



**NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY**

BEHAVIORAL HEALTH DEPARTMENT
(Mental Health, Drug and Alcohol Program)

Health & Human Services
Agency Director:
Michael Heggarty, MFT

Behavioral Health Director:
Phebe Bell, MSW

Behavioral Health Medical
Director: Aubrey Eubanks, M.D.

500 CROWN POINT CIRCLE, STE. 120

GRASS VALLEY CALIFORNIA 95945

TELEPHONE (530) 265-1437

10075 LEVON AVE., STE 204

TRUCKEE, CALIFORNIA 96161

FAX (530) 271-0257

TELEPHONE (530) 582-7803

FAX (530) 582-7729

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: May 28, 2019

TO: Board of Supervisors

FROM: **Phebe Bell**

SUBJECT: Resolution approving the Nevada County Mental Health Services Act (MHSA) Annual Update to the Three Year Program and Expenditure Plan for FY 19/20 and Annual Progress Report for FY 17/18.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: The estimated program expenditures for FY 2019/20 are \$5,166,051 for implementing the MHSA Plan. MHSA funds may only be used to establish or expand services for approved plan components, and may not be used to supplant funding for programs existing prior to the enactment of MHSA. The Proposed Plan does not require any county match or county general fund dollars and is planned for within the Department's existing budget.

BACKGROUND:

The Mental Health Services Act (Proposition 63) adopted by the California electorate on November 2, 2004, increased overall State funding for the community mental health system by imposing a 1% income tax on California residents with more than \$1 million per year in income. The stated intention of the proposition was to "transform" local mental health service delivery systems from a "fail first" model to one promoting intervention, treatment and recovery from mental illness. A key strategy in the act was the prioritization of prevention and early intervention services to reduce the long-term adverse impacts of untreated, serious mental illness on individuals, families and state and local budgets. On December 12, 2017, the Board approved the Nevada County Mental Health Services Act (MHSA) FY 2017/18 through FY 2019/20 Three-Year Program and Expenditure Plan and Annual Progress Report for FY 2015/16 per

Resolution 17-585. Each year, counties must submit an annual update to the Three-Year Program and Expenditure Plan to summarize programmatic and budgetary changes in the coming fiscal year, in addition to a progress report summarizing program evaluation outcomes.

The MHSA FY 19/20 Annual Plan Update and FY 17/18 Annual Progress Report were shared with the Mental Health Board, MHSA Steering Committee and our e-mail subscribers, consisting of over 180 interested individuals ranging from family members, consumers/program participants, and community based organizations to staff from various county departments. The MHSA Steering Committee has held meetings throughout the year and has also used subcommittees to address specific components of MHSA. Information is shared throughout the year with the Mental Health Board that meets once a month. A Notice of Public Comment Period of March 26, 2019 through April 26, 2019 was posted, and the proposed Plan has been available on the County website for review and comments. Additionally, an email press release was sent to all the major media outlets that serve Nevada County. The final public hearing was held at our local Mental Health Board meeting on May 3, 2019.

FY 19/20 PLAN OVERVIEW

Major Plan Updates:

- Suicide Prevention: LGBTQ+ Program: new program providing support to LGBTQ+ community, including support groups for youth and adults
- Suicide Prevention: Tahoe/Truckee specific programming
- Outreach for Increasing Recognition of Early Signs of Mental Illness: Youth Mental Health First Aid
- Focus on increasing clinical capacity for treating ages 0 – 5
- SB 192: establishes new cap on Prudent Reserve balance which resulted in Nevada County shifting \$72,032 out of the Prudent Reserve in FY 19/20. This reallocated funding will be spent on existing approved Community Services and Supports (CSS) MHSA programs.

Community Services and Supports (CSS)

For the CSS component, guidelines require that the County utilize three funding types: Outreach and Engagement, for reaching out to the unserved and underserved populations; System Development, to develop new and expanded mental health services; and Full Services Partnerships (FSP), for providing a “whatever it takes” approach to service delivery. Guidelines require that over 50% of CSS funds be targeted for “full partnership services”. These are wraparound services which may include treatment, case management, crisis intervention, etc. based upon the client’s individual needs. All funds must be used to offer FSP services to four (4) identified age groups: Children ages 0-15, TAY (Transition Age Youth) ages 16-25, Adults ages 26-59 and seniors ages 60+. Nevada County has developed and implemented Full Service Partnerships programs with community input for all four age groups.

