



## **RESOLUTION NO. \_\_\_\_\_**

### **OF THE BOARD OF SUPERVISORS OF THE COUNTY OF NEVADA**

#### **RESOLUTION PROCLAIMING APRIL 4-10, 2016 AS PUBLIC HEALTH WEEK IN NEVADA COUNTY**

WHEREAS, the week of April 4-10, is National Public Health Week, and the theme is “Healthiest Nation 2030”; and

WHEREAS, since 1995, the American Public Health Association has brought together communities across the United States during the first full week of April to observe National Public Health Week as a time to recognize the contributions of public health and highlight issues that are important to improving our nation; and

WHEREAS, preventing diseases before they start is critical to helping people live longer, healthier lives while reducing overwhelming health-related costs; and

WHEREAS, nearly 1 million Americans die every year from chronic, preventable diseases such as heart disease, cancer and diabetes, and these chronic diseases account for 75% of US health care spending, or \$1.5 trillion per year; and

WHEREAS, chronic diseases cause Americans to miss 2.5 billion days of work each year, resulting in lost productivity totaling more than \$1 trillion; and

WHEREAS, strong public health systems are critical for sustaining and improving community health; and

WHEREAS, statistics, such as 56% of adults in Nevada County are overweight or obese, 68% of adults report eating fast food at least once in the past week, 14% of adults smoke, 10% of youth smoke, only 27% of children and teens report being physically active for at least one hour a day, and 14% of adults report no leisure time physical activity, indicate that there is room for improvement in the health of Nevada County residents; and

WHEREAS, Nevada County Public Health Department would like to recognize the many groups across the county that are working to promote healthy behaviors, create healthy environments, prevent chronic disease, and provide services that improve the health of the entire population of Nevada County; and

WHEREAS, Public Health week focuses on raising awareness about the evolution of public health, the importance of prevention, and how poor health comes at a price for individuals as well as communities, and celebrates Nevada County Public Health Department’s vision of a lifetime of optimal health and wellness for all Nevada County residents by creating and supporting healthy communities.

NOW, THEREFORE, BE IT HEREBY RESOLVED that the Board of Supervisors proclaims April 4-10, 2016, as Public Health Week in Nevada County.