

Tahoe Truckee Community Report Card

Winter 2015



Our Partners

211 Nevada County
Adventure Risk Challenge
Aim High
Alta California Regional Center
Big Brothers Big Sisters of Nevada County
Boys & Girls Club of North Lake Tahoe
Changing Strides
Community Recovery Resources (CoRR)
Community Thanksgiving
Communities 4 Kids
Department of Rehabilitation
Early Head Start/Head Start
EMQ Families First
Excellence in Education
Family Resource Center of Truckee
Foothills/Truckee Healthy Babies
For Goodness Sake
Future Without Drug Dependence (FWDD)
Gateway Mountain Center
Girls on the Run Sierras
Hands on Tahoe

KidZone Museum
Learning Bridge of the Sierra
Mercy Housing, Riverview Homes
Mental Health America of Northern California
Nevada County Health & Human Services
North Tahoe Family Resource Center
North Tahoe Environmental Education Coalition
One Stop Business and Career Center
Placer County Health & Human Services
Placer County Network of Care
Placer County Sheriff's Office
Project MANA
Read Up
Sierra Agape
Sierra College
Sierra Mental Wellness Group
Sierra Nevada Children's Services
Sierra Senior Services
Sierra Teen Education Parenting Program

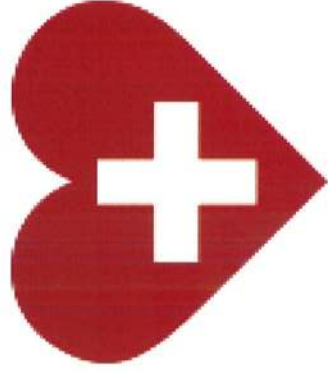
Sierra Watershed Education Partnerships
SkiDUCK
SOS Outreach
Tahoe Forest Hospital District
Tahoe SAFE Alliance
Tahoe Truckee Community Foundation
Tahoe Truckee Nutrition Coalition
Truckee Tahoe Transportation Management Agency
Tahoe Truckee Unified School District
Truckee Lutheran Presbyterian Church
Truckee Police Department



