

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

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BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: September 13, 2016

TO: Board of Supervisors

FROM: Rebecca Slade

SUBJECT: Resolution approving execution of a renewal contract with Community Recovery Resources (CoRR) to provide Perinatal Outpatient Drug Free Treatment (ODF) and Intensive Outpatient (IOT) Treatment services for substance using pregnant and/or parenting women; Comprehensive Residential Treatment Program Services for the recovery of alcohol/drug dependency; and Substance Abuse Prevention and Treatment Services, to residents of Nevada County in the maximum amount of \$589,950 for fiscal year 2016/17.

RECOMMENDATION: Approve the attached Resolution.

<u>FUNDING</u>: Contract services are supported by: Federal SAPT (Substance Abuse Prevention and Treatment) Block Grant funds; 2011 Realignment; Court generated Statham funds; Drug Medi-Cal Federal reimbursement; Supportive and Therapeutic Options Program (STOP) funds. Services are within the Department's annual budget. There are no county general fund dollars required in the contract.

BACKGROUND: This is a renewal contract for services related to substance abuse prevention and treatment for Nevada County residents. The contract includes the following components: Full spectrum Perinatal Services within the modalities of Outpatient Drug Free (ODF) Treatment and Intensive Outpatient (IOT) Treatment; Residential Treatment, Residential Crisis, Transitional and Withdrawal Management Programs; Prevention and Outpatient Treatment Programs; and Ancillary Services.

Perinatal Program Services:

The Perinatal Program provides coordinated substance abuse intervention and treatment services complimented with health care and pertinent ancillary services to pregnant and parenting women of Nevada County. Treatment includes Outpatient Drug Free Treatment (ODF) and Intensive Outpatient Treatment (IOT) in a non-residential setting. The program includes services such as substance abuse counseling and education; individual, group and family counseling; parenting education; HIV/AIDS, TB and Hep C education and access to testing, and individualized written treatment plans for each participant to address their identified problems with treatment goals for corrective action steps. These programs

include transportation and childcare while women are in counseling and are offered at least three days per week as outpatient services. It is estimated that Contractor will have 15 slots available for treatment in the IOT perinatal component and up to 30 slots for treatment in the ODF perinatal component.

Residential Treatment, Residential Crisis, Transitional and Withdrawal Management Programs

Contractor provides 24 hours / 7 days per week residential programs. The Contractor's residential treatment and withdrawal management programs provide comprehensive treatment services to adult men and women, over the age of 18, in a carefully structured and supportive environment with a high degree of accountability and integrated continuum of care that focuses on each unique individual and his/her family system. CoRR operates two fully licensed residential facilities, both of which also have licenses for withdrawal management services. Grass Valley Campus - Hope House / Serenity House are licensed and certified by the Department of Alcohol and Drug Programs (ADP) to serve up to 50 adult women/men with up to 10 children. The program is also approved for detoxification services.

The Grass Valley Campus on Sierra College Drive is a wellness center focused on substance abuse recovery and mental health. The Auburn Campus – Residential/Detox facility is licensed and certified by the State to serve up to 25 adult men and women. Transitional Services (Clean and Sober Transitional Living Environments) may be provided at any of CoRR's Transitional homes.

All county clients referred to CoRR for residential services will be given an initial evaluation assessment and will be assigned a Primary Counselor to collaborate with on developing his/her Individual Treatment Plan. The residential program priorities transition or discharge planning, beginning at intake to support successful reintegration. Additionally, per the renewal contract, services have been expanded to include participants referred through the Nevada County Probation Department.

Prevention Services:

This agreement provides for the Student Intervention Program (SIP) and Adolescent Drug and Alcohol Prevention and Treatment (ADAPT) Services for adolescents ages 13-18 defined as at risk for chemical dependency; outpatient treatment services for Medi-Cal beneficiaries; drug testing for clients completed in collaboration with the Courts, and Probation, as well as on-site HIV Rapid Testing and HIV Counseling Services to individuals enrolled in drug treatment programs.

Ancillary Services:

Ancillary services are provided on an individual, as-needed basis depending on client's treatment plan and may include: Parenting Classes; Anger Management; Life skills & Literacy; Smoking Cessation; Individual Therapy; and Driving Under the Influence (DUI) Classes.

In bringing together a program of substance abuse treatment, mental health and social services expertise, with health professionals, these contracted services provide a cohesive system for intervention, assessment, treatment and recovery that enhances the well-being of individuals and families which helps to achieve and maintain sober, clean, healthy, rewarding lifestyles and to end repeated cycles of substance abuse addiction.

Item Initiated and Approved by: Rebecca Slade, Director of Behavioral Health