultation and education for clients by phone as appropriate.
- 3. Provide mental health rehabilitation services by phone when appropriate.
- 4. Phone Triage shall contact County's Crisis Team each day at 9:00 a.m. Monday through Friday to alert Crisis Team of any pending emergency situations.

### **B)** Access Phone Services

Access phone requests received through the two Access lines [i.e., (530) 265-1437 or (888) 801-1437] for services by potential clients, or family, friends, or support persons of a potential client are answered Monday through Friday 5:00 p.m. to 9 a.m.; weekends from Friday 5:00 p.m. to Monday 9:00 a.m.; and 24-hour coverage on Holidays. Access Phone Triage Service will also have forwarded calls from NCBH staff during business hours when NCBH staff is not available to take such calls. Access Triage Services shall be answered by same staff as those providing Crisis Phone Triage Service and shall assess and determine that a call is a request for possible services, as compared to a general business call, crisis call, or other clinical calls from an open client.

Calls from individuals or about individuals that are requests for services for individuals not already open to the system of care at NCBH, are to be logged as part of the request in a call log; an accompanying triage script form is to be completed and faxed to Access team according to Access procedures.

Contractor shall provide In-service training. All staff shall receive the following In-Service within 60 days of their employment:

Basic First Aid Fire Prevention Training **Disaster Plan Training** 

Admission criteria and assessment procedures

Recording Procedures, including: development and updating of needs and service plans, principles of resident record keeping

Reporting Responsibilities

Living Skills Teaching Techniques

**Basic Conflict Resolution Training** 

Medication handling, side effects and signs of over-medicating

All staff shall receive a minimum of 20 hours of In-Service per year. Topics will be relevant to the needs of the residents. Some examples of this training follow:

- 1. Basic knowledge of counseling skills, including individual, group, pre-vocational, job counseling skills.
- 2. Understanding Schizophrenia
- 3. Understanding Depression
- 4. Working with the multiple diagnosed individuals
- 5. Medication usage
- 6. Communication skills
- 7. Therapeutic exercises
- 8. Leisure time usage
- 9. Handling suicide threats or actions and crisis management
- 10. Discharge planning
- 11. Knowledge of community services and resources
- 12. Principles of good nutrition, proper food preparation, storage, and menu planning

Any staff assigned to the Crisis Triage function shall have a minimum of 20 hours per year of training specific to those duties. In addition, all staff will receive annual training on: 1) How to properly access appropriate interpreting services for callers, and 2) Ensuring that all requirements of the 24/7 access line are met. New hires will receive training within 30 days of hire.

All in-service training shall be documented for each employee. These may be provided through video presentations, classroom instruction, oral presentations, audiovisual presentations, audio tape presentations, or performing the duties under the direct supervision of an instructor.

### 2. Patients' Rights Advocate:

Contractor shall provide personnel to provide Patients' Rights Advocate duties pursuant to Welfare and Institution Code §5520 and Mental Health Service Act (MHSA) Issue Resolution Process: Each local mental health director shall appoint, or contract for services of, one or more county patients' rights advocates (based on county population).

The duties of an advocate shall include, but not necessarily be limited to the following:

- a. To receive and investigate complaints, (e.g. Appeals and Grievances) from or concerning recipients, or prior recipients, of mental health services.
- b. To represent a client's interests, as defined by the client, as long as those interests are within the bounds of law and achievable within the resources of the advocate.
- c. To monitor mental health services and programs for compliance with statutory and regulatory patients' rights provisions.
- d. To provide training and education about mental health law and patients' rights to Behavioral Health providers.
- e. To ensure that recipients of mental health services in licensed health and community care facilities are notified of their rights.
- f. To exchange information and cooperate with the Office of Patients' Rights (a portion of Disability Rights of CA), which has contracted with the Department of Mental Health to provide technical assistance and training to county advocates.
- g. To receive and investigate complaints regarding inappropriate use of MHSA funds.
- h. To receive and investigate complaints regarding inconsistency between approved MHSA plan and implementation.
- i. To receive and investigate complaints regarding Nevada County Community Program Planning Process.

At this time, the Patients' Rights Advocate services shall average approximately fifteen (15) hours a week of services for the Behavioral Health Department.