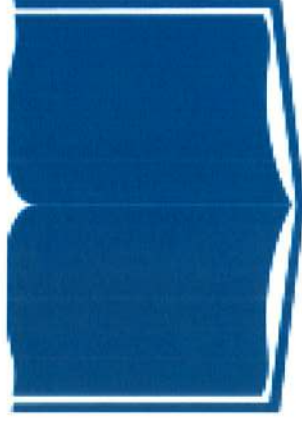
Results Scorecard



**ECONOMIC
WELL-BEING**



HEALTH

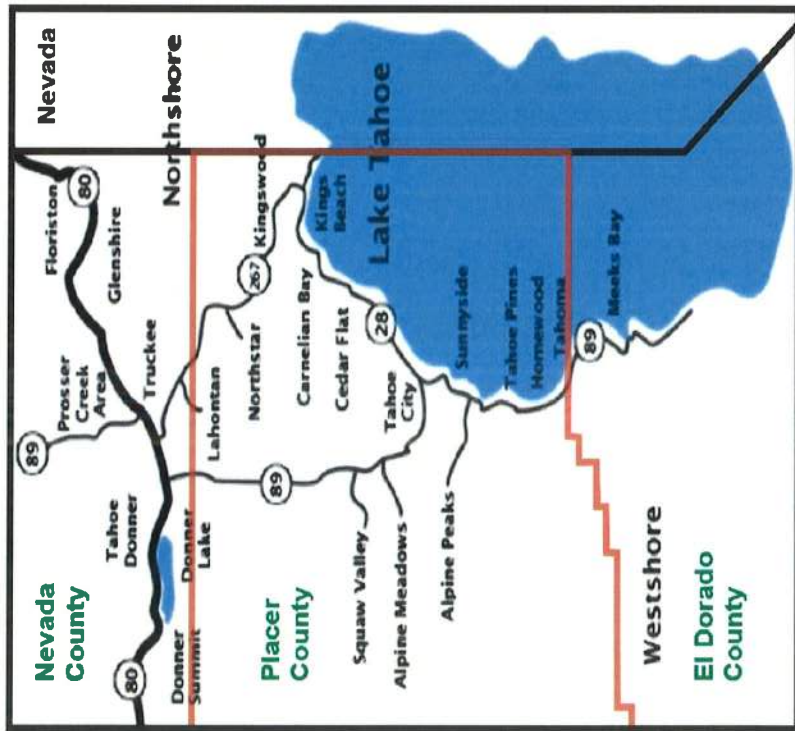


EDUCATION

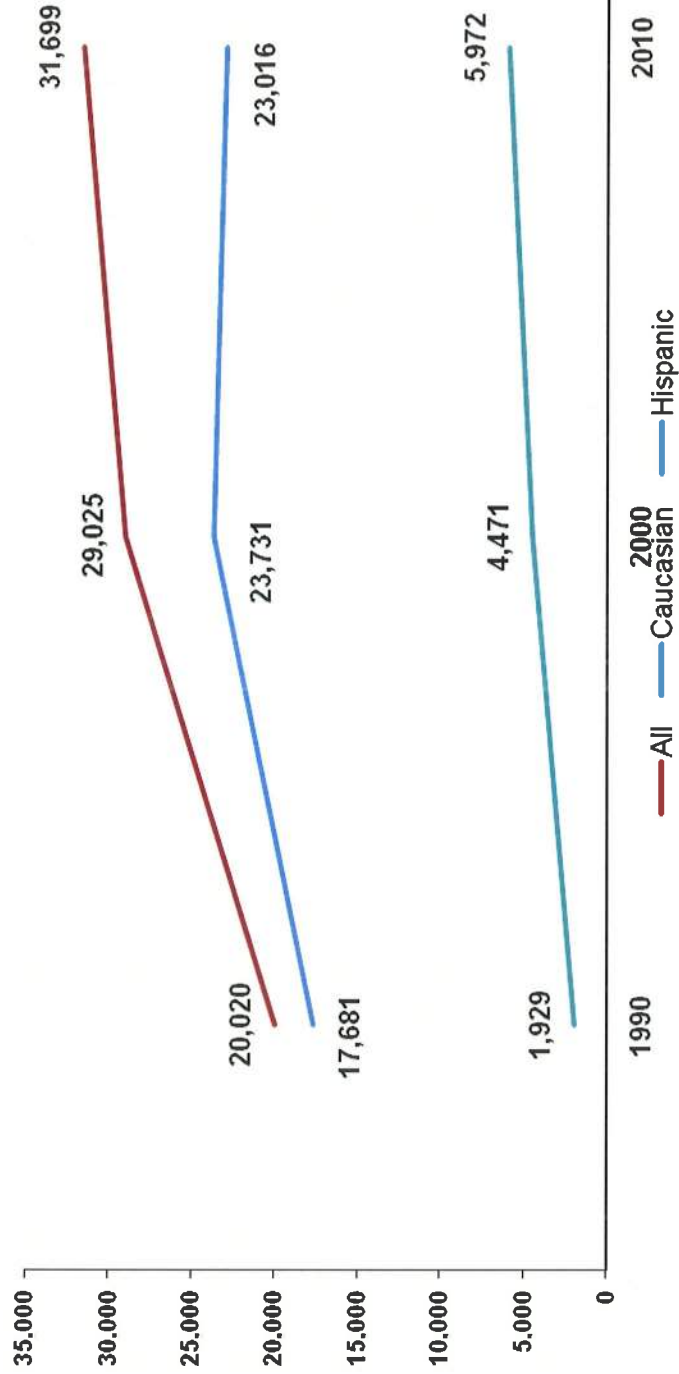
WWW.COMMUNITYCOLLABORATIVE.ORG



North Tahoe-Truckee Community Snapshot

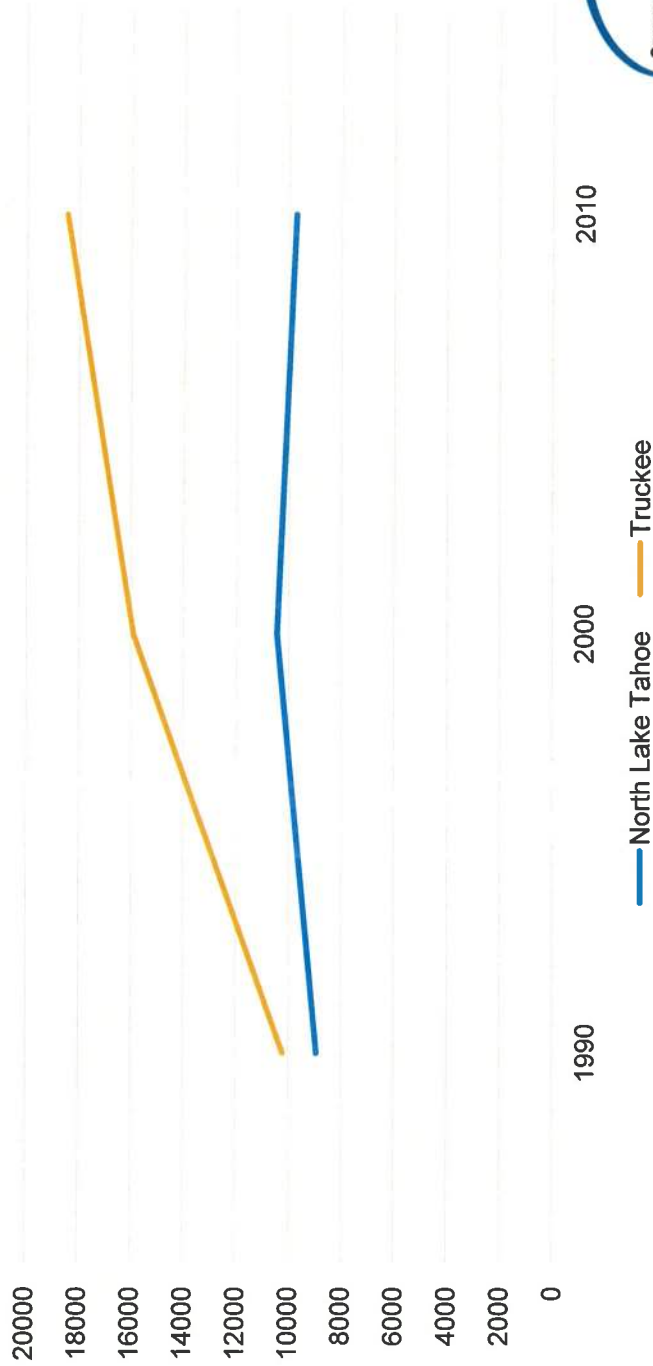


Population



Population

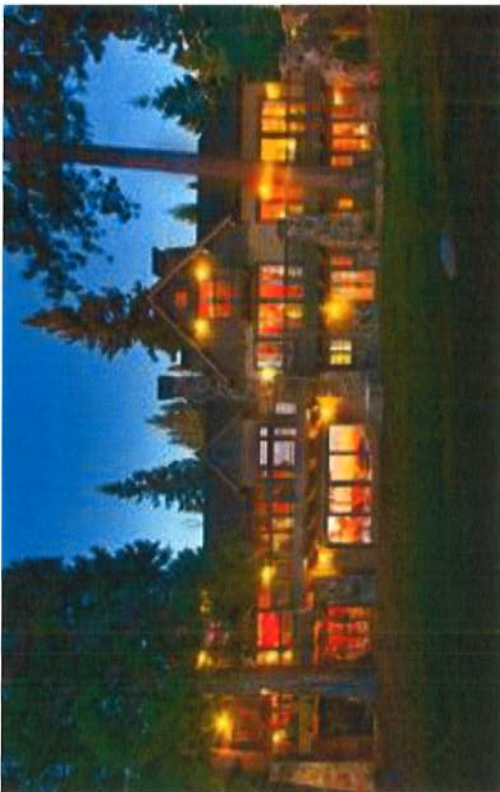
Where do we live?



Living in Truckee: A Tale of Two Cities

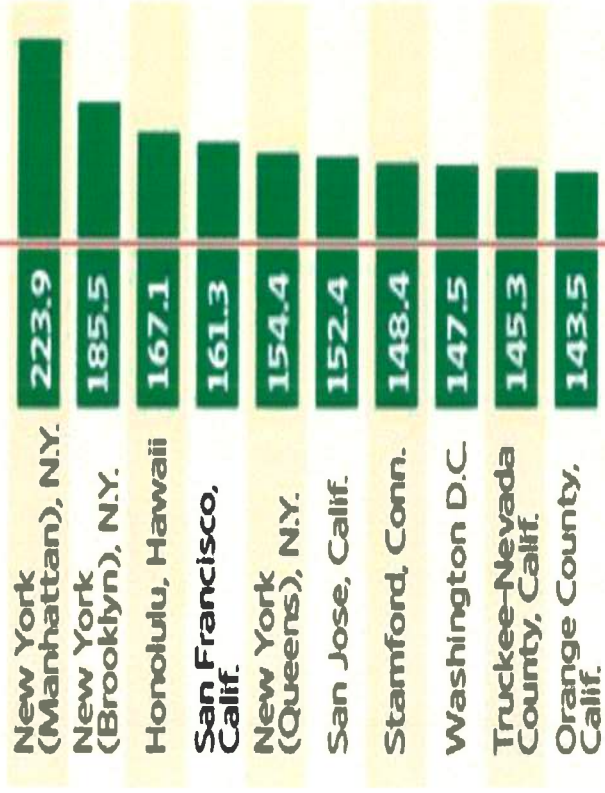


**ECONOMIC
WELL-BEING**



Cost of Living

Most Expensive Urban Areas Cost of living index, third quarter 2011



ECONOMIC WELL-BEING



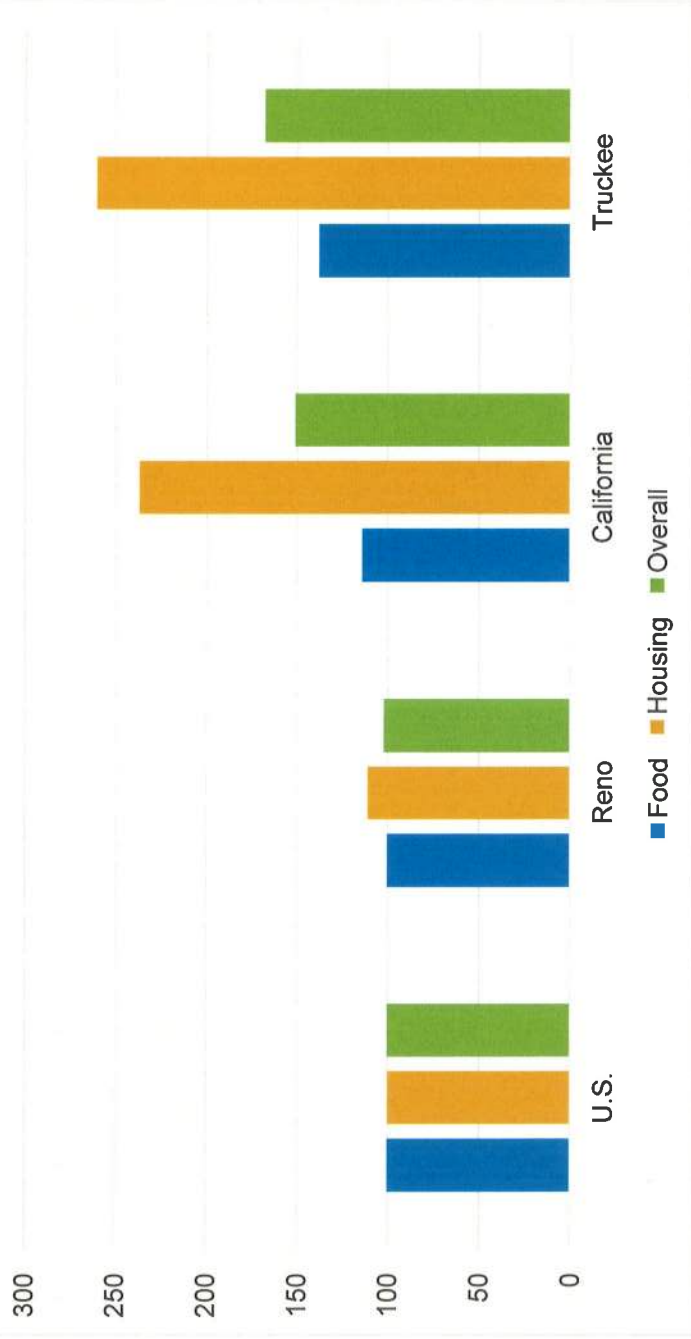
Source: The Council for Community and Economic Research

Cost of Living



**ECONOMIC
WELL-BEING**

Cost of Living Index 2014



Living in Tahoe: Affordable Housing



**ECONOMIC
WELL-BEING**

Over 400 units

- 100 % occupied
- Wait list
 - 2+ years
 - 20-100 households waiting



Poverty



**ECONOMIC
WELL-BEING**

At or below poverty level
\$22,050

9.60%

Eligible for
Head Start
Cal Fresh (food stamps)
Medi-Cal
CalWorks

100-200% of poverty level
\$22,051-\$44,100

17.80%

72.60%

Over 200% of poverty level
\$44,101+

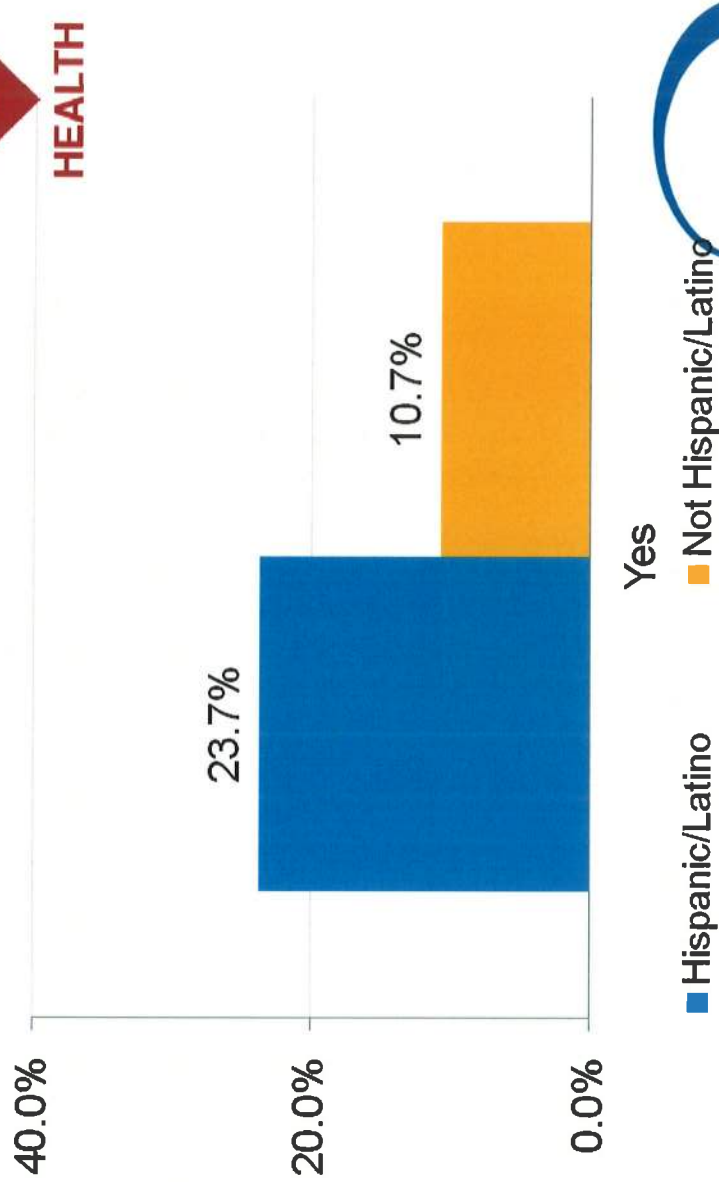
**2010 Federal Poverty Level (family of 4)
\$22,050**





Health Disparities

“Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?”



