

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

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BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 27, 2023

TO: **Board of Supervisors**

FROM: **Phebe Bell**

SUBJECT: Resolution approving execution of a renewal contract with NAMI

> Nevada County for services including Family Support and Navigation Services in the maximum contract price \$73,500 for the contract term

of July 1, 2023, through June 30, 2024.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Services are funded by Mental Health Services Act (MHSA) monies made available to Nevada County for the CSS (Community Services and Supports) component of Nevada County's MHSA Plan. A budget amendment will be included in the County Wide Budget Amendment to cover this increase. There are no county general fund dollars required in the agreement.

BACKGROUND: NAMI Nevada County (NAMI NC) was incorporated in 1985 as the Nevada County Alliance for the Mentally Ill, Inc., a non-profit with specific purposes that included: promoting the general welfare and better treatment for those with mental illnesses, collecting and disseminating information regarding mental illness; informing the public regarding mental health services and needs; working to reduce the stigma of mental illness, and promoting greater understanding and support for families who provide care and assistance. NAMI NC has been true to that beginning throughout the past 35 years.

NAMI will provide family support and education that includes community system navigation for families who are struggling in understanding and accessing services in the forensic, education, social services, and treatment arenas. Mental health navigation is a growing field especially for mental health consumers. Families whose loved ones are not able to navigate systems due to their health conditions need help in learning what is often unfamiliar systems. When families learn and can help supportively, their family member who is struggling does better.

It is recommended that the Board approve this Contract as it provides support, navigation, and education for families of individuals with mental illness.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health