

Nevada County Public Health

Kathy Cahill, MPH
Public Health Director

Nevada County Board of Supervisor's Meeting

March 26, 2024



Welcome

Public Health Week
April 1-7, 2024

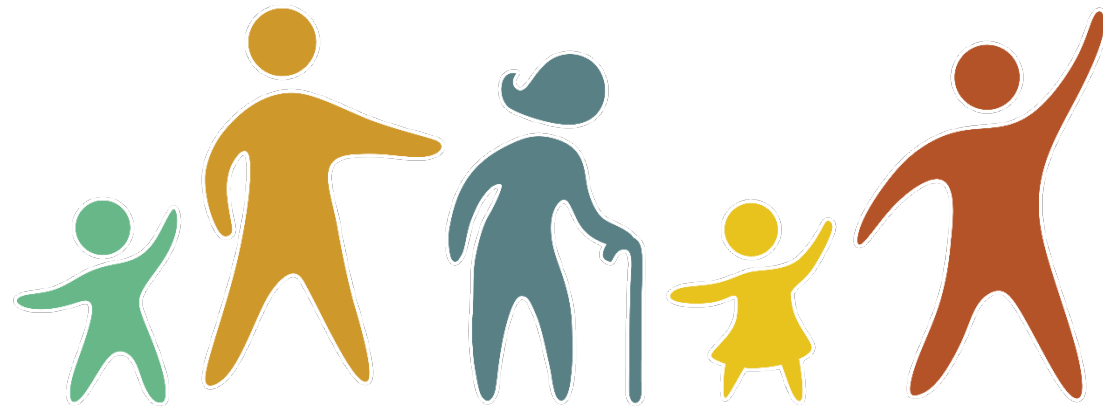
Protecting, Connecting & Thriving:
We Are All Public Health



Agenda

- i. Nevada County local public health system overview
- ii. Stories of impact from NCPH
 - Local Oral Health Program
 - Maternal, Child, Adolescent Health
- iii. Our work in partnership
 - Bright Futures for Youth
 - Healthcare Provider Network
- iv. Using local data to achieve health equity

We care
about
community.





School-Based Health Center

HEALTHY SNACKS

WIC Clinic

FLUORIDATED WATER

Nursing Mom

Smoke-free workplace

Referral for colorectal cancer screening

TODAY'S HEALTHY CHOICE: GRILLED CHICKEN and VEGGIES

Today's Healthy Choice: Grilled Chicken and Veggies

Doctor's Office

SENIORS: Join us for LIVING WELL at 2 pm

SUPPORT NEW BIKE ROUTES

OREGON PRODUCE

FRESH DAILY

New Walking Trail Coming Soon!

ARTHRITIS FOUNDATION Exercise Program

We care
about kids.



Local Oral Health Program

Jamie Hanf, MBA
Health Educator

The Nevada County Oral Health Program



The burden of dental disease

- Tooth decay is the number one chronic disease affecting children and the reason for the most school absences.
- Nevada County has limited access to affordable dental care and many families struggle to find a dentist.
- Over half of Elementary school children have Medi-Cal coverage and few options for Medi-Cal providers

Prevention & Partnerships: Closing the Care Gap

Dental Coalition and a network of partners who educate and provide dental resources

