



Health and Human Services Agency

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## DEPARTMENT OF SOCIAL SERVICES

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### NEVADA COUNTY BOARD OF SUPERVISORS

#### Board Agenda Memo

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**MEETING DATE:** November 12, 2024

**TO:** Board of Supervisors

**FROM:** Rachel Peña

**SUBJECT:** Informational presentation from Nevada Sierra Connecting Point on National Caregiver's Month.

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**RECOMMENDATION:** Accept the presentation to the Board.

**FUNDING:** N/A

**BACKGROUND:** November is National Caregivers Month!

Caregiving happens. And everyone's experience with caregiving is unique, whether you're the one caring for a loved one, or you're on the receiving end.

Caregiving also means #CaregivingAroundtheClock, working tirelessly to keep older loved ones in their homes for as long as possible and missed sleep because of hands-on care. This month is a time to recognize and honor caregivers nationally, raise awareness around caregiving issues, educate communities, and work to increase support for our nation's caregivers.

Today we want to express our gratitude for all the caregivers, families, and organizations dedicated to those who serve our most vulnerable residents.

We want to say a special thank you to our dedicated In-Home Supportive Services (IHSS) caregivers who serve approximately 1079 of our county's elderly and disabled residents.

**Approved by:** Rachel Peña, LCSW Director of Social Services