



**NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY**

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: September 12, 2017

TO: Board of Supervisors

FROM: **Rebecca Slade**

SUBJECT: Resolution approving execution of Amendment #2 to the Operational Agreement between the County of Nevada and Sierra Nevada Memorial-Miners Hospital pertaining to the provision of crisis stabilization services on the Sierra Nevada Memorial-Miners Hospital Campus.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Behavioral Health is primarily funding the ongoing project operational costs through Medi-Cal, private insurance, County realignment, MHSA funds, guaranteed-bed fees from SNMH, and patient payment revenues received for treatment of patients in the CSU. This Amendment #2 changes the projected annual net cost to the County for expenditures related to the operation of the CSU, with a projected annual net cost reduction of \$120,912 through June 30, 2035. No budget amendment is required and there is no impact on the General Fund.

BACKGROUND: The Board of Supervisors approved this Operational Agreement, on February 10, 2015 per Resolution 15-067. The Agreement established the financial arrangement and delineated the roles and responsibilities of the County and SNMH related to operation of the Crisis Stabilization (CSU). Under the Agreement the County is responsible for: purchase of the modular building as well as all furniture/equipment; operational oversight including: staffing, which is provided by the County's contracted provider, Sierra Mental Wellness Group; billing for crisis stabilization services; processes and procedures for admission; discharge and treatment intervention; reserving three beds for SNMH, and ensuring compliance of the CSU in accordance with state regulations and guidelines. The Hospital provides medical screening exams, meals/nutritional services, environmental services including cleaning of rooms, linens, security, and utilities for the CSU.

This CSU provides brief psychiatric intervention services lasting less than 24 hours, for persons 18 and older, who are experiencing an acute psychiatric crisis, and includes serving individuals with co-occurring substance use disorders. Services include a physical and mental health assessment, collateral, and therapy services and utilization of a physician's assessment, medical backup, nursing, and crisis peer counseling services. The goal of crisis stabilization is to:

- Improve access to the most appropriate treatment resources, and decrease the utilization of hospital emergency departments, jails and homeless programs for behavioral health emergencies;
- Provide timely aid to de-escalate the crisis episode and stabilize patients quickly and assist them to return to their pre-crisis level of functioning;
- Reduce the number of days of inpatient hospital stays and costs; and
- Increase patients' ability to receive treatment within their community and to engage in local support systems.

As outlined in the Operational Agreement, the County purchases certain services related to operation of the CSU from the hospital such as meals/nutritional services, environmental services, security, and utilities. The hospital agrees to reimburse the County annually for the guarantee of three (3) dedicated beds in the CSU. The payment obligations of each party will be reviewed annually, based on actual project costs and revenues of the immediate prior year.

Since opening in December of 2015, the County and SNMH has re-determined the operational costs and made adjustments accordingly to reflect the actual needs and costs of the CSU. This Amendment #2 amends the Scope of Services Exhibit "A" to bring the language up to date, amending references to future tense roles and responsibilities such as developing and implementing the CSU and purchasing a modular building and issuing a Request for Proposal and awarding a contract for staffing of the CSU, as all of these tasks have already been completed. The Amendment No. 2 also amends the Financial Arrangement Exhibit "B" to reflect an annual estimated budget that is more closely aligned with actual costs of operation to date.

It is recommended that the Board approve the attached Amendment as this project provides an essential resource for Nevada County families, helps mental health consumers stabilize, and supports them in their recovery and wellness in a safe, secure community-based environment and serves as an alternative option to longer, more expensive hospitalization services.

Item Initiated and Approved by: Rebecca Slade, MFT, Director of Behavioral Health