



**NEVADA COUNTY  
HEALTH & HUMAN SERVICES  
AGENCY**

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**NEVADA COUNTY BOARD OF SUPERVISORS**  
**Board Agenda Memo**

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**MEETING DATE:** June 20, 2017

**TO:** Board of Supervisors

**FROM:** **Mike Dent**

**SUBJECT:** Resolution approving execution of a renewal contract with Sierra Nevada Memorial Hospital Foundation for the provision of Early Detection Depression Screening and Fall Prevention Services for Nevada County seniors as a component of the County's Prevention and Early Intervention (PEI) Program in the maximum amount of \$82,004 for FY 2017/18.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** These services are funded by Prevention and Early Intervention (PEI) funding available through the Mental Health Services Act (MHSA), transferred from Behavioral Health to Social Services, Social Services Enhanced Federal funding, and Department Realignment dollars. There are no county general fund dollars required and the services are within the Department's FY 2017/18 Budget.

**BACKGROUND:** Under this renewal Agreement, Sierra Nevada Memorial Hospital Foundation will provide through its Falls Prevention Coalition of Nevada and its Alzheimer's Outreach Program, Early Detection Depression Screening and Fall Prevention Services to Nevada County seniors. The Contractor's Outreach Nurse will conduct countywide home visits to disabled and older, home bound adults in Western and Eastern Nevada County.

The goal of this agreement is to provide outreach and services to seniors on how to reduce the risk factors associated with falls and depression. The causes of falls vary with contributing risk factors including lack of strength in the lower extremities, reduced vision and chronic health problems, and the fear of falling can lead to depression and hopelessness, loss of mobility, and loss of functional independence for seniors.

The Contracted Nurse will appropriately address the risk factors that could affect a senior's functional independence and arrange for services with their primary care physician, mental health provider, and/or a community based organizations, and if necessary Adult Protective Services.

Nevada County has one of the highest percentages of seniors in California. Approximately 25% of the total population of the County are 65 years of age or older. Falls are the primary cause of nonfatal injury hospitalizations and the vast majority of fall incidents are among seniors.

Services will be offered in close collaboration with the Friendly Visitor Program offered through FREED, Elder Care Provider agencies, Adult Protective Services, and the Public Health Department and trained volunteers.

Contracted services will include individual mental health and alcohol and other drug screening assessment and education about depression and suicide; including dissemination of a calendar of workshops, classes and events related to falls and depression. The Contractor will maintain and publicize a referral system that allows anyone in the community to refer disabled or older adults through an established phone line at Nevada County Adult Services.

It is recommended that the Board approve this renewal Agreement to continue these vital services which help to reduce the rate of falls and depression for our community seniors.

**Item Initiated and Approved by:**            Mike Dent, MPA, Director of Social Services