



RESOLUTION No. _____

OF THE BOARD OF SUPERVISORS OF THE COUNTY OF NEVADA

RESOLUTION APPROVING EXECUTION OF A RENEWAL CONTRACT WITH TONI MCCORMICK, LCSW TO DELIVER THE BECOMING US AND MOVING BEYOND DEPRESSION PROGRAMS IN THE MAXIMUM AMOUNT OF \$ 50,676 FOR JULY 1, 2024 THROUGH JUNE 30, 2025

WHEREAS, the MHSA Grants for Prevention and Early Intervention have been and will continue to be utilized to establish effective programs to reduce to impacts of mental health on our community; and

WHEREAS, under this renewal contract, Toni McCormick, LCSW shall continue to deliver the Moving Beyond Depression Program and Becoming Us program in coordination with Nevada County's Mother Child Adolescent Health Department; and

WHEREAS, Moving Beyond Depression (MBD) is a voluntary, evidenced-based program for women experiencing perinatal mood and anxiety disorders (PMADs) who are enrolled in a home-visitation program. MBD was developed by researchers at Every Child Succeeds and Cincinnati Children's Hospital and Medical Center; and

WHEREAS, the Becoming Us Prenatal Program is a psycho-educational relationship program that aims to develop a stronger and deeper relationship bond between couples who are preparing for the birth of a child (1st or any subsequent sibling) to support individual and relationship health and well-being and to create an early foundation for teamwork parenting. The program addresses a huge gap in current antenatal education which focus mainly on birth; and

WHEREAS, the primary program goals are to treat Perinatal Mood and Anxiety Disorders, thereby preventing child abuse, maltreatment and/or neglect before it starts, and having a profound effect on the development of the child. This goal is achieved through both MBD and Becoming Us and by: 1) treating PMADS; 2) positive development of parent-child relationships; 3) healthy childhood development; and 4) enhanced family functioning.

NOW, THEREFORE, BE IT HEREBY RESOLVED by the Board of Supervisors, of the County of Nevada, State of California, that the Professional Services Contract by and between the County of Nevada and Toni McCormick pertaining to the provision of psychosocial assessment and In-Home Cognitive Behavioral Therapy (IH-CBT) to perinatal women experiencing maternal depression and served by a home visitation program for the contract term of July 1, 2024 through June 30, 2025, in the maximum amount of \$50,676, be and hereby is approved in substantially the form attached hereto, and that the Chair of the Board of Supervisors be and is hereby authorized to execute the contract on behalf of the County of Nevada.

Funds to be disbursed from account: 1589-40114-492-3425 / 521520