Children's CSS Programs target population is children (age 0-17) who are seriously emotionally disturbed or seriously mentally ill and are at risk of psychiatric hospitalization or out of home placement, becoming homeless, experiencing academic failure, or involvement with the criminal justice system. Some of the major collaborative partners for providing services to children under CSS include: Victor Community Support, Sierra Family Medical Clinic, a number of individual Network Providers, Community Recovery Resources, crisis services and contracted child psychiatrist services. Plan services and supports will include, but not be limited to:

- Psychiatric services and/or non-psychiatric Network Provider services
- Housing services
- Employment and pre-employment services
- Wraparound services and supports
- Case Management, rehabilitation and care coordination
- Peer/family support, advocacy, training, and education
- Integrated treatment for co-occurring disorders
- "Whatever it takes" services

Adult CSS Programs target individuals age 18 and up who are seriously mentally ill (SMI) and at risk of incarceration, institutionalization, becoming homeless, or subject to involuntary care. Some of the collaborative partners involved in providing adult services include: Turning Point Community Programs, SPIRIT Peer Empowerment Center, the National Alliance on Mental Illness, Welcome Home Vets, Community Recovery Resources, Sierra Family Medical Clinic, crisis services, housing services, psychiatrists and network providers. Adult CSS services and supports include:

- Peer/Family counseling
- TAY (Transition Age Youth) support and peer counseling
- Assisted Outpatient Treatment or "Laura's Law" - Engaging treatment resistive SMI individuals who may be involved with the criminal justice system. Un-served individuals must meet additional criteria for AOT as listed in W & I Code 534(a).
- Psychiatric Services and/or non-psychiatric Network Provider services
- Rehabilitation, Case Management, and Care Coordination
- Integrated treatment for co-occurring disorders
- Outreach/engagement services to homeless, especially in Truckee
- Peer Supportive Services — Peer driven and staffed wellness center
- Housing and employment support
- Veteran services and therapy
- "Whatever it takes" services

Prevention and Early Intervention (PEI)

This component supports the design of programs to prevent a mental illness from becoming severe and disabling, with an emphasis on improving timely access to services for unserved and underserved populations. The target population includes; underserved cultural populations, individuals experiencing onset of a serious mental illness, children and youth in stressed families, trauma-exposed children, and youth at risk for school failure or involvement with juvenile justice.

At least 51% of PEI funds must be spent on youth and young adults ages 25 and younger. Programs/Projects include but are not limited to:

- Bi-lingual Therapy
- Early Intervention for Referred Children, Youth, Pregnant Woman, Postpartum Women and Their Families.
- Homeless Outreach, Prevention and Therapy
- First Responder Training
- Senior, Disabled and Isolated Home Visitor Program
- Wellness Center: Peer Support and Outreach Services
- Teaching Pro-Social Skills in the Schools
- Child and Youth Mentoring
- 2-1-1 Nevada County
- Access and Linkage to Underserved Populations: Seniors, Disabled and Isolated, Homeless, Forensic Involved, Veterans and Youth
- Stigma/Discrimination Reduction – Latino Outreach
- Suicide Prevention Intervention (SPI) Program
- LGBTQ+ Support Program

Innovation (INN)

The Board approved Nevada County's Innovation Plans separately from this document per Resolution 16-416 and Resolution 19-005.

Annual Progress Report for Fiscal Year 2017/18

Also enclosed in this document is Nevada County's MHSA Annual Progress Report for FY 2017/18 for the above described programs that were active in FY 2017/18, and also includes a three-year program report for PEI programs for FY 2015/16, 2016/17, and 2017/18. In FY 2017/18, MHSA programs provided services to 18,779 individuals (this may include duplicated individuals reached by multiple providers).

The Behavioral Health Department respectfully requests that the Nevada County Board of Supervisors approve the MHSA 2019/20 Annual Plan Update and Annual Progress Report for FY 2017/18, so the Department may submit it to the Mental Health Services Oversight and Accountability Commission (MHSOAC) and to the Department of Health Care Services (DHCS) by the mandated deadline of June 30, 2019.

Item Initiated and Approved by:

Phebe Bell, MSW, Director of Behavioral Health