The Patients' Rights Advocate is a mandated position through Title IX, designated by and responsible to the local county mental health director. Also, the Patients' Rights Advocate is to provide the process for addressing issues, complaints and grievances regarding MHSA planning process. Contractor's assigned Patients' Rights Advocate staff responsibilities shall include the following:

- a. Help ensure the statutory and constitutional rights of persons identified as mental health clients these rights are in Nevada County Behavioral Health (NCBH) policies, procedures, and the Guide to Medi-Cal Mental Health Services, the Welfare and Institutions Code and Federal laws.
- b. Follow guidelines NCBH has established to work out problems about issues related to the specialty mental health services a beneficiary may be receiving (pages 20 thru 31 of the Guide to Medi-Cal Mental Health Services). This may involve The Appeal Process, standard and expedited, (pages 22-25); The State Fair Hearing Process, standard and expedited, (pages 26-27); and the Grievance Process [pages 28-29]. Additionally, follow Nevada County MHSA Issue Resolution Process document.
- c. Respond to complaints regarding the provision of mental health services from members, their representatives or family members.
- d. Assure notices are posted at all NCBH offices and MHP provider sites explaining BH Consumer Rights and the Problem Resolution procedures to ensure that the information is readily available to both beneficiaries and provider staff.
- e. Assure Consumer Rights/Problem Resolution brochures, with Grievance and

- Appeal forms and self-addressed envelopes, are available for beneficiaries to pick up at all MHP provider sites without having to make a verbal or written request.
- f. Receive and investigate complaints (Grievances/Appeals) from or concerning recipients of mental health services. A beneficiary may file a grievance or appeal orally. An oral appeal must be followed-up with a written, signed appeal.
- g. Give Behavioral Health clients reasonable assistance in completing grievance or appeal forms and in completing the process. This would include going to any hearing on their matter, if they should desire.
- h. Ensure that individuals who make decisions on grievances and appeals are not involved in any previous level of review or decision-making; and who are health care professionals who have the appropriate clinical expertise.
- i. Ensure Grievances and Appeals are resolved within mandated timelines.
- j. Maintain a confidential Grievance/Appeal Log on the county computer "H" drive, for view only by people authorized by the NCBH Director. This Log contains, at least, the name of the beneficiary and person making initial contact; the date of receipt of the grievance/appeal; the nature of the problem; documentation of written acknowledgement to the beneficiary regarding receipt of each grievance or appeal; and documentation re notifying the beneficiaries or their representative, in writing, of the grievance or appeal disposition/resolution.
- k. Include in written dispositions the results of the resolution process and the date it was completed. For Appeals, or if a Grievance was not completed according to the mandated timeline, the disposition letter must state that the beneficiary has the right to request a State Fair Hearing, if dissatisfied, and tell how to do so.
- 1. Keep an All Call Log on the "H:" drive that contains a more detailed compilation of the complete Grievance and Appeal process. The Patients' Rights advocate keep the physical paper Log which includes written documents, letters, etc. and also Information/Referral calls or contacts.
- m. Acknowledge the receipt of each grievance and appeal to the beneficiary in writing.
- n. Represent a client's interests, as defined by the client.
- o. Promote and represent the Behavioral Health clients' rights and expressed interests. Advocates do not determine what is in the client's "best interests." Rather, the advocate will discuss available options with the client and assist the client in making an informed choice if desired.
- p. Provide information/Referral services to clients when requested.
- q. Conduct a Supply Review at NCBH sites and provider sites at least twice yearly to assure the appropriate English and Spanish Posters and Consumer Rights/Problem Resolution Brochures (with Grievance/Appeal forms and self-addressed envelope) are accessible and Restock the supply as needed.
- r. Report results (e.g. any deficiencies and the restocking of brochures) of the twice-yearly Supply Reviews to the Quality Assurance Officer.
- s. Provide a report to the Quality Assurance Officer showing the statistics on Patients' Rights contacts for each fiscal year on a six- and twelve-month basis, indicating the type of call (i.e. Grievance, Appeal, non-Grievance/Appeal, and Information/Referral) and how long it took to resolve any Grievance or Appeal to

assure mandated timelines were met.

### For Quality Assurance, duties include:

- a. Verify the NCBH individual providers' licenses twice yearly (e.g. June and December). This involves checking the current Medi-Cal Suspended and Ineligible Provider list, The CA Dept. of Consumer Affairs verification lists for Behavioral Sciences and Psychologists, and the Federal Exclusion List of the Office of Inspector General, U.S. Dept. of Health and Human Services.
- b. Notify the Quality Assurance Officer if someone is found to be out of compliance with Medi-Cal, Consumer Affairs, or the Federal exclusion list, and then the said person is notified and asked to do what is necessary to get off the list so they can continue working with NCBH clients.
- c. Conduct the yearly consumer survey of clients of NCBH at BH offices and providers such as, Turning Point, Uplift, Victor, Stanford Youth Solutions (formerly Sierra Forever Families), and soon Granite Wellness Centers (formerly Community Recovery Resources).

