



**NEVADA COUNTY**  
**HEALTH & HUMAN SERVICES**  
**AGENCY**

**Health & Human Services**  
**Agency Director**  
**Ryan Gruver**

**Behavioral Health Director:**  
***Phebe Bell***

**BEHAVIORAL HEALTH DEPARTMENT**  
**(Mental Health, Drug and Alcohol Program)**

**Behavioral Health Medical Director:**  
***Aubrey Eubanks, M.D.***

500 CROWN POINT CIRCLE, STE. 120 GRASS VALLEY CALIFORNIA 95945  
10075 LEVON AVE., STE 204 TRUCKEE, CALIFORNIA 96161

TELEPHONE (530) 265-1437  
FAX (530) 271-0257  
TELEPHONE (530) 582-7803  
FAX (530) 582-7729

**NEVADA COUNTY BOARD OF SUPERVISORS**  
**Board Agenda Memo**

---

**MEETING DATE:** December 17, 2019  
**TO:** Board of Supervisors  
**FROM:** **Phebe Bell**  
**SUBJECT:** Resolution approving execution of a renewal contract for Services with the County of Sierra for Nevada County to provide Respite Insight Center Services to Sierra County referred clients for the term of January 1, 2020 through June 30, 2020 in the maximum contract amount of \$20,000.

---

**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** This is a revenue Agreement whereby Sierra County will pay Nevada County Behavioral Health Department an hourly rate for Respite Insight Center Services. A budget amendment is not needed at this time and there are no county general funds required in the Agreement.

**BACKGROUND:** Nevada County currently operates a Respite Care Center, called the Insight Respite Center, 24 hours per day, 7 days per week (24/7), where individuals can receive temporary housing and supportive counseling services through the County's subcontractor, Turning Point Community Programs (Turning Point). The 4 bed Center is located in Grass Valley California, is staffed by peers in coordination with clinical support and is part of Nevada County's crisis continuum of care.

Under this Agreement, Behavioral Health is agreeing to expand eligibility to Sierra County residents, providing Insight Respite Center services to Sierra County referred clients. The Respite Insight Center has the capacity to house an ongoing caseload of four (4) clients. These services provide an alternative to inpatient hospitalization for individuals experiencing a mental health crisis.

Turning Point provides the facility and program staffing for this Center. Participants are offered an opportunity to utilize respite support up to 14 days. If individuals need additional time at the center, the Center team will document, consider requests, and may authorize additional days. The maximum length of stay is 28 days per admission.

The participants are also linked to valuable community resources to support their recovery once they leave the Center. The target population served by this center include individuals who are over the age of 18 years, have a mental illness, and as a result of the disorder the individual is at risk of needing a higher level of care, including possible placement in a facility such as a: psychiatric hospital, an Institute of Mental Disease (IMD), Mental Health Rehabilitation Center (MHRC), or Crisis Stabilization Unit, or the individual has recently been discharged from one of these placements, or is experiencing a first episode or re-emergence of a psychotic break.

The Respite Insight Center offers a safe and supportive environment for persons at risk of needing mental health crisis services in a less restrictive environment than a hospital or Crisis Stabilization Unit. These services help to minimize usage of inpatient hospitalization days, and decrease clients' involvement with the justice system.

It is recommended the Board approve this Agreement with Sierra County as this agreement will provide revenue to help offset operational costs of the Center. Additionally, this agreement strengthens and promotes the mutual working relationship between Sierra and Nevada Counties.

**Item Initiated and Approved by:** Phebe Bell, MSW, Director of Behavioral Health