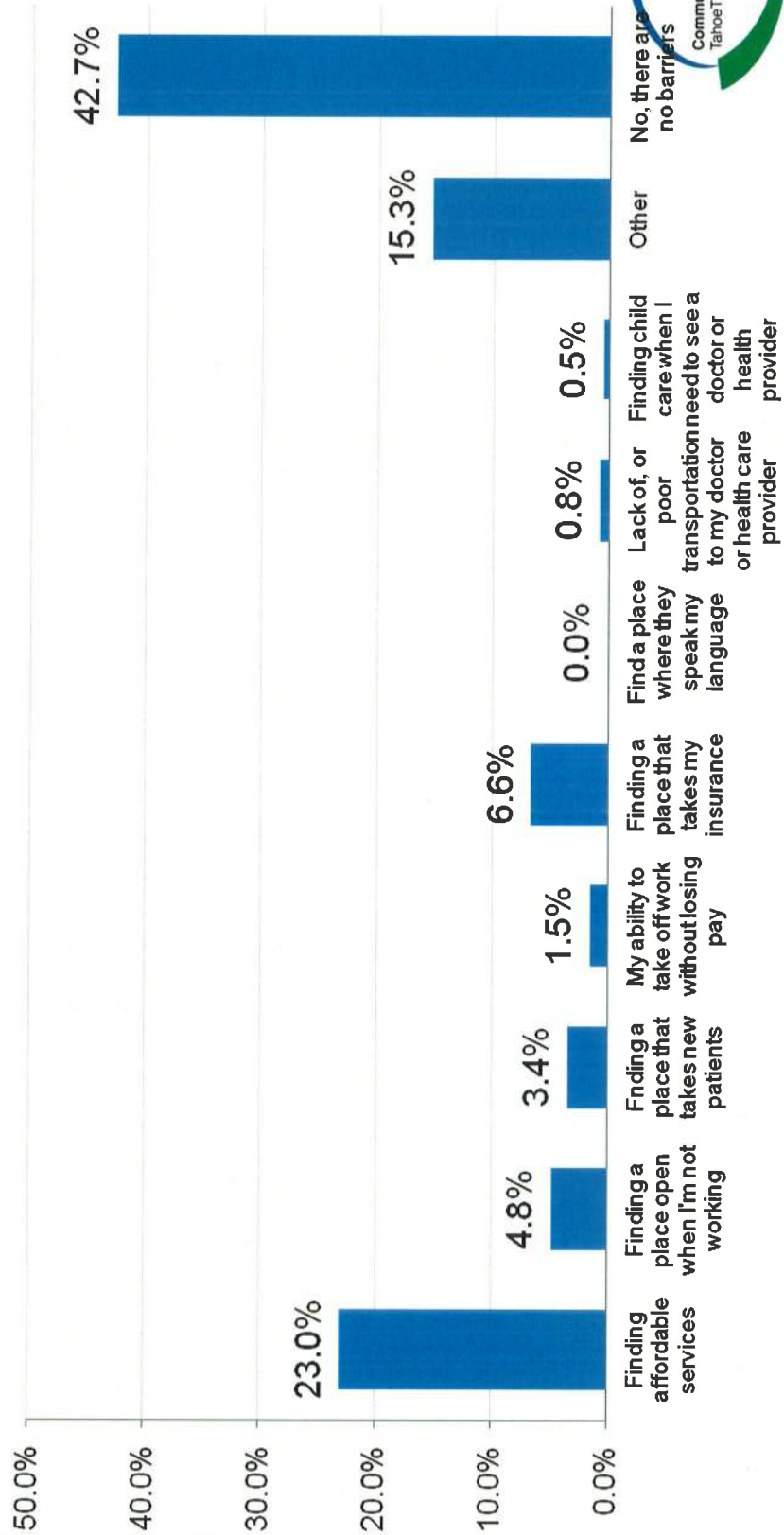
-Tahoe Forest Community Health Needs Assessment survey 2014



Health Care Access

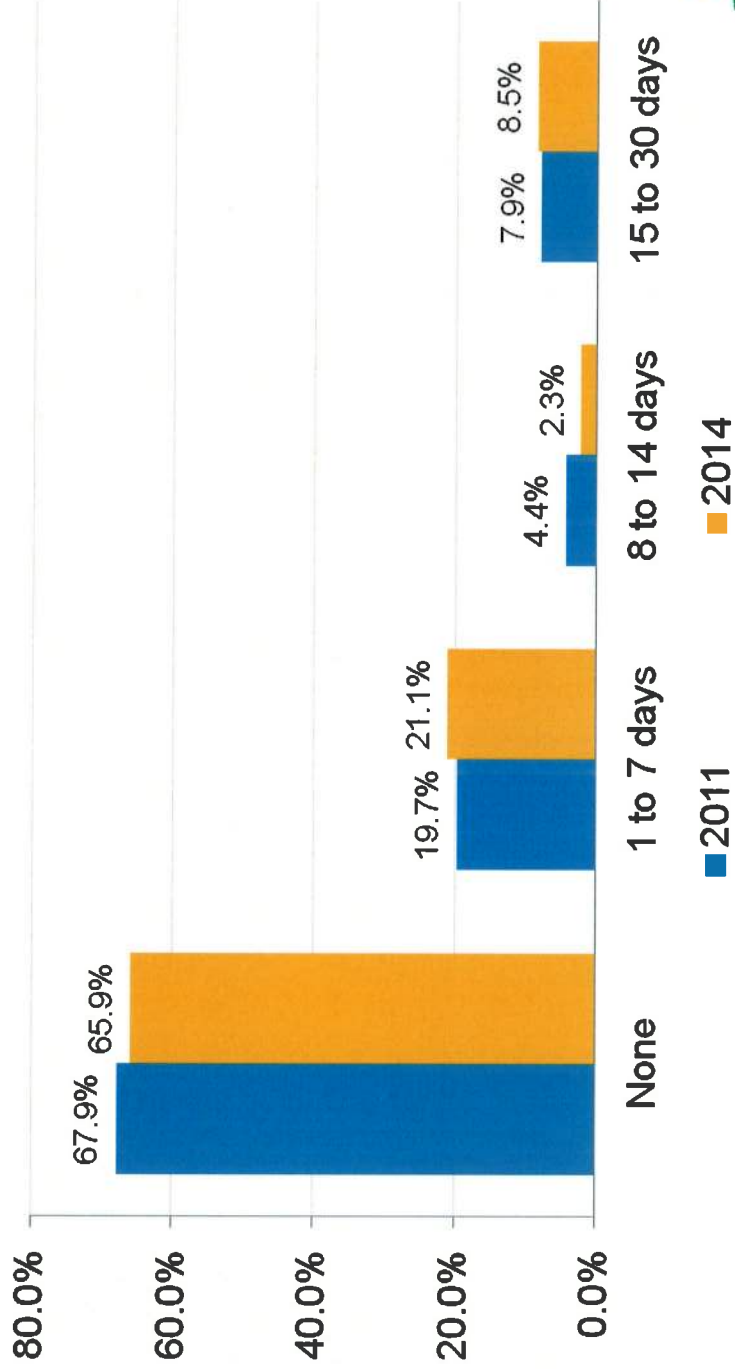


HEALTH

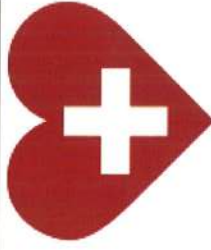


Mental Health

“How many days during the past 30 days was your mental health not good?”

