

MEMORANDUM

TO: Board of Supervisors

DATE: October 14, 2025

FROM: Rachel Peña
Social Services Director

SUBJECT: Adult and Family Services
Commission Agency

CC: Ryan Gruver
Health and Human Services Agency Director

The purpose of the Adult and Family Services Commission (AFSC) is to represent the community to the Board of Supervisors on issues regarding health and human services and the family interests of all Nevada County residents. Annie Mikal-Heine has the knowledge and expertise to continue to add value to the commission and the Agency on Aging Area 4 Advisory Council, of which she currently serves a three-year term through June 30, 2027.

Annie Mikal-Heine is the Program Manager for FREED's Grass Valley Office and has a BA in Sociology.

Annie Mikal-Heine previously worked for Sierra Nevada Memorial Hospital Foundation's Alzheimer's Outreach Program, served as a volunteer board member for Helping Hands Adult Day program in Penn Valley, and has been an active member of the Elder Care Provider's Coalition since 2011. She has served on the Adult and Family Services Commission since 2022.

The AFSC has received and reviewed the re-appointment of Annie Mikal-Heine to serve under the Low-Income Sector of the Commission through April 2027; she received a majority vote of a quorum of the Commission members for re-appointment to the Low-Income Sector and ratification of this action is sought. The motion was made and accepted by the Commission on September 9, 2025.

Thank you for your consideration.