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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: July 11, 2017

TO: Board of Supervisors

FROM: **Jill Blake**

SUBJECT: Resolution approving Amendment #2 to a Services and License Agreement with Every Child Succeeds, Inc. (ECS) for Contractor's "Moving Beyond Depression Program" implementation materials and consulting services to increase the maximum Agreement amount from \$36,717.32 to \$42,901 (an increase of \$6,183.68) and extending the termination date from June 30, 2017 to May 31, 2018.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: These contract services are funded by Mental Health Services Act (MHSA) Prevention and Early Intervention, Maternal Child and Adolescent Health (MCAH), California Home Visiting Program (CHVP), and First Five funds. There are no county general funds required for this agreement and a department budget amendment is not required.

BACKGROUND: The Nevada County Board of Supervisors approved this Agreement with Every Child Succeeds, Inc. on May 12, 2015 per Resolution No. 15-196 and subsequently approved Amendment #1 on June 28, 2016 per Resolution No. 16-296 to increase the maximum amount from \$32,216.21 to \$36,717.32 and extend the Agreement through June 30, 2017.

Every Child Succeeds is a home visiting program in Southwestern Ohio and Northern Kentucky that helps first-time parents create a nurturing, healthy environment for their children. The program was founded in 1999 by three organizations – Cincinnati Children's Hospital Medical Center, Cincinnati-Hamilton County Community Action Agency and United Way of Greater Cincinnati. Using two national models of home visiting (Healthy Families America® and Nurse-Family Partnership®), Every Child Succeeds has provided over 425,000 home visits, serving more than 20,000 children. The purpose of this Agreement is to engage the Contractor to provide program materials and consulting services in connection with implementation of the Moving Beyond Depression Program.

Up to one-in-three mothers in home visiting programs have a major depressive episode at some point during service, reducing their ability to be effective parents, preventing them from taking advantage of home visiting, and impacting their children's lives for years to come.

Moving Beyond Depression is a systemic program of In-Home Cognitive Behavioral Therapy (IH-CBT) for treatment of Maternal Depression developed by researchers at Every Child Succeeds and Cincinnati Children's Hospital Medical Center. It is an evidence-based treatment program specifically for mothers in home visiting programs with a proven record of success.

When new mothers are depressed, home visiting programs face challenges in helping them. Moving Beyond Depression equips home visiting programs to help them identify, treat, and provide ongoing support to mothers struggling with depression. Moving Beyond Depression involves three phases instituted over two years: 1) on-site training of home visitors in identification of maternal depression and their role in the program, 2) training of therapists in Cincinnati in IH-CBT treatment, 3) ongoing training and support of therapists, team leaders, and program leadership in implementation of the program.

The Amendment before you today extends this 2-year Agreement for one additional year and increases the total contract amount accordingly. A new contract will be negotiated next year. It is recommended that the Board approve this Amendment with ECS for services related to the implementation of the Moving Beyond Depression Program, which will provide evidence-based treatment for mothers, leveraging home visiting services to reduce or eliminate their depression and help them create healthy home environments, benefitting Nevada County mothers and their children.

Item Initiated and Approved by: Jill Blake, MPA Director of Public Health