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## NEVADA COUNTY BOARD OF SUPERVISORS

### Board Agenda Memo

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**MEETING DATE:** September 24, 2019

**TO:** Board of Supervisors

**FROM:** **Jill Blake, Public Health Director**

**SUBJECT:** Resolution proclaiming the Month of October 2019 as Breast Cancer Awareness Month in Nevada County

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**RECOMMENDATION:** Adopt the attached Resolution proclaiming October 2019 as Breast Cancer Awareness Month in Nevada County.

**FUNDING:** N/A

**BACKGROUND:** This October, the Nevada County Public Health Department (NCPHD) is proud to participate in National Breast Cancer Awareness Month. Breast cancer is one of the most common kinds of cancer in women after skin cancer. About 1 in 8 women born today in the United States will get breast cancer at some point.

The good news is that most women can survive breast cancer if it's found and treated early. NCPHD encourages women age 40 to 49 to talk with their doctor about when to start getting mammograms and how often to get them, and women age 50 to 74, to get a mammogram every 2 years. In addition, it is recommended that women talk to a doctor about their risk for breast cancer, especially if a close family member had breast or ovarian cancer.

In an effort to help raise awareness about breast cancer and breast cancer screenings, and help to keep women in Nevada County healthy, NCPHD requests that the Board of Supervisors designate October 2019 as Breast Cancer Awareness Month in Nevada County.

Please consider proclaiming October 2019 as "Breast Cancer Awareness Month" in Nevada County.

Item Initiated and Approved by: Jill Blake, Public Health Director