Helping every kindergartener receive a Kindergarten Oral Health Assessment

www.SmileNevadaCounty.com



- ✓ Education
- ✓ Screenings
- ✓ Cleanings
- ✓ Fluoride
- ✓ Sealants

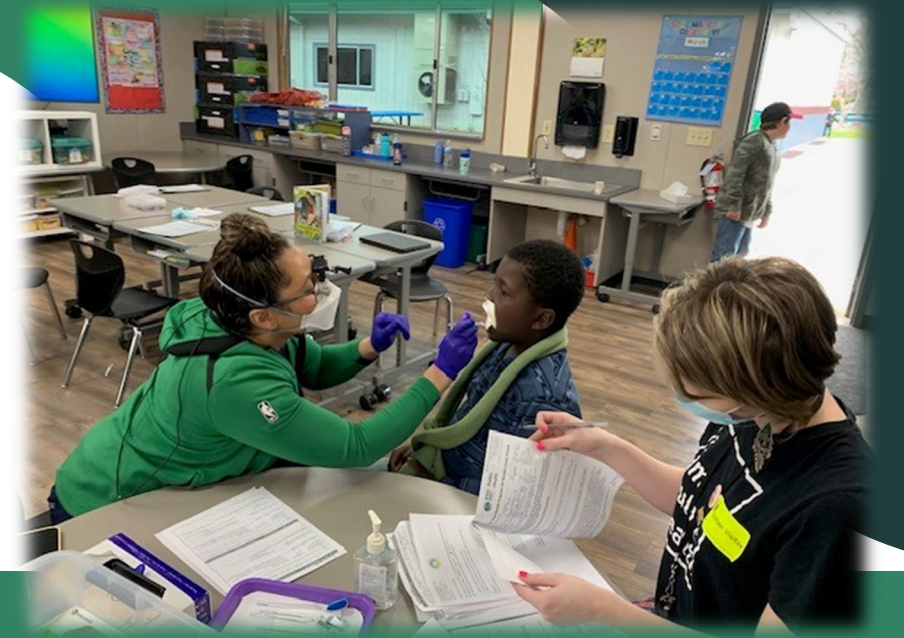
Providing a pathway to care



2023-2024 Dental Screenings

503 students and counting

- Elementary Schools 2023-2024**
- Deer Creek
 - NCSOTA
 - Yuba River
 - Grass Valley Charter
 - Alta Sierra
 - Cottage Hill
 - Grizzly Hill
 - Truckee Elementary
 - Williams Ranch
 - Ready Springs
 - Chicago Park
 - Scotten



We care
about birthing families.



Maternal Child &
Adolescent Health
(MCAH)

Jessica Ferrer
Senior Public Health Nurse

Maternal Child & Adolescent Health

Nevada County offers free relationship classes for soon-to-be parents

Submitted to The Union by Nevada County and Laura Petersen Feb 21, 2024 Updated 11 hrs ago



PREPARATION FOR PARENTHOOD
CALL FOR DATES AND LOCATION

Becoming Us

SESSION 1
NEST BUILDING

SESSION 2
SET UP BASE CAMP

SESSION 3
FROM BEING ME TO
BECOMING US

SESSION 4
TRAVELING TOGETHER

SESSION 5
AFTER BABY
MEET UP

THERE IS NO
CHARGE FOR
THESE CLASSES
530-802-3644 OR
775-721-1751



Maternal Child & Adolescent Health

- . Woman/Maternal Health
- . Child Health
- . Perinatal/Infant Health
- . Children and Youth with Special Healthcare Needs
- . Adolescent Support



Maternal Child & Adolescent Health



Moving Beyond Depression

One-on-one Perinatal Depression Treatment for families in a home visiting program.



Becoming Us

Four session class for expecting parents on building a strong relationship before baby arrives.



Monthly Parent Meetups

Bring baby and join us on the 4th Tuesday at 10am.



Nurse Home Visiting

Resource navigation, breastfeeding support, health assessments, parenting information.



Infant Feeding Support Group

Lactation Support, baby weights and feeding questions.





We care
about connection.



Jennifer Singer
Bright Futures For Youth
Executive Director

Toby Guevin
NCPH Health & Wellness
Program Manager



Coalitions & Collaborations

- Community needs are complex and intertwined
- Collaboration and partnership strengthens our effectiveness
 - Leverage strengths
 - Increase coordination
 - Broaden network, reach and resonance
 - Maximize impact
- Know Overdose Nevada County example