# 3. **Quality Assurance/Utilization Review:**

Contractor shall provide personnel to deliver Quality Assurance/Utilization review services to NCBH. It is the policy of NCBH to have an ongoing Utilization Review process which assures consistency in the process of authorizing mental health services to Nevada County beneficiaries, , in conjunction with NCBH Manager and Supervisors. Contractor shall provide Utilization Review Services which includes monitoring the flow of information between Nevada County Behavioral Health and its contractors. Contractor shall perform quality review and monitoring compliance activities in accordance with, but not limited to, regulations outlined by the Mental Health Plan, State Department of Health Care Services, County Policies, State Performance Contracts and Federal Rules and Regulations.

Contractor, through the use of post-service utilization review tasks, will fulfill a component of the requisite Quality Improvement activities of the NCBH Quality Assurance Department. Utilization Review tasks ensure consistent standards for authorization decisions when delivering specialty mental health services to Nevada County beneficiaries.

Quality Assurance is a function of the Mental Health Plan (MHP), which ensures compliance with all Medi-Cal regulations, including "medical necessity", and all other contracted elements delineated by the California Department of Health Care Services. The Program outcome is to assure the reduction in the frequency of improper charting and reduce the likelihood of duplicated services, thus reducing the risk of disallowances and assuring the provision of high quality cost- effective client care.

At this time, the Quality Assurance/Utilization Review services will average approximately forty

(40) hours per week of services for the Behavioral Health Department.

The duties of the Quality Assurance/Utilization Review staff shall include, but not necessarily be limited to the following:

- a. Utilization review and training activities related to monitoring of MHP program integrity standards.
- b. Utilization review and training activities required as part of clinical performance improvement projects
- c. Preparation time for Quality Improvement Committee meetings, preparation time, and follow-up of clinical Quality Improvement issues
- d. Clerical time spent supporting clinical chart reviews, gathering of clinical chart and billing documentation, and follow-up of clinical Quality Assurance (QA) issues
- e. QA activities required for implementation and evaluation of clinical practice guidelines
- f. Utilization review activities required for Therapeutic Behavioral Services (TBS), assistance with state audits, and federal audits of TBS
- g. Personnel time and materials for assisting state and federal auditors with county audits for compliance with External Quality Review standards, and other related Medi-Cal specialty mental health services standards
- h. Perform a variety of activities in the planning, development, implementation, coordination, operation and oversight of the Quality Management and Compliance functions of NCBH and its contracted Network and Organizational Providers.
- j. Prepare, track and seek clinical supervisor authorization for all initial and ongoing outpatient mental health and substance use treatment services for Network and Organizational Providers of NCBH.
- k. Conduct regular client chart review and authorization tracking of mental health treatment for NCBH.
- 1. Promote employee and organizational excellence through adherence to professional standards of conduct and accountability.
- m. Identify trends and patterns in a variety of areas and develop and prepare meaningful reports, projections, and outcome studies and make quality improvement recommendations when needed.
- n. Provide consultative services to NCBH Management.

# 4. Registered Intern Supervisor:

- a. Provide individual and/or group supervision for registered MSW and other registered interns' hours toward licensure.
- b. Provide regular updates to management regarding intern progress.

## 5. Placer County Telephone Triage and Answering Services:

Contractor agrees to provide services in accordance with County's Contract for Services with Placer County Department of Health and Human Services for Telephone Triage and Telephone Answering Services.

### **Program Description:**

Contractor agrees to provide Telephone Triage Services for Placer County Adult System of Care (ASOC) with regard to Adult Protective Service (APS) referrals, In-Home Supportive Services (IHSS) referrals, Mental Health referrals for adults, and 5150 referrals for adults and children.

Contractor also agrees to provide telephone answering services for after-hours (i.e. non-business hours) CSOC Child Welfare Services (CWS) calls.

Telephone Triage Services for ASOC shall be provided 7 days a week, 24 hours each day (24/7), including holidays, for the term of this Agreement, which include the following referrals:

- a. Referrals for ASOC received Monday through Friday 8:00 a.m. to 5:00 p.m. shall be referred to as defined below.
- b. ASOC referrals received After-Hours (after 5:00 p.m. and prior to 8:00 a.m., 7 days per week, 24 hours each day (24/7), including holidays) shall be referred to Placer County's after-hours service provider, Sierra Family Services as defined below.
- c. CSOC mental health or 5150 crisis referrals received After-Hours (after 10:00 p.m., and prior to 8:00 a.m., 7 days per week, 24 hours each day (24/7), including holidays) shall be referred to Placer County's after-hours service provider, Sierra Family Services.

# The specific responsibilities of Contractor for Placer County's Children's System of Care Child Welfare Service (CWS) calls are as follows:

- a. The after-hours telephone calls for CWS referrals and emergencies will be directed immediately to the designated after-hours Placer County CWS Social Worker, who shall be solely responsible for the intake and/or screening of child welfare referrals and/or emergency calls.
- b. The Contractor will obtain necessary contact information of caller to allow for a call back in the event of a disrupted call.
- c. The Contractor shall not provide CWS triage services or otherwise be responsible for intake or screening of the calls, including emergency CWS calls.
- d. The Contractor shall act only as a telephone answering service for the purpose of transferring the afterhours CWS calls to the CWS worker.

