



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

Health & Human Services
Agency Director
Michael Heggarty, MFT

Behavioral Health Director:
Phebe Bell, MSW

BEHAVIORAL HEALTH DEPARTMENT
(Mental Health, Drug and Alcohol Program)

Behavioral Health Medical Director:
Aubrey Eubanks, M.D.

500 CROWN POINT CIRCLE, STE. 120 GRASS VALLEY CALIFORNIA 95945

TELEPHONE (530) 265-1437

10075 LEVON AVE., STE 204 TRUCKEE, CALIFORNIA 96161

FAX (530) 271-0257

TELEPHONE (530) 582-7803

FAX (530) 582-7729

NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: June 25, 2019

TO: Board of Supervisors

FROM: **Phebe Bell**

SUBJECT: Resolution approving execution of a renewal contract with Common Goals, Inc. for the provision of outpatient rehabilitative treatment services for the recovery and treatment of alcohol/drug dependency in the maximum amount of \$510,688 for Fiscal Year 2019/20.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Funding is provided through Drug Medi-Cal Federal reimbursement, SAPT (Substance Abuse Prevention and Treatment) monies, 2011 Realignment and reimbursement from Probation for participants referred through their department. Services are included in the Department's FY 2019/20 budget and there are no county general fund dollars required in the Agreement.

BACKGROUND: Common Goals provides education and treatment services to persons affected by the disease of alcoholism and/or drug addictions. Under this Agreement, the Contractor will continue to provide outpatient rehabilitative treatment services for Medi-Cal Beneficiaries for the recovery and treatment of alcohol/drug dependency. The service program will be for adults (over the age of eighteen) both males and females; and adolescents both males and females, offering individual and group outpatient rehabilitation services for authorized county clients. Services also include participants referred through the Nevada County Probation Department.

Each client receives individual counseling, which is face-to face contact between the client and the therapist or counselor. Individual counseling includes intake, evaluation/assessment, treatment and discharge planning, collateral services and crisis intervention. Group counseling means face-to-

face contacts in which one or more counselors treat two or more clients, up to a total of twelve clients, at the same time, focusing on needs of the individuals served. Sessions focus on overcoming substance abuse related obstacles to achieve short-term personal, family, job/school and other goals.

Family Counseling will be made available to participants whenever issues such as interpersonal and/or family relationships present themselves as possible barriers to the successful treatment of the individual. The Contractor will provide direct therapeutic counseling services to families referred for substance abuse issues.

Additionally, per the renewal contract, Contractor will provide Intensive Outpatient Treatment (IOT) which consists of alcohol and drug treatment services (intake, individual counseling, group counseling, patient education, family therapy, medication services, collateral services, crisis intervention, treatment planning, discharge services) in a non-residential setting.

Additionally, the contractor provides Recovery Residences for individuals authorized by the County. Recovery Residences provides an affordable clean and sober supported living environment where individuals can rebuild their own housing and employment resources while still participating in a lower level of care.

It is recommended that the Board approve this renewal Agreement as services provided are designed to help individuals and families achieve and maintain sober, clean, healthy, rewarding lifestyles and to end the repeated cycles of substance abuse addiction.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health