Partnership

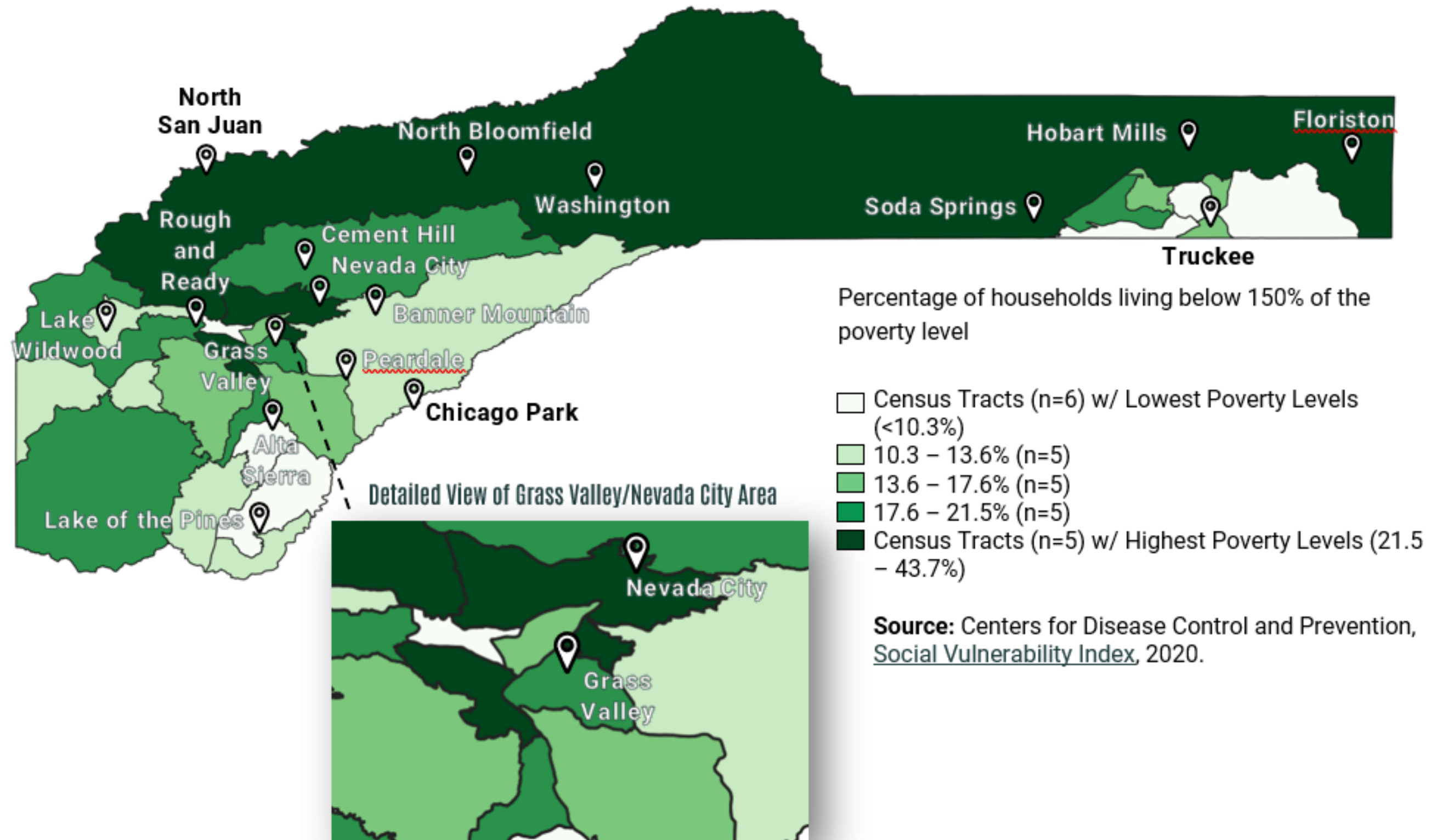
- Alcohol & Other Drug Prevention
 - Friday Night Live/Club Live Programs
 - Added 7+ school programs
- Know Overdose Nevada County
 - Training of staff
 - Support in becoming a Narcan distributor
 - Coalition members
- Suicide prevention
 - Training of staff, coalition participation
- SAFE Program and Drop-in Center Support