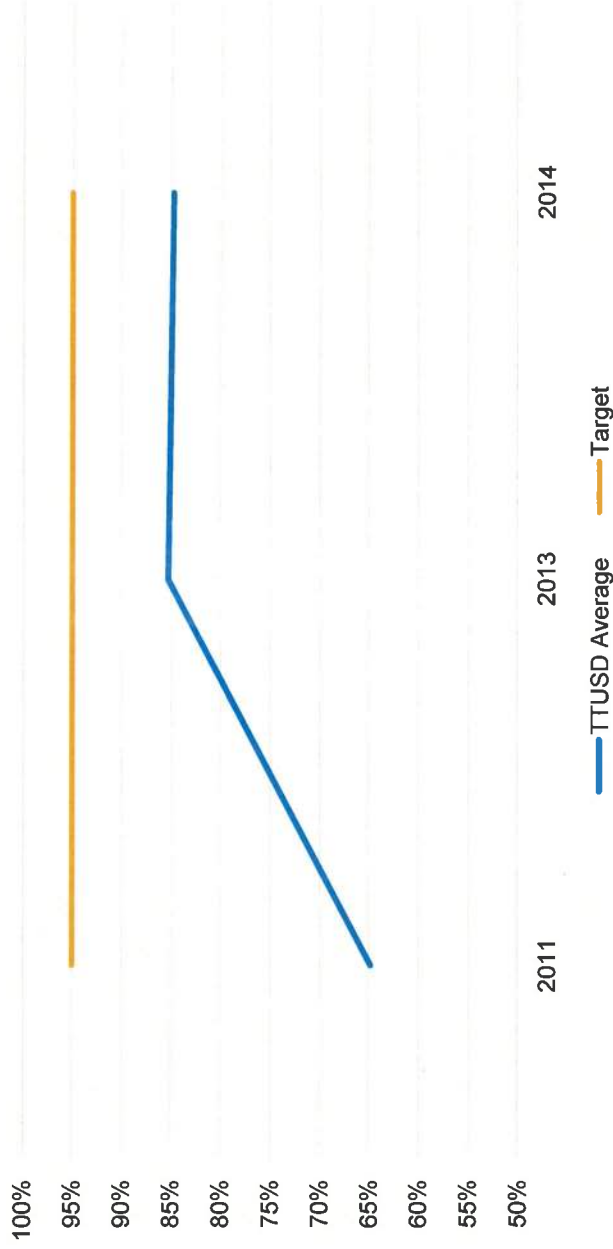


Immunization



HEALTH

Tahoe Truckee Children Who Have All Vaccinations and Immunizations



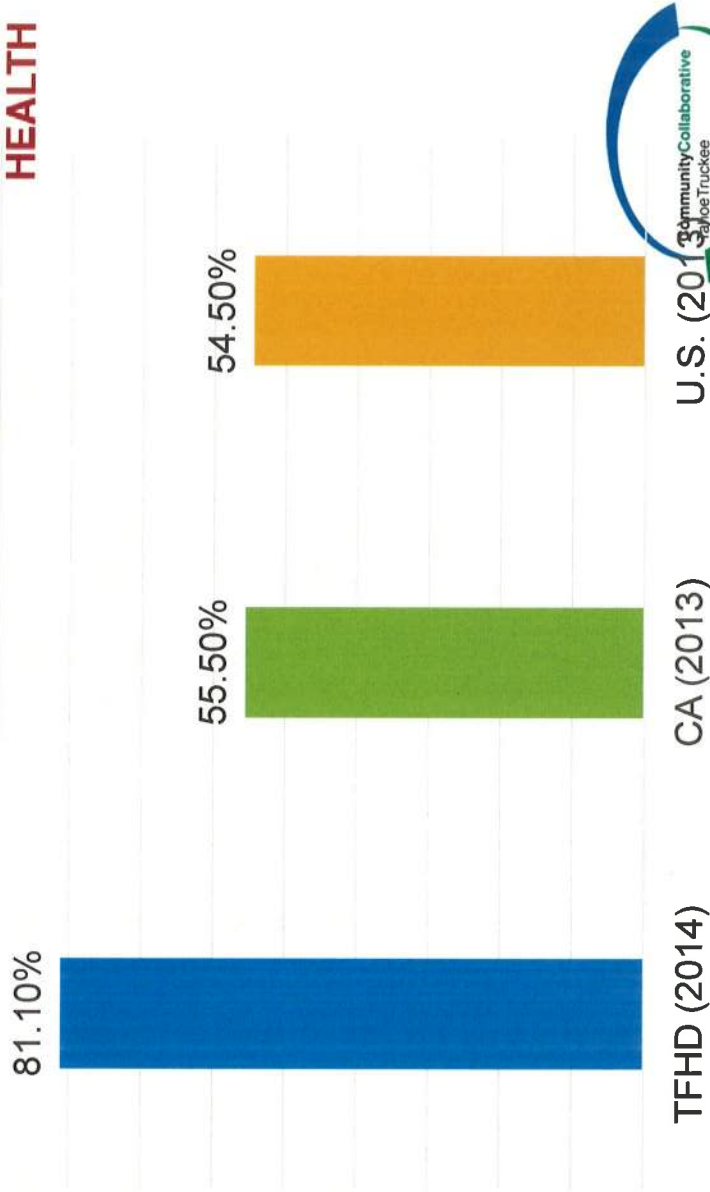
Alcohol Use

“During the past 30 days, have you had at least one drink of any alcoholic beverage, such as beer, wine, a malt beverage, or liquor?”

—from the Tahoe Forest Community Health Needs Assessment survey 2014



HEALTH

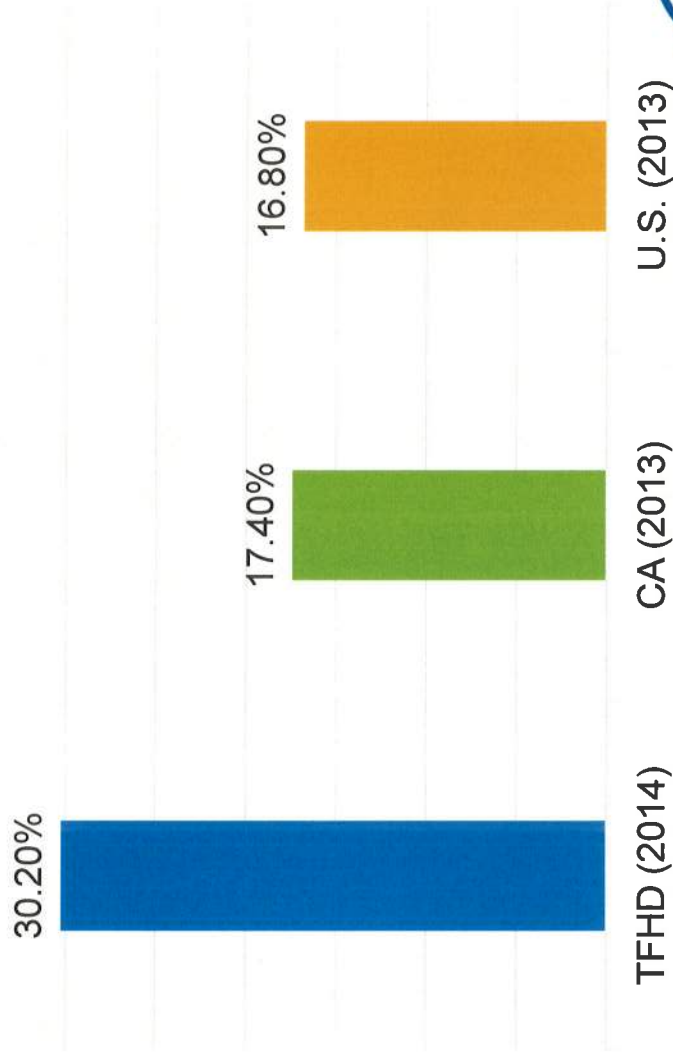


Alcohol Use

“How many times in the past 30 days did you binge drink?”*

—from the Tahoe Forest Community Health Needs Assessment survey 2014

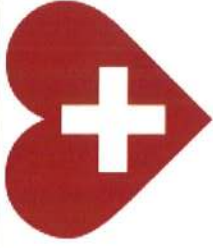
*Binge drinking is defined by four drinks for females, five drinks for males in one sitting.



