

## **NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY**

**Behavioral Health Director:** 

**Health & Human Services** 

Michael Heggarty, MFT

**Agency Director** 

Rebecca Slade, MFT

Behavioral Health Medical Director: Aubrey Eubanks, M.D.

> TELEPHONE (530) 265-1437 (530) 271-0257 FAX TELEPHONE (530) 582-7803 FAX (530) 582-7729

## BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

500 CROWN POINT CIRCLE, STE. 120 GRASS VALLEY CALIFORNIA 95945 10075 LEVON AVE., STE 204 TRUCKEE, CALIFORNIA 96161

## NEVADA COUNTY BOARD OF SUPERVISORS

**Board Agenda Memo** 

**MEETING DATE:** July 19, 2016

TO: **Board of Supervisors** 

FROM: Rebecca Slade

**SUBJECT:** Resolution approving execution of a renewal contract with Community

Recovery Resources (CoRR) for the provision of services related to

serving Nevada County clients with Co-Occurring Disorders (COD) in the maximum amount of \$145,101 for the term of July 1, 2016 through June

30, 2017.

**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING**: Services will be funded by Medi-Cal reimbursement, 2011 Realignment funds for Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) and Yes Court, as well as Mental Health Services Act (MHSA) monies made available to the department. Services are included in the F/Y 2016-17 Department budget and there are no county general fund dollars required in this Agreement.

**BACKGROUND**: Under this Agreement, Community Recovery Resources provides comprehensive treatment and services for persons with both a psychiatric and substance abuse/addiction (Co-Occurring Disorder). Often we find that a person seen for substance dependency has been trying to self-medicate the symptoms of a mental or physical complaint.

The population served under this agreement will include adults and children, as well as juveniles participating in Yes Court. Yes Court includes youth ages 13 through 18 who are transitioning from out-of-home placement or at risk of entering/or re-entering the foster care system. The

comprehensive program name for all clients to be served under this contract will be the "Co-Occurring Disorders" or "COD" Program. Although Nevada County Behavioral Health will make all direct referrals for treatment, referrals for the program may originate from Juvenile Probation, the Courts, Child Protective Services, CalWORKs, Schools, Smart Team (Special Multi-Agency Resource Team), Parents and self-referrals.

Services for all participants will include integrated mental health and substance abuse treatment, case management, and ancillary services such as anger management, job skills training, parenting and life skills which will be provided according to the individual client's needs. The Contractor will treat persons who have a moderate to severe substance abuse problem co- occurring with moderate mental health problem(s) which meet Medi-Cal medical necessity and diagnosis and criteria requirements for Medi-Cal specialty mental health services.

Psychotherapy will be provided to each client, including adults, children and Yes Court Juveniles, on a schedule based on an assessment, and the need of the client. Psychotherapy will provide support for the overall program and to assist the client in making functional improvements and sustainable changes in their life. If the client is under eighteen, the decision on when to terminate therapy will include input from the client's family. Psychotherapy may continue beyond the substance abuse treatment.

It is widely recognized that people with co-occurring substance use and mental disorders are a large and significantly underserved population. It is recommended that the board approve this renewal agreement as it provides a cohesive, comprehensive approach to effectively treat dual diagnosis clients.

**Item Initiated and Approved by:** Rebecca Slade, Director of Behavioral Health