# The specific responsibilities of Contractor for Other Placer Phone Triage Services for ASOC and CSOC non-CWS Programs are as follows:

a. Receive all calls, collect intake information and make assessment for appropriate referral to ASOC and CSOC non-CWS Programs (APS, IHSS,

- Adult Mental Health, APS, and CSOC Mental Health or 5150 Crisis).
- b. Document all calls through utilization of the Placer County AVATAR tracking system (Call Log Report and 5150 Case Tracker).
- c. Check the AVATAR tracking system to verify if caller is an active client in ASOC program or whether client has mental health history.

If client is determined an active mental health client, Intake Worker shall leave a voice mail message for a specific case manager with information on client's status. If client is determined to be an active conserved client, the Intake worker shall leave a voice mail message for the specific ASOC PG deputy with information on client's status.

- d. Screen all referrals to determine eligibility (Medi-Cal or third-party insurance).
- e. Complete required referral documentation for specific programs using the appropriate forms for APS, IHSS, Mental Health, or 5150 Crisis.
- f. For ASCO and CSOC mental health and 5150 crisis calls, use the Managed Care screening tool to determine linkage of mental health services to the specific managed care plan, where appropriate.
- g. For CSOC mental health and 5150 crisis calls, screen all mental health referrals to determine crisis status.
- h. For CSOC mental health and 5150 crisis calls, contact Sierra Mental Wellness Group staff to provide crisis mental health response per usual protocol following screening.
- i. For ASOC mental health and crisis calls, contact ASOC Adult Crisis Response Coordinator during the hours of 8 am to 5 pm Monday through Friday for referral of any 5150 evaluations. On weekends or evening after hours, contact Sierra Family Services staff providing crisis response. During business hours on referrals involving conserved clients, the Intake worker will direct the County worker to contact the Public Guardian (PG) Office. After hours, the Intake worker will contact the County After-Hours supervisor or contracted crisis worker and direct them to alert the PG Office.
- j. All documentation shall meet requirements set forth by the Department of Mental Health, and Placer County's Managed Care Program to meet the requirements of assuring access to Mental

Health Services.

- k. Provide information, consultation, and education for clients by telephone as appropriate.
- 1. Contractor shall comply with all the Security Standards for the Placer County Data Network

### 6. Plumas County Phone Triage Services:

Plumas County Phone Triage services includes answering the main line for Mental Health and Substance Use Disorder (SUD) calls of Plumas County Behavioral Health after-hours (5:00 p.m. to 8:00 a.m., daily, including holidays). Requests for Behavioral Health Services, including possible crisis calls, shall be documented, and relayed to the main contact at Plumas County Behavioral Health. The following specific services will be provided:

- a. Receive all calls, collect all intake information, and make assessment for appropriate referral to the Plumas Behavioral Health Access Contact or to the Plumas on-call crisis worker. Provide information, consultation, and education for clients by telephone as appropriate.
- b. Document all Behavioral Health calls through utilization of the Plumas County forms. Documentation will be sent to Plumas County Behavioral Health via Fax, (530) 283-6045, or encrypted email, plumasfax@kingsview.org
- c. Use the Plumas County Behavioral Health screening tool to determine linkage of mental health services to the specific manage care plan, where appropriate. All staff will receive annual training on: 1) How to properly access appropriate interpreting services for callers and 2) Ensuring that all requirements of the After- Hours access line are met. New hires will receive training within 30 days of hire.

### 7. El Dorado County Phone Services:

The El Dorado County phone services will be specifically after-hours (midnight to 8:00 am, daily) phone crisis. Telephone crisis counseling and appropriate referrals for possible psychiatric emergency-related events to law enforcement will be provided. Specific responsibilities include:

- **a.** Answer County crisis calls within two (2) rings, from a line specifically dedicated for County crisis line callers.
- **b.** Collect intake information, screen to determine crisis status of caller, and make appropriate referrals to County Law Enforcement, County Mental Health Request for Service, or County Substance Use

- Disorder (SUD) Request for Service, as mutually agreed upon by the caller and the Contractor.
- c. Law Enforcement referrals include welfare checks, as well as general referrals that are mutually agreed upon by caller and the Contractor.
- d. develop a safety plan with callers in crisis, which includes mental health, SUD, and other referrals, along with names of support people, and the number for the twenty-four (24) hour crisis line.
- e. Instruct caller to go to a hospital if a safety plan with caller is not possible. For those callers considered an immediate danger to self or others, Contractor shall cross report to County Law Enforcement for welfare check.

Daily documentation of calls, including type of referrals made and disposition of calls to the County for follow up, will be sent via fax at (530) 295-2532.

