

## NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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## **NEVADA COUNTY BOARD OF SUPERVISORS**

**Board Agenda Memo** 

**MEETING DATE:** July 9, 2024

**TO:** Board of Supervisors

FROM: Phebe Bell

**SUBJECT:** Resolution approving execution of a renewal contract with Turning

Point Community Programs, Inc. for the provision of Adult Assertive Community Treatment Program, Respite, Case Management, and Housing Services as a component of the County's Mental Health Services Act Community Services and Supports Plan in the maximum

amount of \$6,024,325 for Fiscal Year 2024/25.

**RECOMMENDATION:** Approve the attached Resolution.

<u>FUNDING</u>: Services are funded by Mental Health Services Act (MHSA) monies made available to Nevada County from the California Department of Health Care Services (DHCS), 1991 and 2011 Realignments, Medi-Cal Federal Financial Participation (FFP), and AB109 funds. The maximum is based on the actual cost of grant programs and projected units of services anticipated to be delivered and associated program expenses. Services are in the department's budget for FY 2024/25 and this Contract requires no county general fund dollars.

**BACKGROUND:** Under this Contract, Turning Point Community Programs, Inc. will continue to provide Adult Assertive Community Treatment (AACT) Program Services as a Full-Service Partnership (FSP) and consistent with Nevada County's approved MHSA Community Services and Supports Plan. The Assertive Community Treatment Team model is a multi-disciplinary approach to providing community-based psychiatric treatment, assertive outreach, rehabilitation, and support services to individuals with serious mental illness who

also has co-occurring problems or multiple hospitalizations. Contractor's Adult Assertive Community Treatment Team operates 24-hours, 365 days per year to provide flexible crisis intervention and wraparound services. The wraparound services are tailored to address each eligible participant's unique and changing needs. Services include assessment, therapy, peer support, rehabilitation, housing assistance, job development skills/assistance, psychiatric services, medication support, outreach, and linkage to other community supports, substance abuse treatment, and assistance in supporting other health and life needs.

The Contractor in conjunction with Nevada County Behavioral Health Staff will also continue to implement and monitor a specific housing treatment program for Medi-Cal beneficiaries living in a home leased by Contractor and/or owned by County or County partners. The Contractor provides services related to an Independent Living Program, including staffing to support structured day and evening services available seven (7) days a week with rehabilitative mental health services, case management brokerage, and night and weekend supervision. By continuing such program services, the County serves a critical ongoing need of providing safe, supportive housing in the least restrictive environment for appropriate clients, brings clients back to their own community, and reduces the dependence on higher-cost residential facilities in other counties.

As another continuing component of this Contract, Contractor will provide project staffing who serve as members of the case management and peer team at Behavioral Health. These services support clients to live successfully in the community, by helping clients to access needed psychiatric services, housing support services, medical, and other services.

Under this Contract, Turning Point Community Programs will continue to operate the Respite Insight Center which houses an ongoing caseload of five (5) qualified clients. The Respite Insight Center resulted from the County and its stakeholders identifying a need for an alternative to inpatient hospitalization for individuals experiencing a mental health crisis. For years, stakeholders have advocated for the expansion of the County's crisis continuum of care to include the development of a respite care center where individuals can receive temporary housing and supportive counseling services. The County's receipt of SB 82 State funding, supplemented by MHSA Community Services and Support (CSS) funds, were utilized to develop and implement a respite care center that has five (5) beds and operates 24 hours per day, 7 days per week (24/7). This center is peer-run, in coordination with clinical support, and is called the Respite Insight Center.

Turning Point provides the facility and program staffing for this Center. Participants are offered an opportunity to utilize respite support up to 14 days. If individuals need additional time at the center, the Center team will document, consider requests, and may authorize additional days. The maximum length of stay is 28 days per admission. The participants are also linked to valuable community resources to support their recovery once they leave the Center. The target population served by this center are residents of Nevada County and Sierra County who are over the age of 18 years, have a mental illness, and as a result of the disorder

the individual is at risk of needing a higher level of care, including possible placement in a facility such as a: psychiatric hospital, an Institute of Mental Disease (IMD), Mental Health Rehabilitation Center (MHRC), or Crisis Stabilization Unit, or the individual has recently been discharged from one of these placements, or is experiencing a first episode or reemergence of a psychotic break.

Finally, under this agreement, Turning Point will continue to implement Individual Placement and Supports (IPS), an evidence-based practice of supported employment that helps to clients obtain competitive work in the community and provide them with the necessary support to ensure their success in the workplace.

It is recommended that the Board approve this renewal Contract as Turning Point Community Programs, Inc. has proven to be an effective community partner in providing an array of client driven services that increases consumer and family participation and advances a coordinated care structure helping to reduce the need for hospitalization and out-of-home placements.

**Item Initiated and Approved by:** Phebe Bell, MSW, Director of Behavioral Health