

Child Abuse Prevention
Council of Western
Nevada County
and the
Community Support
Network

April 2022

What is
CAPC's mandated
purpose and where does
CSN fit it in?

CAPC Mission and History

- ▶ Mandated by CA State Welfare and Institution Code and guided by State and Federal OCAP funding objectives.
- ▶ Each County's Board of Supervisors has the responsibility of appointing a CAPC.
- ▶ Western NC CAPC was created in February 1984 as a non-profit.
- ▶ Mission Statement - The Child Abuse Prevention Council of Western Nevada County is a community council whose primary purpose is to coordinate the community's efforts to prevent and respond to child abuse through collaboration and integration of family support service.

In accordance with WIC Section 18982.2 the CAPC's role and responsibilities shall include, but are not limited to the following:

- ▶ To provide a forum for interagency cooperation and coordination in the prevention, detection, treatment, and legal processing of child abuse cases.
- ▶ To promote public awareness of the abuse and neglect of children and the resources available for intervention and treatment.
- ▶ To encourage and facilitate training of professionals in the detection, treatment, and prevention of child abuse and neglect.
- ▶ To recommend improvements in services to families and victims.
- ▶ To encourage and facilitate community support for child abuse and neglect programs

Community Support Network History - Mission - Vision

- ▶ 2010 new single collaborative called Community Support Network was formed with CAPC as fiscal agent
- ▶ Mission: Facilitate collaboration among public and private family support organizations so that Nevada County children, youth, and families thrive.
- ▶ Vision statement: All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well-funded.



THE TRUTH ABOUT ACEs

WHAT ARE THEY?

ACEs are
ADVERSE
CHILDHOOD
EXPERIENCES

The three types of ACEs include

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse


















Divorce

WHAT IMPACT DO ACEs HAVE?

As the number of ACEs increases, so does the risk for negative health outcomes



Possible Risk Outcomes:

BEHAVIOR				
 Lack of physical activity	 Smoking	 Alcoholism	 Drug use	 Missed work
PHYSICAL & MENTAL HEALTH				
 Severe obesity	 Diabetes	 Depression	 Suicide attempts	 STDs
 Heart disease	 Cancer	 Stroke	 COPD	 Broken bones

Exposure to childhood ACEs increases the risk of:

- ▶ Adolescent pregnancy
- ▶ Alcoholism and alcohol abuse
- ▶ Autoimmune diseases
- ▶ Cancer
- ▶ Diabetes
- ▶ Illicit drug use
- ▶ Heart disease
- ▶ Liver disease
- ▶ Intimate partner violence
- ▶ Suicide attempts
- ▶ Unintended pregnancies and more





- ▶ The Be the One campaign raises awareness of the power of connection. Changing a person's life for the better can happen with one positive connection with just one person.



- ▶ Research shows that caring, positive relationships support healthy child development, promote adaptive responses to stress, and contribute to positive mental and physical health. We can feel the power of social connections in everyday life. We feel less stressed when we get a hug from a friend or a smile from a stranger on a bad day.

What does it mean to Be the One for someone?

- ▶ In your home:
 - ▶ Have face time during meals
 - ▶ Spend time with a child in your life
 - ▶ Be present. Stop, look, and really listen to one another
- ▶ At work:
 - ▶ Show new co-workers where the coffee is and how the copier works
 - ▶ Treat people with respect and kindness. Be gossip free
 - ▶ See conflict as an opportunity for positive change
- ▶ In community groups:
 - ▶ Volunteer, become a mentor, coach a team, donate to those in need
 - ▶ Become a Court Appointed Special Advocate
 - ▶ Learn your community's history, identify bias, be an advocate
- ▶ With yourself:
 - ▶ Take care of yourself
 - ▶ Eat nutritious foods
 - ▶ Get enough sleep and exercise
 - ▶ Give yourself grace

Healthy Outcomes from Positive Experiences

Healthy Outcomes from Positive Experiences (HOPE) – represents a paradigm shift in how we see and talk about the positive experiences that support children’s growth and development into healthy, resilient adults. The HOPE framework helps transform our work by actively promoting key positive childhood experiences that drive well-being for children, families, and communities. HOPE begins with a shift in mindset that calls on each of us to identify, celebrate, and promote individual and family strengths in each moment.

Why HOPE Exists

Positive experiences help children grow into more resilient, healthier adults. HOPE aims to better understand and support these key experiences.

Core assumption

from the Science of the Positive:

The **positive** exists, it is real and worth growing.

Positive experiences:

- Promote children's **health and well-being**
- Allow children to form strong **relationships** and connections
- Cultivate positive self-image and **self-worth**
- Provide a sense of **belonging**
- Build skills that promote **resilience**





Relationships with other children and with other adults through interpersonal activities.

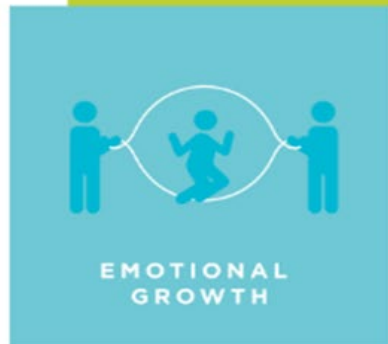
The Four Building Blocks of HOPE



Safe, equitable, stable environments for living, playing, learning at home and in school.



Social and civic engagement to develop a sense of belonging and connectedness.



Emotional growth through playing and interacting with peers for self-awareness and self-regulation.



Accomplishments and Challenges

- Be the One Community Campaign
- Participated in Regional CAPC Partnership Meetings
- Surveyed CSN Membership - about their priorities
- Embarked on Strategic Planning Process with Strategies
 - Formal Child Abuse Prevention Strategic Planning Process with partners
- April Child Abuse Prevention Month Activities
 - Wear Blue Challenge
 - Fitness Challenge in partnership with Training Zone
 - Free Parenting Workshop on April 30th
 - Family craft activity in partnership with the Nevada County Library



COMMUNITY *Support* NETWORK OF NEVADA COUNTY

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