### 8. Sierra County Phone Triage Services:

Sierra County Phone Triage services shall be provided weekday After-Hours (after 5:00 p.m. and prior to 8:00 a.m. and 12:00 p.m. to 1:00 p.m.) and All-Hours (after 5:00 p.m. the day before the weekend/holiday and prior to 8:00 a.m. day after weekend/holiday) for weekends and holidays Receive all calls, collect all intake information, and make assessment for appropriate referral to the Plumas Behavioral Health Access Contact or to the Plumas on-call crisis worker. Provide information, consultation, and education for clients by telephone as appropriate.

- a. Receive all calls, collect all intake information, and make assessment for appropriate referral to the COUNTY Behavioral Health Access Contact and/or Sierra County's 911 Emergency System at (530) 289-3700.
   Provide information, consultation, and education for clients by telephone as appropriate.
- b. Document all Behavioral Health calls through utilization of the COUNTY daily log
- c. Daily call logs recorded in the spreadsheet will be sent to the COUNTY thru Fax, (530) 993-6759, or encrypted email
- d. Use the COUNTY screening tool to determine linkage of mental health services to the specific manage care plan, where appropriate.
- e. For Mental Health Crisis calls, including referral of any 5150 evaluations, transfer the call to the COUNTY Behavioral Health Access Contact and/or Sierra County's 911 Emergency System at (530) 289-3700.
- f. All staff will receive annual training on: 1) How to properly access

appropriate interpreting services for callers and 2) Ensuring that all requirements of the After-Hours access line are met. New hires will receive training within 30 days of hire.

### 9. New Directions Staff

Contractor shall provide staff trained in both adult education and case management and provide these services at the Behavioral Health office in Grass Valley. The staff shall provide case management, plan development, collateral and rehabilitation mental health services (as defined by California Code of Regulation, Title 9), as well as adult education classes for County clients in the New Directions Behavioral Health Program. Services shall be provided based on established medical necessity and authorization policies carried out by the County and these services shall address behavioral, emotional, and functional impairments. This staff shall maintain at least an 80% productivity standard. All documentation shall be completed according to Medi-Cal requirements.

The Contractor shall provide targeted peer counseling training classes. These classes and other adult education classes, including the performance objectives, methodology, and teaching plan, shall be reviewed with and approved by the County Program Manager. At least two (2) separate Peer Counseling Training series (of at least 24 weeks) shall be completed within the year. The staff shall provide four (4) hours per week of targeted training services to enable Peer Supporters to effectively provide crisis support, counseling, and rehabilitative services to individuals in the Insight Respite Center.

The Contractor shall run Rehabilitation groups, which include peer counseling training, three (3) days per week, five (5) hours per day with a minimum of five (5) people attending groups. The Contractor shall facilitate the development of community service training where New Directions clients educate community partners one (1) time per quarter on issues related to mental illness, to include the goal of decreasing stigma about mental illness.

### 10. Substance Use Disorder Care Coordination:

Contractor shall provide 2.0 Full Time Equivalent (FTE) care coordination and linkage services, such that individuals accessing services in the Nevada County Substance Use Disorder System of Care will be connected to needed treatment for substance use disorders, including Medication Assisted Treatment (MAT) when appropriate. Services provided by the SUD Care Coordinator may include, but are not limited to:

- a. Meet with clients presenting to the Nevada County Behavioral health walk in clinic for warm hand-offs
- b. Ensure transition of beneficiary to appropriate level of care, including warm hand offs and transportation as appropriate

- c. Provide care coordination and advocacy with mental health, physical health, transportation, housing, educational, and vocational services to reintegrate into the community as appropriate
- d. Provide case management services to eligible beneficiaries as documented in the treatment plan/service plan.
- e. Education and linkage to Medication Assisted Treatment Program;
- f. Linkage to Recovery Residences or other clean and sober living situation;
- g. Communication, coordination, referral and related activities;
- h. Monitoring service delivery to ensure beneficiary access to services;
- i. Monitor beneficiary progress;
- j. Coordination of SUD data collection; produce weekly utilization reports
- k. Attend weekly care coordination meetings as appropriate
- 1. Document services in the client record
- m. Track Recovery Residences authorizations
- n. Track SUD utilization date
- o. Complete CalOMS for NCBH SUD clients when connected to treatment
- p. Coordinate out of county residential placements and discharges

The SUD Care coordinator will have access to Flex Funds, which may be used to support program participants' success with their action plans, wellness, recovery, and stability. Flex funds must be used for gift cards for food, clothing, or other resources; specific purchases such as bike/car maintenance (e.g. tires, or repairs); deposits for housing; costs for credit/background checks, etc.; hotel/motel vouchers; and costs for transporting clients to necessary appointments or events.