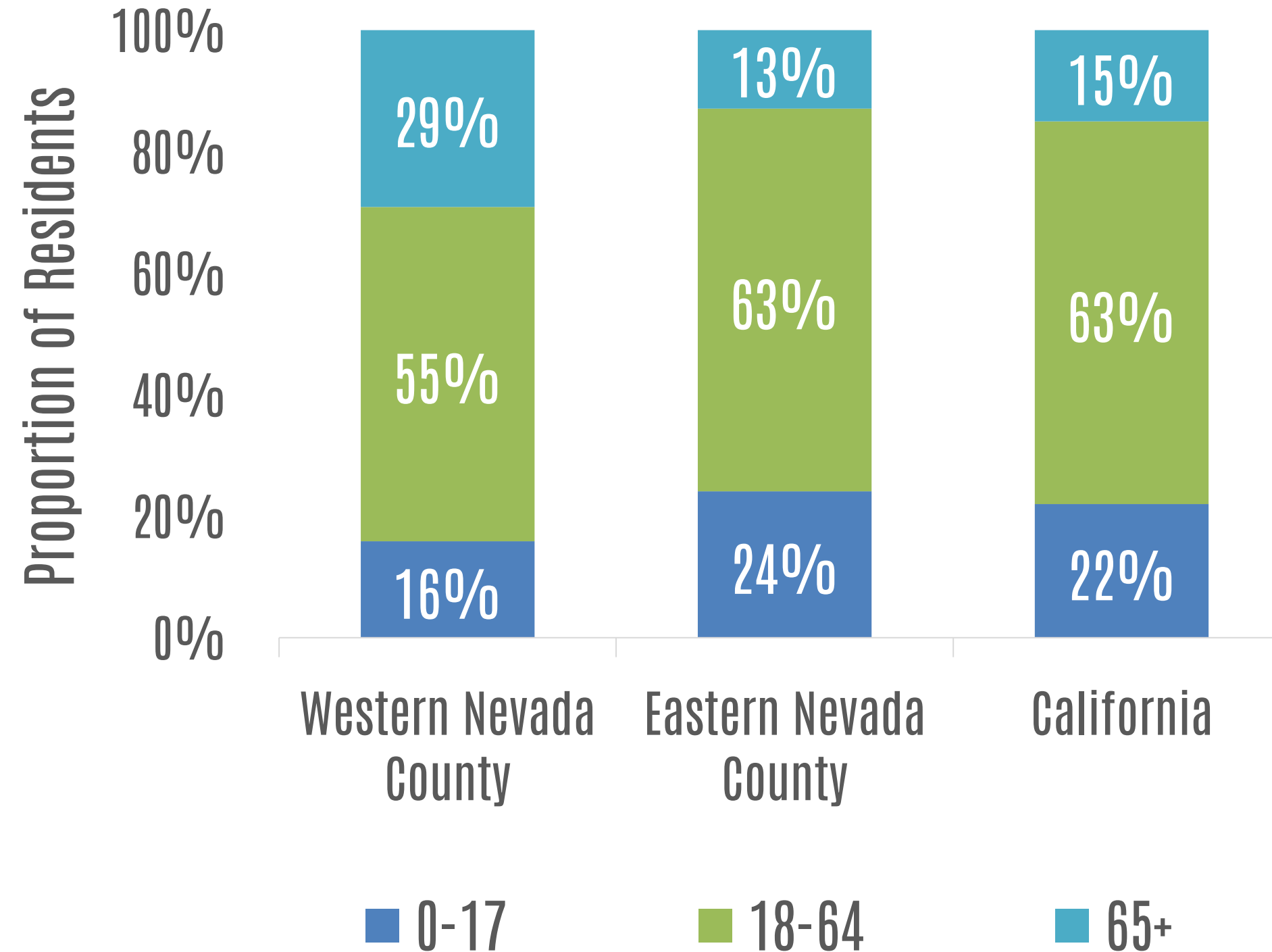
We care
about health equity.



Variation in Poverty Rates by Census Tract



Proportion of Residents in Eastern/Western County by Age



NCPH and Priority Populations



Free and confidential health access vending machines providing products that save lives and prevent chronic disease.



Mobile Health Unit provides services to geographically isolated students and senior residents.



Spanish language cancer screening campaign designed and lead by Promaturas in Eastern County.



Thank you!
Questions?



NEVADA
COUNTY
CALIFORNIA

Public
Health



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