HEALTH

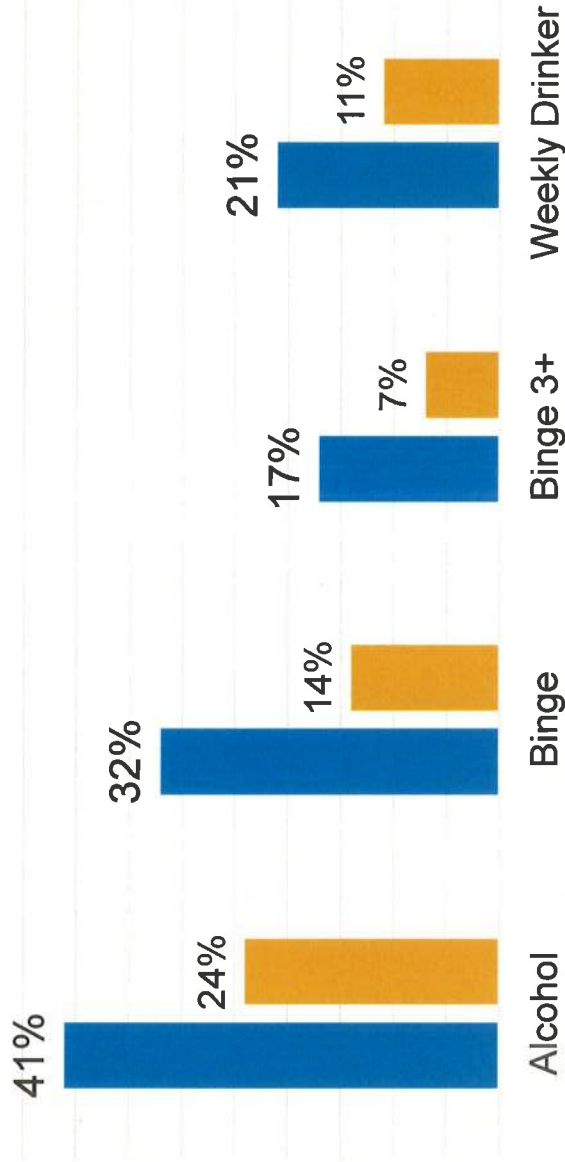


Youth Substance Abuse



HEALTH

9th Grade 30 Day Current Use



■ TTUSD ■ CA

From the 2012
California
Healthy Kids
Survey



TTUSD Snapshot

Approximately 4,000 students

720 Square Miles

21% English Learners

37% of students receive free or
reduced lunch

High Quality Offerings



EDUCATION

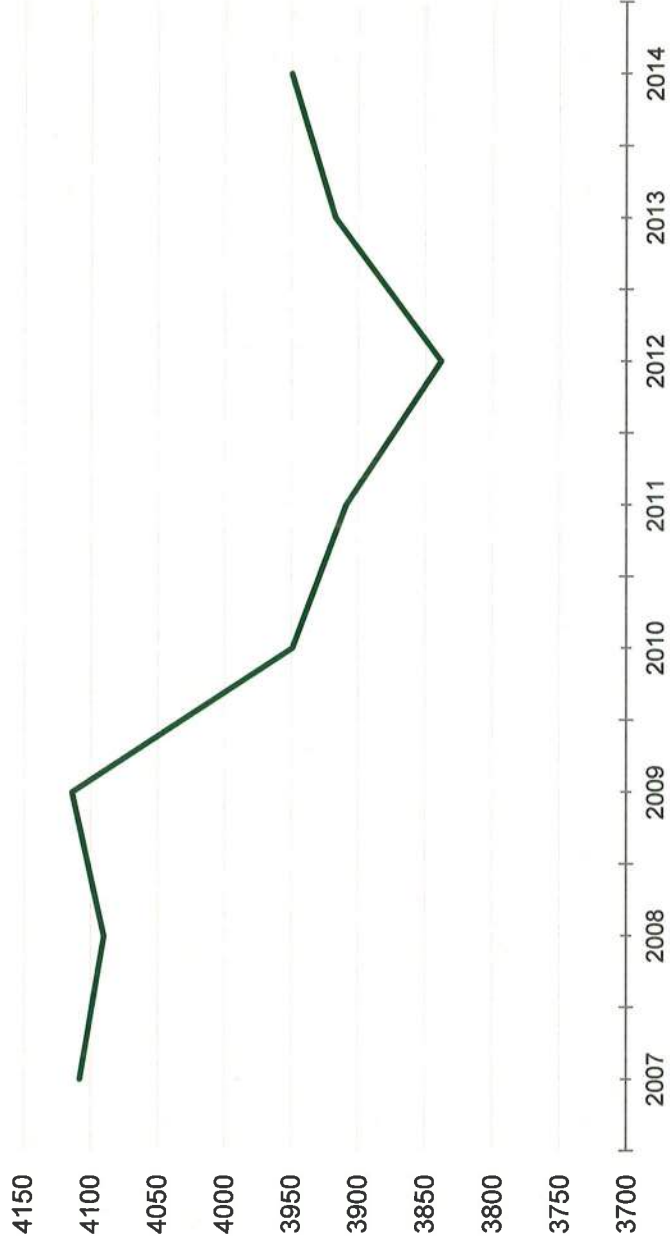
Community Collaborative
Tahoe Truckee

Education



EDUCATION

TTUSD Enrollment

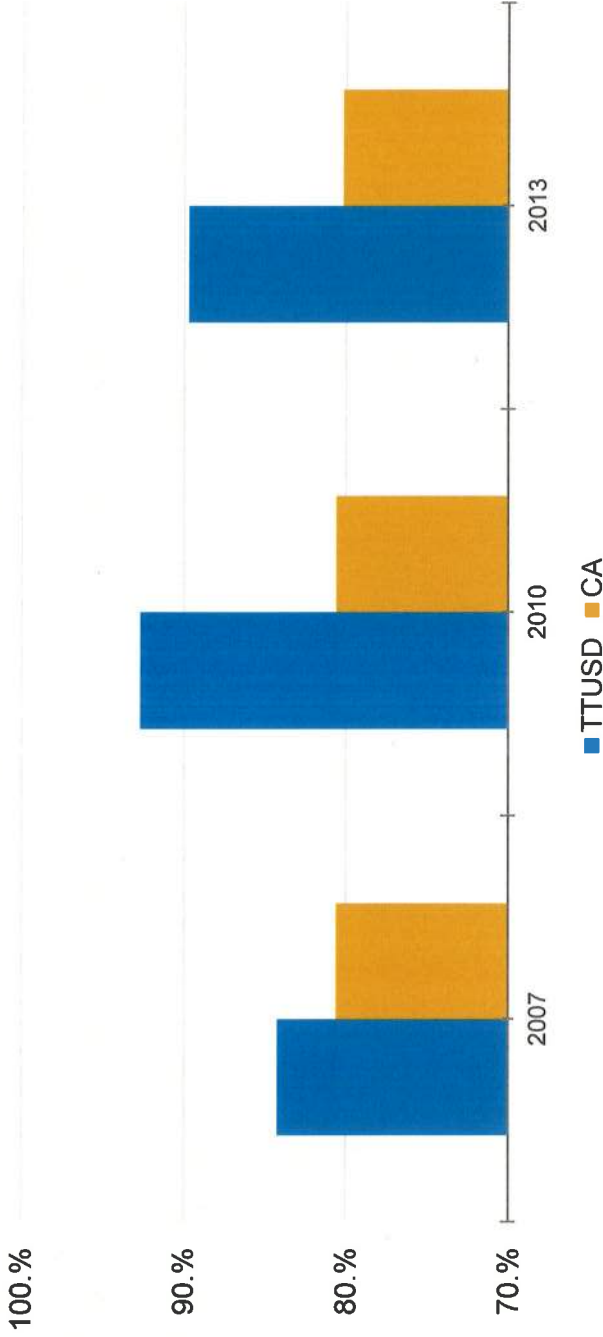


Education



EDUCATION

High School Graduation Rates

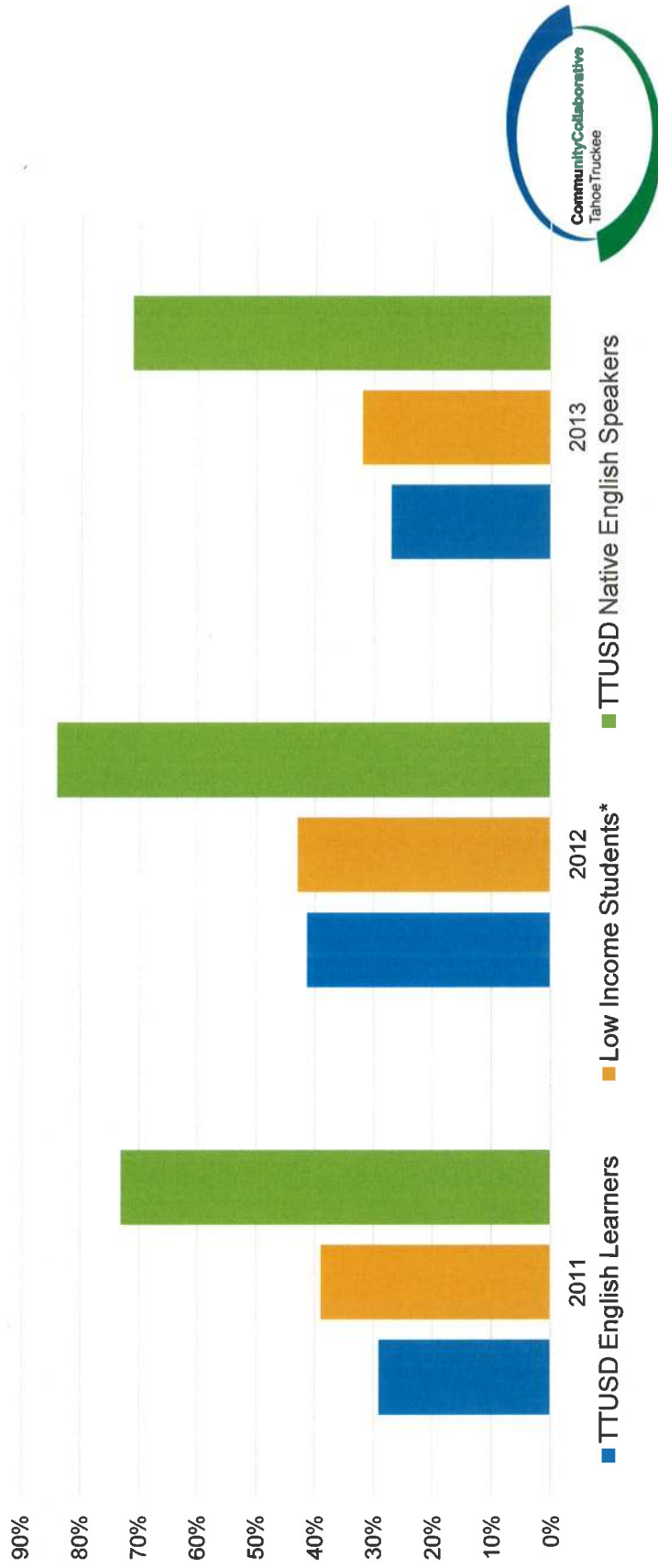


Third Grade Reading



EDUCATION

Third Grade Reading Proficiency



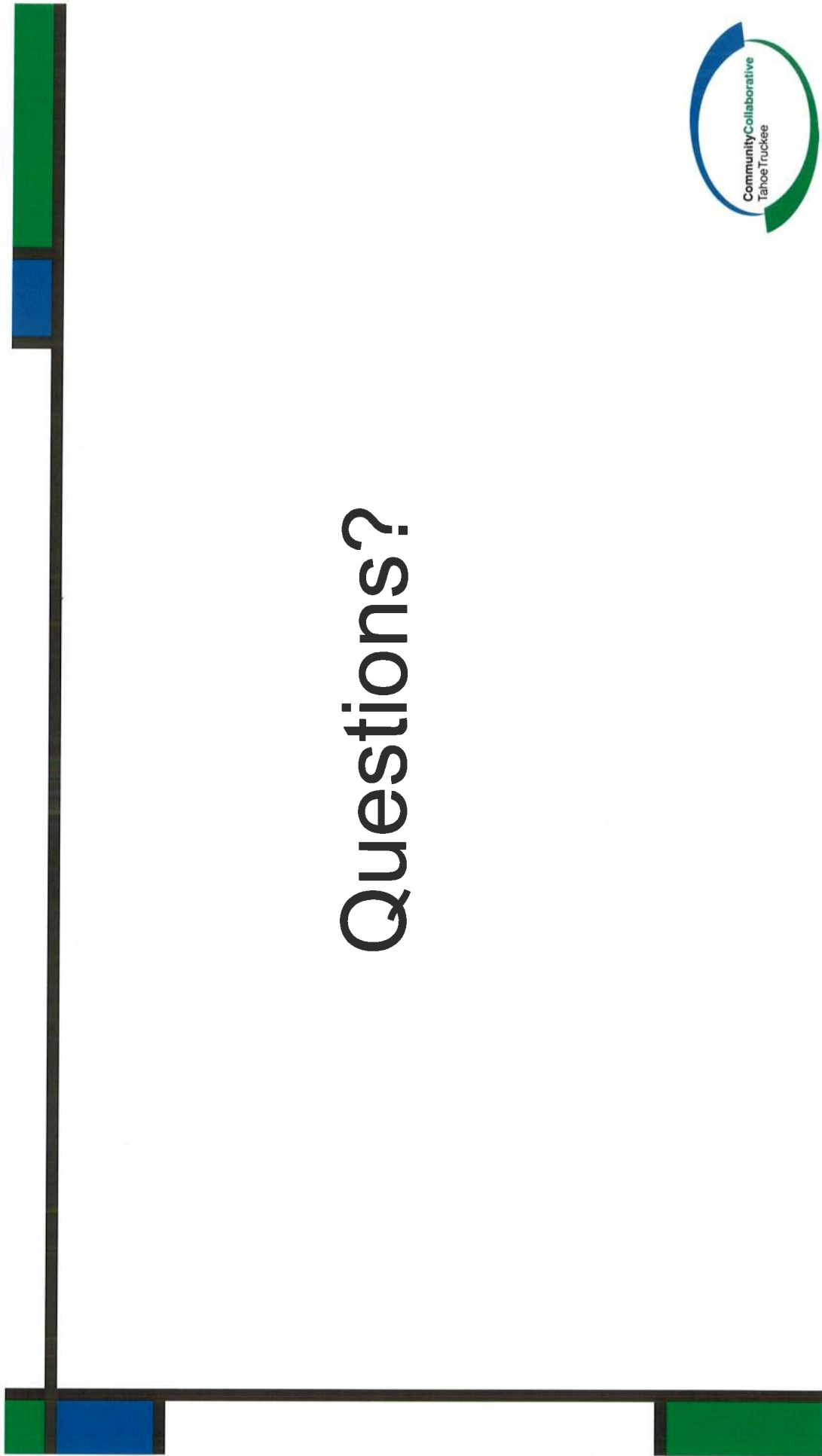
What Works?