#### 11. Jail-Based Therapist:

The Contractor shall provide of a therapist at the Wayne Brown Correctional Facility to provide assessment and care coordination services. The contractor therapist(s) totaling 1.0 FTE shall:

- a. Be licensed thru the California Board of Psychology or Board of Behavioral Sciences or be an intern that is able to collect professional experience required of these boards.
- b. Provide psychosocial assessment for those persons who screen as high-risk on the Brief Jail Mental Health Screen (BJMHS) or for those individuals referred for assessment by the jail medical provider.
- c. Provide psychosocial assessments that are designed to evaluate the status of a participant's mental, emotional, or behavioral health. The therapist will utilize guidelines for the format of the assessment that is provided by the appointed Program Manager of the County. Assessments will be provided to the jail medical contractor upon the consent of the inmate.
- d. Collaborate with jail medical provider therapist on discharge planning, including designing a system for discharge that connects people with services in the community.

e. Coordinate with NCBH or Health and Human Services Administration staff so that data on MI/SMI is collected and kept up to date for accurate reporting.

### 12. Behavioral Health Service Coordinator (1.0 FTE)

1.0 FTE service coordinator will provide services as part of the Behavioral Health service coordinator team. The service coordinator provides Med-Cal billable case management and rehabilitative services to clients with mental illness or cooccurring Mental Health and Substance Use Disorders. This position will provide a strength based, recovery-oriented approach that attempts to restore or improve functioning in the community, including accessing services related to physical health, housing, substance use, financial survival, and other critical areas. Key relationships will be made and maintained for staff on the service coordinator team, along with staff from key community agencies, including the HOME team, SUD and mental health providers, and other staff at the County Behavioral Health clinic. The designated County Supervisor of Behavioral Health will direct day to day activities of this person, along with provide clinical oversight of the completion of work.

### 13. Forensics Case Manager (1.0 FTE)

The 1.0 FTE forensics case manager will work in conjunction with staff of the Nevada County HOME team, Probation, and Public Defender's offices, and the Wayne Brown Correctional Facility. This position will coordinate care of those in the jail needing assistance to link them with mental health and SUD services, physical health care, housing, and other critical services in the county. This position has daily, or almost daily, communication, including maintaining a sound relationship, with mental health staff located in the jail. This person also coordinates the delivery of mental health and SUD services through contact with staff from the County and its contractors, along with receiving regular clinical supervision from the County designee. This position may also be from time to time have to back up staff of the County service coordinator team who are unable keep up in a high demand or staff shortage situation.

Reporting: Forensics Case Manager must maintain data required for Mental Health Services Act (MHSA) funding, including demographics, numbers served, numbers of referrals, and linkages to treatment. Additionally, the Forensics Case Manager must contribute to an annual report narrative discussing the program outcomes, successes, and challenges.

The Contractor shall incorporate community collaboration, cultural competence, client/family driven services, a focus on wellness, and integrated services under this Agreement.

### **Other Contractor Responsibilities:**

All staff hired by Contractor shall be employees of Contractor and shall not be

acting in any capacity as employee of County, during time they are on duty as employee of Contractor. The Contractor shall:

- a. Be responsible for paying all employees' salaries and associated costs.
- b. Hire employees who are in a condition of health, including providing accommodations when possible and necessary, to perform their duties.
- c. Ensure that an employee provides services to the level or in the manner which is appropriate for the circumstances. It is not the intent of the County to direct or control the hiring of Contractor's employees but in the event that an employee is not performing to the expectations of the County, the County shall communicate any service or employee deficiencies to Contractor. County reserves the right to require Contractor to take appropriate action, including termination of any Contractor employee who does not provide services to the level of County's expectations.
- d. Provide documentation of all services in accordance with Short/Doyle Medi-Cal Rehabilitation Option Manual and Managed Care.
- e. Be responsible for maintaining compliance with Department of Health Care Services Medi-Cal audits.
- f. Operate all components within the County projected budget.
- g. Perform services that the County may desire that are relevant to this contract but have not been included in the scope of the services listed above and Contractor agrees to perform said services upon the written request of County. These additional services could include, but are not limited to, any of the following: Work requested by the County in connection with any other matter or any item of work not specified herein; work resulting from substantial changes ordered by the County in the nature or extent of the project, and serving as an expert witness for the County in any litigation or other proceedings involving the transition home.
- h. Render personnel employment and services under this contract without discrimination on the basis of race, color, religion, national origin, sex, or ancestry and Contractor shall comply with all fair employment practice requirements of State and Federal law. The Contractor shall comply with the provision of Section 504 of the Rehabilitation Act of 1973, as amended, pertaining to the prohibition of discrimination against qualified handicapped persons in all federally assisted programs or activities, as detailed in regulations signed by the Secretary of Health and Human Services, effective June 2, 1977, and found in the Federal Register, Volume 42, No. 86, dated May 4, 1977.

