



# NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

## BEHAVIORAL HEALTH DEPARTMENT (Mental Health, Drug and Alcohol Program)

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September 18, 2015

Honorable Board of Supervisors  
Eric Rood Administrative Center  
950 Maidu Avenue  
Nevada City, CA 95959

**DATE OF MEETING:** October 13, 2015

**SUBJECT:** Resolution approving execution of a renewal contract with St. Helena Hospital for the provision of acute psychiatric inpatient hospitalization services in the maximum amount of \$55,000 for fiscal year 2015/16.

**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** These services are mandated. The contract is supported by Behavioral Health's Managed Care Allocation funding, Medi-Cal reimbursement and Realignment as needed for referred uninsured indigent clients. The contract maximum is based on the department's projected usage for this fiscal year and historical usage of services during fiscal year 2014/15. Services are budgeted within the department's budget and there are no county general funds required in the Agreement.


**BACKGROUND:** Under this contract, St. Helena Hospital provides involuntary psychiatric hospitalization and psychiatric inpatient services to eligible Medi-Cal beneficiaries and/or indigent clients. Behavioral Health contracts with two Adventist Health subsidiary hospitals in Northern California: St. Helena Hospital in Napa County and St. Helena Center for Behavioral Health in Solano County. St. Helena's adult inpatient program provides short-term evaluation and treatment for adults who are experiencing acute symptoms of major mental illnesses. Under Managed Care, counties are required to contract with hospitals, which have previously provided a significant amount of resident Fee-For-Services Medi-Cal inpatient services. St. Helena Hospital is a designated hospital for Nevada County's Behavioral Health Department.

Demand for inpatient psychiatric beds statewide continues to rise. Nevada County is no exception to this trend. Nevada County's increase in hospitalization costs is based not only on an increase in number of admissions, but also on the total of inpatient days being utilized to meet county client's needs.

It is recommended that the Board approve the annual contract as it allows continuation of essential, mandated services for medically necessary inpatient services to eligible residents of Nevada County who have a mental illness and/or emotional disturbances that require acute psychiatric hospitalization services.

Please contact me if any additional information is required.

Respectfully submitted,

*Rebecca Slade* 

Rebecca Slade, MFT  
Interim Director of Behavioral Health