Questions?





NORTH TAHOE-TRUCKEE

Community Overview: Education

Community Report Card

January 2015

Why Education Matters?

A quality education for every student is one of the best investments we can make in Tahoe-Truckee's future. Our local public school district, Tahoe Truckee Unified School District, holds a vision that all scholars are prepared for college, careers and life and provides extensive programs for preschool to college-aged students.

Overall, Tahoe Truckee elementary to college-aged student out-perform their peers across California in many areas.

90% 2013 TTUSD High School Graduation Rate

vs.

80% 2013 California High School Graduation Rate.

Source: Dataquest; California Department of Education

\$1.8 million in scholarships were awarded to 2014 TTUSD graduates.

Source: Tahoe Truckee Unified School District

84% of 2014 TTUSD graduates are attending post-secondary two- or four-year institutions.

Source: Tahoe Truckee Unified School District

SNAPSHOT: Local Public Education

The Tahoe Truckee Unified School District (TTUSD) covers one of the largest geographic areas of any California District at **720** square miles

TTUSD serves pre-k through 12th grade students in **12** schools

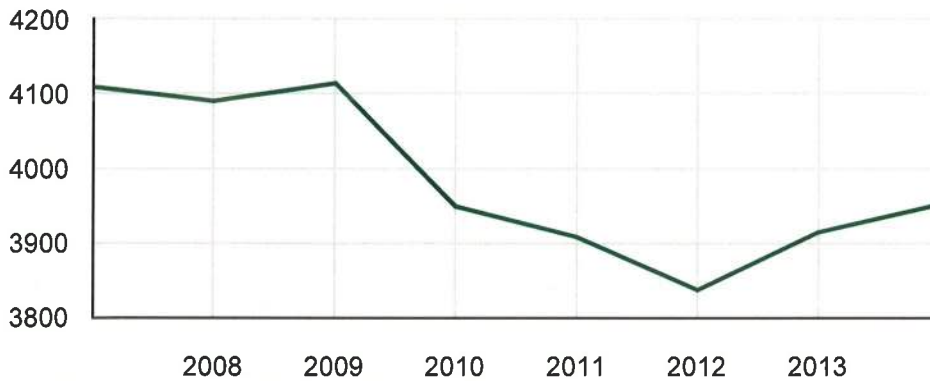
3,917 total TTUSD enrollment 2013

5% decline in TTUSD enrollment since 2007, down from a **26%** decline 2002-2007

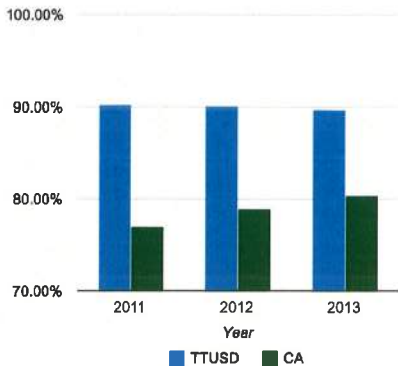
21% of TTUSD students in 2013 were English Learners

37% of TTUSD students in 2013 received free or reduced lunch

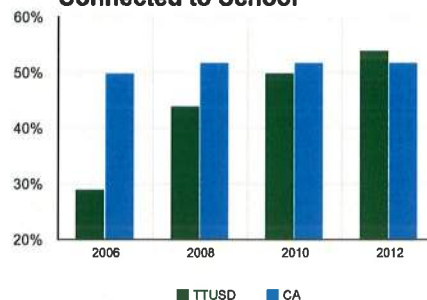
TTUSD Enrollment



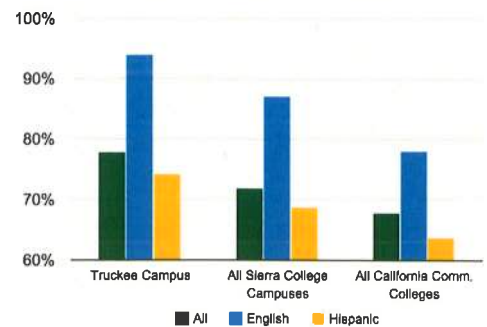
High School Graduation Rates



% 11th Graders who Feel Connected to School



2013 Community College Success Rate



NORTH TAHOE-TRUCKEE

Education Highlight: Closing the Achievement Gap



Education Disparity

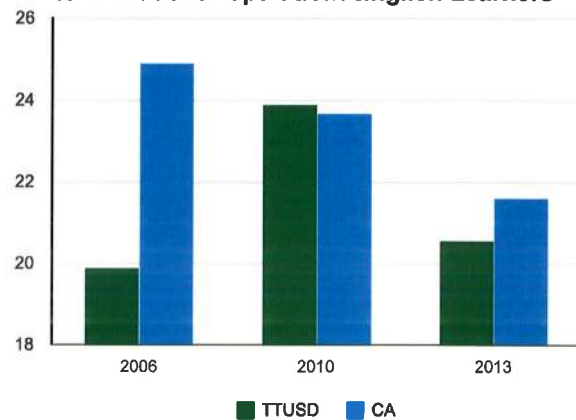
Academic test scores of native English speakers are higher than the scores of English Learners: an occurrence referred to as “the achievement gap.” While overall our students have out-performed students from other districts in California, our English Language Learners have lagged behind. As a result, closing the achievement gap for students below the proficient level in all academic areas has been the goal of the Tahoe Truckee Unified School District and the community for the past 5 years.

Although English Learner enrollment appears to change very little, in fact new “English Learners” are enrolling while others in this group are moving out due to achieving reclassification status. If English Learners meet a variety of local and state assessment proficiency levels they are considered reclassified and thus change their status from “English Learner” to “Fluent English Speaker”. Consequently, the snapshot numbers stay relatively the same but the actual students are constantly changing.

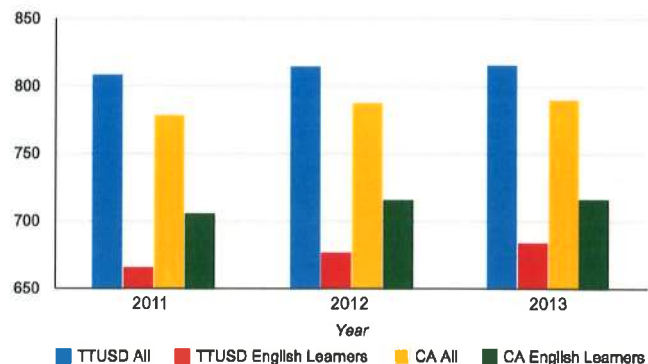
Our Strategy

- In fall of 2009, TTUSD hired both a district wide English Language Learner Programs Coordinator and site specific coordinators.
- Academic intervention strategies, staff development, and increased counseling time with students and their parents are helping to narrow the gap in indicators such as third grade reading proficiency, and overall Academic Performance Index.
- Academic performance is a community concern, and multiple agencies are providing before and after school enrichment programs that have an impact.

% of Student Population: English Learners



Academic Performance Index



The Community Collaborative of Tahoe Truckee is a partnership of non-profit and public organizations working together to address fundamental needs of families in the Tahoe Truckee Region.

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NORTH TAHOE-TRUCKEE

Coalition Highlights: Tahoe Truckee Reads

Community Report Card

January 2015

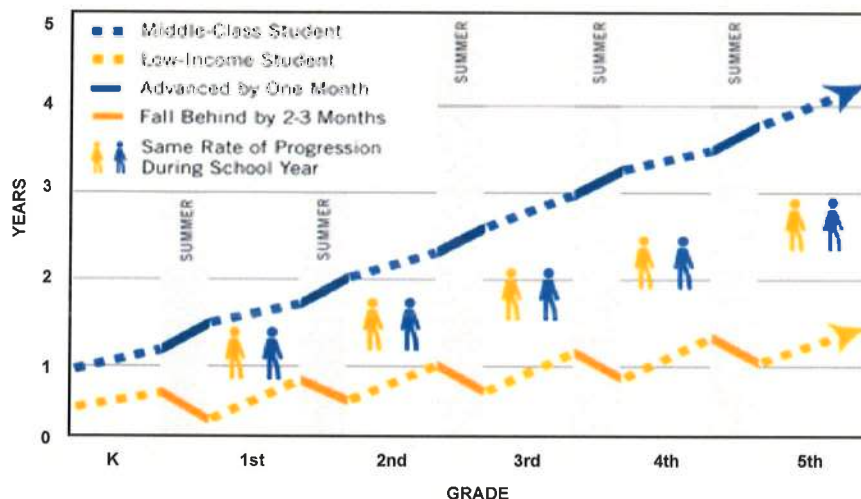
Why Is This Important?