- i. Comply with all applicable standards, orders or regulations issued pursuant to the Clean Air Act (42 U.S.C.7401 et seq.) and the Federal Water Pollution Control Act (33 U.S.C.1252 et seq.).
- j. Provide services pursuant to this Agreement in accordance with current State statutory, regulatory and policy provisions related to cultural and linguistic competence as defined in California State Department of Mental Health (DMH) Information Notice No: 02-03, "Addendum for Implementation Plan for Phase II Consolidation of Medi-Cal Specialty Mental Health Services Cultural Competence Plan Requirements."
- k. Be required to use the Cerner Behavioral Health Solution functionality that is relevant to the scope of work of this contract, as requested by County. This may include the following Cerner Behavioral Health Solution functionality: use of the Billing System, Doctors HomePage, E-Prescribing, Medication Notes, and other Electronic Health Record data collection necessary for the County to meet billing and quality assurance goals. The Contractor shall receive training as needed to be able to comply with this requirement and shall be asked to designate a super user(s) for billing and for clinical/documentation. These super users will serve as the main points of contact with the County for training and help desk issues, as well as distributing information and updates regarding Cerner Behavioral Health Solution to applicable Contractorstaff.
- 1. Comply and cooperate with County for any data/ statistical information related to services that may be required to meet mandated reporting requirements.
- m. Despite progress in addressing explicit discrimination, racial inequities continue to be deep, pervasive, and persistent across the country. Though we have made many strides toward racial equity, policies, practices, and implicit bias have created and still create disparate results. Through partnerships with the community, Nevada County Behavioral Health strives to address these inequities and continue progress in moving forward.
- n. Contractor is encouraged to have a diverse and inclusive workforce that includes representation from the disparate communities served by our county. Contractor is expected to think holistically about creating services, program sites and an employee culture that is welcoming and inclusive. Contractor should track metrics on Diversity, Equity, and Inclusion outcomes within their service delivery. Additional efforts should be made to identify and highlight growth opportunities for equitable outcomes, access to services, and other opportunities. Contractor shall consult with County contract manager about proposed metrics to track.
- o. Services should be designed to meet clients' diverse needs. Contractor will be expected to participate in the NCBH Cultural Competency program,

participate in trainings and tailor outreach efforts and marketing materials to engage a diverse population of community members. Given that Spanish is a threshold language in Nevada County, a special emphasis should be placed on engaging Latinx communities and providing services in Spanish.

### II. <u>COUNTY RESPONSIBILITIES</u>:

The County shall:

- 1. Guarantee access to and make provisions for the Contractor to enter upon public and private lands as required to perform their work.
- 2. Make available all pertinent data and records for review.
- 3. Oversee day-to-day operations of the staff doing clinical supervision, care coordination, patient rights advocacy, therapist services, and quality assurance.
- 4. Provide clinical supervision of the staff, including review of performance and other key aspects of the positions.
- 5. Periodic review triage staff to ensure that requirements of the contract above related to crisis calls, as well as all requirements in 1810.405 of Title IX, California Code of Regulations as it pertains to beneficiaries accessing specialty mental health services, are met.

### III. <u>JOINT RESPONSIBILITIES:</u>

Contractor and Behavioral Health shall jointly:

- 1. On a quarterly basis review expenses and budget status and to renegotiate budget projections if necessary.
- 2. Provide Quality Improvement training and shall monitor records to assure compliance.
- 3. Agree to comply with County's Fair Hearing and Beneficiary Problem Solving Policy. The parties to this contract shall comply with applicable laws, regulations and State policies relating to patients' rights.
- 4. Share joint responsibilities for review of all adverse incidents and unusual occurrences.
- 5. Develop protocol for resolving potential disputes, disagreements and/or misunderstandings regarding services.

### IV. <u>EVALUATION:</u>

At 6-month intervals, the County shall do a Program Review, which shall include evaluation of:

- 1. Cost effectiveness
- 2. Program's ability to meet individual client's treatment goals and objectives
- 3. Follow-up of appropriateness of client's placement outside of

- transition home.
- 4. Analysis of impact on out-of-county placements and acute care costs. Review of personnel records to assure compliance with Title 9.

County shall submit report of finding and recommendation to Contractor, who shall respond in writing within 30 days.

MHSA reporting requirements include the following:

A quarterly Progress Report shall be submitted, by service category, for each approved program and/or service. The report shall include, but not be limited to the following:

- 1. The targeted number of individuals, clients, and families to be served in each reporting quarter.
- 2. The total number of individuals, clients, and families to be served in each reporting quarter.
- 3. The final Quarterly progress Report shall include the total number of unduplicated individuals, clients, and family units served by each program/service during the fiscal year.
- 4. The Quarterly Progress Report shall be submitted no later than 30 days following the end of each reporting quarter.

