



## Health and Human Services Agency

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## BEHAVIORAL HEALTH DEPARTMENT

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### NEVADA COUNTY BOARD OF SUPERVISORS

#### Board Agenda Memo

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**MEETING DATE:** June 3, 2025

**TO:** Board of Supervisors

**FROM:** **Phebe Bell**

**SUBJECT:** Resolution approving execution of a renewal contract with California Psychiatric Transitions, Inc. for Mental Health Rehabilitation Center / Institute for Mental Disease Services for Mentally Disordered persons in the maximum amount of \$300,000 for the term of July 1, 2025 through June 30, 2026.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** These services are mandated. The contract is supported by Behavioral Health's 2011 Realignment funds for Managed Care and 1991 Realignment as needed for referred uninsured indigent clients. These services are planned for in the proposed FY 25/26 budget. There are no county general funds required.

**BACKGROUND:** California Psychiatric Transitions (CPT) is a fully licensed Mental Health Rehabilitation Center. CPT offers inpatient psychiatric treatment and rehabilitation services to seriously mentally ill adults over the age of eighteen. With two on-site psychiatrists and a medical doctor along with a 24-hour nursing staff, CPT has the ability to render constant and immediate attention.

The program goals are to:

- Implement a treatment plan designed specifically for each resident.
- Offer a highly structured program that caters to a wide spectrum of the mental health community.
- Assist clients to develop into self-reliant human beings and thus allow their return to less restrictive settings in the community.

Contractor's Main Program is dedicated to addressing specific psychiatric needs of the mental health community as well as developing self-reliant individuals with good communication and

social skills. CPT employs a highly structured daily program that allows both developmental growth and self-reliance.

Contractor's Disruptive Behavioral Unit Program provides individuals an intensive therapeutic program that will focus directly on disruptive behaviors. This highly structured program creates an atmosphere that minimizes distraction and focuses on recovery.

Contractor's Diversion Program is designed to serve court ordered diversion and Incompetent to Stand Trial- Penal Code 1370 (IST 1370) individuals. The program goal is to use a structured daily program to allow for competency restoration and diversionary programs. By treating these individuals, Contractor can assess whether or not an individual is competent to stand trial or is in need of further psychiatric evaluation and treatment.

It is recommended that the Board approve this contract to allow for placement for Behavioral Health's most difficult cases to receive these critical services.

**Approved by:** Phebe Bell, MSW, Behavioral Health Director