Tahoe Truckee **READS!**

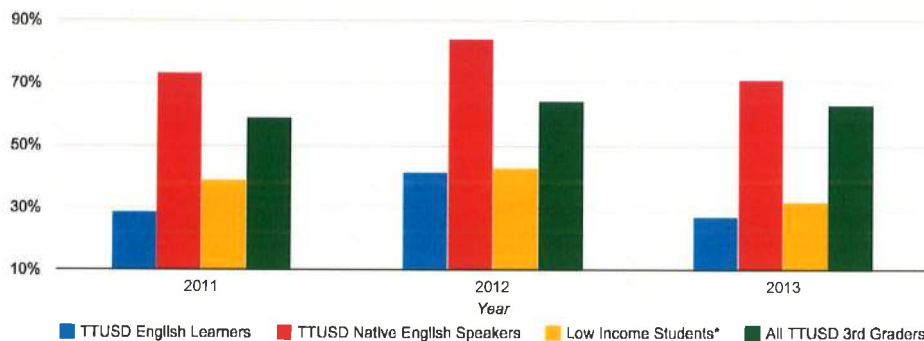
Reading proficiency in 3rd grade is the most important predictor of high school graduation and career success. Nationally, **2/3** of children and **80%** of low-income children are not reading proficiently by the end of 3rd grade. This has significant and long-term consequences not only for each of those children but for their communities and our nation as a whole. If left unchecked, this problem will undermine efforts to end intergenerational poverty, close the achievement gap and reduce high school dropout rates.

Low-Income Students Fall 2.5 to 3 Years Behind by Fifth Grade



Source: Cooper, H., Borman, G., & Fairchild, R. (2010). "School Calendars and Academic Achievement." In J. Meece & J. Eccles (Eds.), *Handbook of Research on Schools, Schooling, and Human Development* (pp. 342-355). Mahwah, NJ: Erlbaum.

% of 3rd Graders Reading at Grade Level



*Free and Reduced Lunch Eligible
Source: California Department of Education Dataquest

SNAPSHOT: Poverty Matters in the U.S.

61% of low-income children have no children's books at home

Low income children hear as many as **30 million** fewer words than their more affluent peers

A child's vocabulary as early as **age 3** can predict 3rd grade reading achievement

Low-income students lose an average of more than **two months** in reading achievement in the summer

1 in 10 kindergartners miss nearly a month of school every year

www.gradelevelreading.net

How are we doing locally?

Based on 2013 data, **38%** of students in our local school district are not proficient readers by the end of 3rd grade. Within that, **68%** of our low-income children are not proficient by this time.

(CST Reading Comprehension)



NORTH TAHOE-TRUCKEE

Coalition Highlights: Tahoe Truckee Reads



How We Impact

Tahoe Truckee Reads is a community effort to improve grade level literacy in our region. Tahoe-Truckee received the 2012 All-America City award from the National Civic League based on a plan to ensure that more children are reading at grade level by the end of 3rd grade. In conjunction with the National Campaign for Grade Level Reading, which is supported by the Annie E. Casey Foundation, Tahoe Truckee Reads works with local schools and families to increase reading proficiency in our community using **three strategies**:

- **School Readiness:** All kindergarten students enter school ready to learn.
- **Avoiding Summer Learning Loss:** Prevent the loss of academic ground during summer months.
- **School Attendance:** Decrease the number of K-3 grade students experiencing chronic absenteeism.

2014 Tahoe Truckee Reads Strategy Highlights:

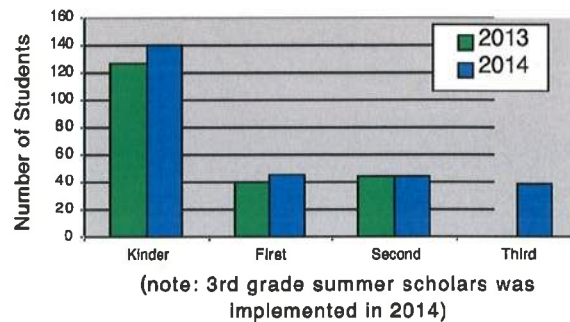
Kinder Camp: 4-week summer kindergarten preparation camp attended by **41%** of all incoming kinders in summer 2014.

Summer Scholars: 4-week targeted intervention program for 1st through 3rd graders needing reading support over the summer months, attended by **129** students in summer 2014.

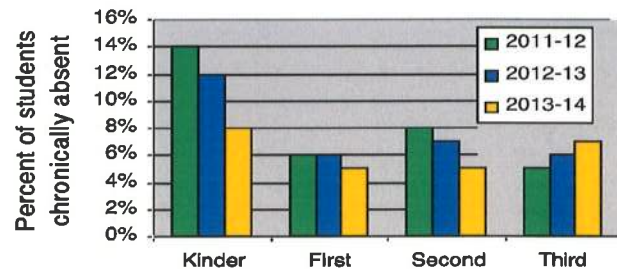
Attendance messaging focusing on the role of families in reducing absences, resulting in a district wide decline of **100** chronically absent students.

Summer Literacy Programs focusing on **6** low income neighborhoods attended by over **120** students.

Kinder Camp and Summer Scholar Attendance



Chronic Absence by Grade



(Chronic Absence is defined as being absent 10 % of school days or more)

Tahoe Truckee Reads is a coalition of partners committed to improving the reading success of Tahoe Truckee youth. Led by Excellence in Education, the initiative focuses on school readiness, school attendance and avoiding summer learning loss.

For more information, visit TahoeTruckeeReads.org or call Laura Brown at 530.550.7984, Excellence in Education Foundation



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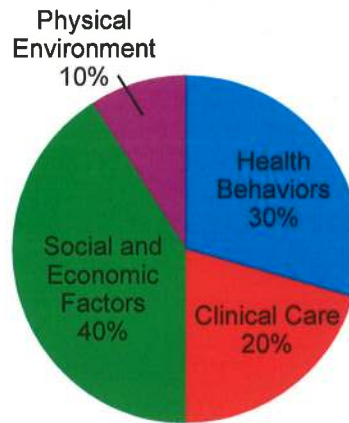
NORTH TAHOE-TRUCKEE Community Overview: Health

Social Determinants of Health

Health encompasses much more than illness and medical visits. Health begins in our families, our schools, our work places, our communities and our parks. It begins in the environments in which we live, work, study and play, and these environments are largely affected by economics, social policies and politics. Otherwise known as the **social determinants of health**, these factors along with our personal behaviors, genetic backgrounds and access to care largely shape our health outcomes.

Social Determinants of Health Key Concepts, World Health Organization.

Factors that Impact Health



SNAPSHOT: Key Findings

The 2011 Tahoe Forest Hospital District Community Needs Assessment found that Tahoe Truckee was aligned with its neighbors in Placer and Nevada counties in healthy behaviors and outcomes.

Tahoe Truckee often rated as healthier than other parts of the U.S. with some exceptions, notably alcohol and drug use.

32% of Tahoe Truckee adults report **being in excellent health** vs. **21%** of adults in the U.S.

15% of Tahoe Truckee adults who are **obese** vs. **27%** of adults in the U.S.

33% of Tahoe Truckee adults report **drinking alcohol 3-6 times per week** vs. **18%** of adults in the U.S.

11% of Tahoe Truckee adults who have ever been smokers report **smoking cigarettes every day** vs. **30%** of adults in the U.S.

From the Behavioral Risk Factor Surveillance System (BRFSS) 2011

How do we compare?

Overall, Placer and Nevada County are among the healthiest of California's 58 counties in the Robert Wood Johnson Foundation's *County Health Rankings*, measuring how healthy residents are and how long they will live.

| | PLACER CO. | NEVADA CO. | CALIFORNIA |
|-------------------------------------|------------|------------|------------|
| Adult obesity | 23% | 19% | 23% |
| Physical Inactivity | 15% | 13% | 18% |
| STDs (per 100,000) | 201 | 145 | 443 |
| Teen births (per 1,000 female pop.) | 16 | 18 | 36 |
| HS Graduation rate | 91% | 90% | 81% |
| Unemployment | 9.4% | 9.4% | 10.5% |
| Children in poverty | 12% | 18% | 24% |
| Violent Crime (per yr/100k) | 218 | 293 | 441 |
| OVERALL RANK | 2 | 7 | |

Among California Counties

University of Wisconsin Population Health Institute. County Health Rankings 2012. www.countyhealthrankings.org

Our Challenge: Health Disparities

Tahoe Truckee residents enjoy healthy lifestyles with a strong emphasis on recreation, nutrition and healthy choices. Despite the overall healthy aspect of the region, the 2011 Tahoe Forest Hospital District Community Health Needs Assessment identified **significant disparities in many health indicators between Hispanic and non-Hispanic members** of the Tahoe Forest Hospital District. Overall, compared to Non Hispanic residents, Hispanic residents:

- Fared worse in overall ratings of general health
- Experienced more days with poor physical and mental health
- Were unable to see a doctor due to cost or lack of transportation at higher frequency.
- Were unable to seek dental health due to cost

NORTH TAHOE-TRUCKEE

Health Highlight: Immunizations



Why is this Important?

Immunizations protect a community in multiple ways, protecting immunized individuals from the disease, creating a low incidence of the target disease within the community and protecting infants and those with weak immune systems who cannot be vaccinated for medical reasons.