# EXHIBIT "B" SCHEDULE OF CHARGES AND PAYMENTS AUBURN COUNSELING SERVICES, INC., D/B/A COMMUNICARE

As compensation for services rendered to County, Contractor shall be reimbursed for actual costs incurred. It is understood and agreed by and between the parties that said payments are for services provided herein and not for direct client care which is to be billed by Nevada County Behavioral Health to the involved third party in accordance with the procedures, rules and regulations of the State of California and/or third-party payers.

Contractor shall bill County each month for actual costs incurred in carrying out the terms of the Contract. Contractor agrees that he will be responsible for the validity of all invoices. These invoices shall include costs incurred for liability and malpractice insurance, tax and accounting services and actual salary and benefits paid to employees.

The maximum contract price shall not exceed \$1,554,550 for the contract term and is based on the following projected budget:

	<>Nevada County>										<placer County&gt;</placer 	<el dorado<br="">County&gt;</el>	<plumas County&gt;</plumas 	<sierra County&gt;</sierra 	
Category	Nevada County Triage	Patients Rights Advocate Svcs	Quality Assurance Clinical Supervisor	New Directions	Personal Service Coordinator (SUD 1)	Personal Service Coordinator (SUD 2a)	Personal Service Coordinator (SUD 2b)	Personal Service Coordinator (Forensic)	Personal Service Coordinator (CP IST)	Jail Therapist	Regional Phone Crisis	On-Call	On-Call	On-Call	Total
Program Costs:															
- Wages/Salaries	155,727	24,640	84,203	44,778	68,141	10,842	48,777	44,811	44,811	118,029	553,059	5,475	24,823	16,355	1,244,471
- Overnight Benefit	\$0	0	0	0	0	0	0			0	\$0	0	0	0	-
- Payroll Taxes (10%)	-	-	-	-	-		-	4,482	4,482	-		٠,	-	-	8,964
- W/C Insurance (6.5%)	-	-	-	-	-	-		2,465	2,465	-	-	-	-	-	4,930
- Wages/Salaries (Benefits @1.5%)	-	-	-	-		-	-	672	672	-	-	-	-	-	1,344
- Transportation Costs	-	-	-	-	7,075	1,025	4,395	1,350	1,350	-	-	-	-	-	15,195
- Facilities (offsite)	6,000	-	-	-	-	-		-	-	-	24,000	900	2,100	-	33,000
- Program Facilitation Fee	-	-	-	-	-	-	-	-	-	-	-	3,600	3,600	-	7,200
- Other County Offsets	-\$16,200	-	-	-	-	-	-	-	-	-	-	5,400	10,800	-	
- Miscellaneous	1,025	410	787	1,070	319	36	673	2,592	2,592	617	1,744	513	539	102	13,019
Ancillary Costs:															
- SUD Grant Expenses	-		-	-	4,000	675	2,875				-	-		-	7,550
- Accounting Fees	5,700	1,380	2,175	1,575	1,912	400	1,700	900	900	2,600	16,228	1,500	1,500	1,200	39,670
- Payroll Processign Fees	995	158	540	287	437	69	320			757	2,445	93	200	105	6,406
- Liab/Mal Insurance	2,654	421	1,439	765	1,165	188	840			2,018	11,003	132	450	280	21,355
- Interest Expense	1,327	211	720	383	582	99	420			1,009	4,890	91	250	140	10,122
Administrative Fees	15,723	2,722	8,986	4,886	8,363	1,333	6,000	5,728	5,728	12,503	61,337	1,770	4,426	1,818	141,324
Total Expenses & Fees	\$172,951	\$29,942	\$98,850	\$53,744	91,994	14,667	66,000	63,000	63,000	\$137,533	\$674,706	19,474	\$48,688	\$20,000	\$1,554,550

Administrative services billed shall not exceed 10% of the accrued monthly cost. Should modification to or changes to the budget line items be needed, a written request for modification shall be submitted for approval to the Director and or his/her designee. County at its sole discretion shall determine if the change will continue to meet the contract objectives and approve or deny the request.

Monthly invoices shall be an itemized accounting for costs incurred each month.

In the event of termination or in the event of non-performance of this contract for any reason, payment shall be prorated to the date of termination or non-performance, notwithstanding any other provision of this contract.

Contractor shall submit monthly invoices to:

Nevada County Health and Human Services Agency Attn: BH Fiscal 950 Maidu Avenue Nevada City, California 95959

Behavioral Health Department will review the invoice and notify the Contractor within fifteen (15) working days if any individual item or group of costs is being questioned. Payments of approved billing shall be made within thirty (30) days of receipt of a completed, correct, and approved billing.