California law requires that children are fully immunized to enter public and private elementary and secondary schools, infant and toddler child care centers, family day care homes, and developmental centers.

Our Challenge

California is among 20 states that have allowed parents to exempt their children from immunization due to personal objections. Of note, many communities are seeing a resurgence in vaccine preventable diseases such as Pertussis and Measles. Nevada County leads the state in the number of Personal Belief Exemptions (PBE) with 21 % of students unvaccinated compared to 3 % for the state average.

Historically, Tahoe Truckee children have experienced vaccinations at a lower rate than their peers statewide. Additionally, Nevada County had a pertussis outbreak in 2013 and the highest year over year increase in the incidence of this disease per 100,000 for any California county. There was also a pertussis death in Kings Beach in 2014.

Our Strategy

In 2011, Tahoe Forest Health System (TFHS) convened a group of health professionals to focus on improving immunization rates within the Tahoe Truckee Unified School District through targeted parent and caregiver education and a strict school immunization adherence policy. As a result of these efforts, there has been a 32% increase in kindergartners entering school fully immunized since 2011.

SNAPSHOT: Immunization Matters in the U.S.

42,000 adults and **300** children die in the U.S. each year from vaccine-preventable diseases.

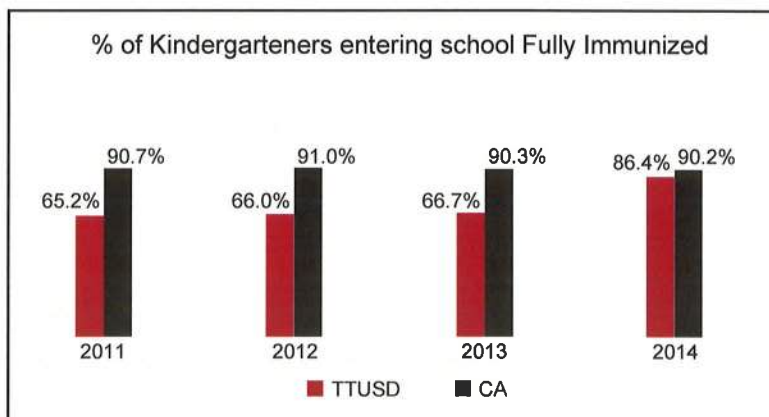
For each birth cohort, routine immunizations:

Save **33,000** lives.

Prevent **1.4 million** cases of disease.

Reduce direct health care costs by **\$9.9 billion**.

Save **\$33.4 billion** in indirect costs.



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Tahoe Truckee Immunization Coalition



S.H. Cowell Foundation

NORTH TAHOE-TRUCKEE

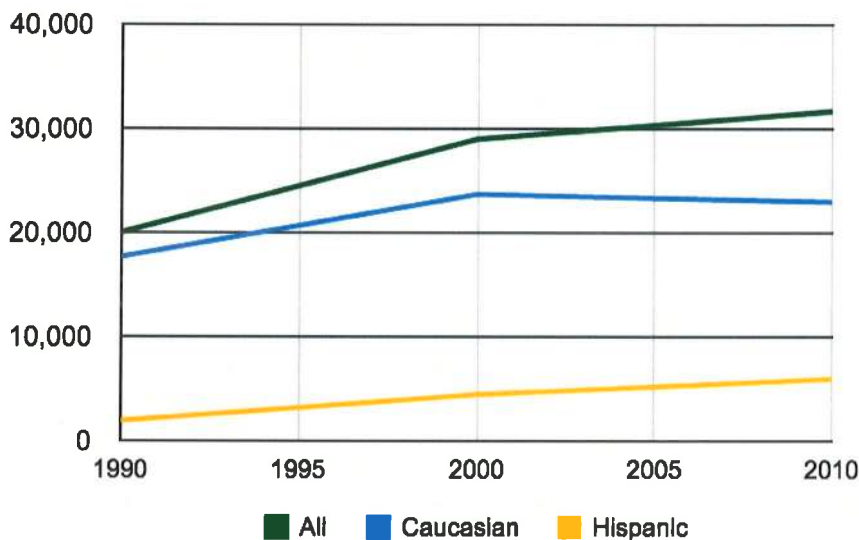
Community Overview: Economic Well-Being

January 2015

Our Geography

The North Tahoe-Truckee Community is a rural high mountain community that sits at 6500 feet in the heart of the Sierra Nevada mountain range. Defined by geography, the region is separated from the rest of California by high mountain passes. Political boundaries were created to serve the water and land needs of population centers in the foothills and central valley. As a result, our community falls into three separate counties: Placer, Nevada and El Dorado. This has resulted in a confusing overlay of jurisdictional boundaries that can make it difficult for local residents to access resources. Much of the area is rural, unincorporated, and defined by a spread-out series of small neighborhoods.

Tahoe Truckee Population



SNAPSHOT: Tahoe-Truckee

31,699 full-time residents

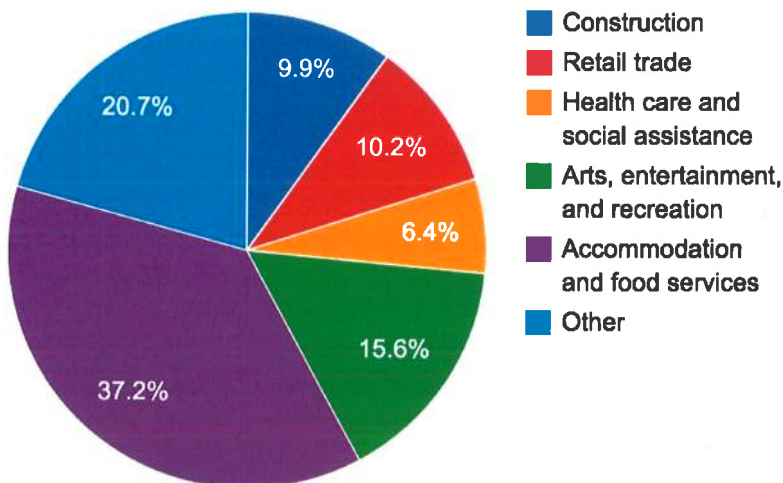
62% of working residents are employed by tourist-related industries

27% of Tahoe Truckee residents who are living under 200% of the poverty level*

37% of 2013 Tahoe Truckee Unified School District students received free or reduced lunch

Data from U.S. Census Bureau
 *2010 Federal Poverty Level, family of 4:
 100%: earning less than \$22,050
 200%: earning less than \$44,100

Tahoe Truckee Employment Breakdown 2010



NORTH TAHOE-TRUCKEE

Community Overview: Economic Well-Being



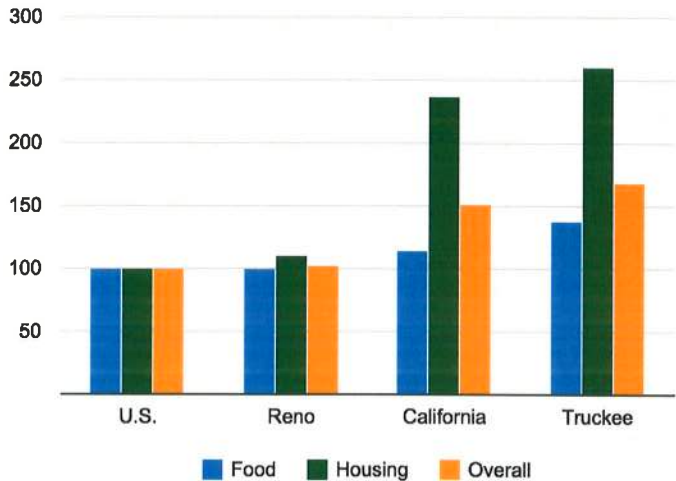
Our Community

Tahoe Truckee's economy has been tourist based for over 130 years, from the early days of the transcontinental railroad to the development of a winter resort industry. Tourism brings 6 million visitors each year, causing our region of 32,000 residents to swell to hundreds of thousands of people on a busy holiday weekend.

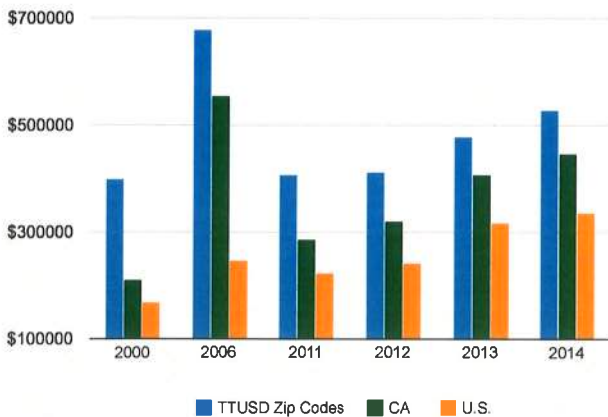
A defining characteristic of our community is the significant disparity of wealth between our second homeowners and local working families. Approximately half of the homes in Truckee are vacation homes, with thousands of homes vacant much of the time. In contrast, low-income residents compete for a total of **403** affordable housing units (apartments or homes set aside for rent by low-income residents) in the region.

The San Francisco Bay Area salaries of our part time residents and visitors largely drive the cost of living and price of housing in the region. This makes surviving on a service sector wage extremely difficult. The restaurant workers, gardeners, housekeepers, and construction workers that keep the tourist economy going are also impacted by fluctuations in the weather, economy and seasons, again leaving workers economically unstable.

Cost of Living Index



Median Home Price



Challenges

The nonprofit sector plays a critical role in supplementing the public assistance safety net for local residents. An example of the importance of this sector can be seen in the usage of a local supplemental food program, Project MANA. In 2013, 50% of Kings Beach residents relied on Project MANA for direct food support.



The Community Collaborative of Tahoe Truckee is a partnership of nonprofit and public organizations working together to address fundamental needs of families in the Tahoe Truckee Region.

The Community Report Card is powered by Results Scorecard. To see full results, visit communitycollaborative.org/community-report-card

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