

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

Health & Human Services Agency Director Ryan Gruver

Behavioral Health Director: Phebe Bell, MSW

Behavioral Health Medical Director: Aubrey Eubanks, M.D.

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 22, 2021

TO: **Board of Supervisors**

Phebe Bell FROM:

SUBJECT: Resolution approving execution of a renewal contract with Granite

> Wellness Centers for the provision of services related to serving Nevada County clients with Co-Occurring Disorders (COD) in the maximum amount of \$89,059 for the contract term of July 1, 2021 through June 30,

2022.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Services will be funded by SB 837 Community-Based Transitional Housing Program monies made available to the department. Services are included in the FY 2021-22 Department budget and there are no county general fund dollars required in this Agreement.

BACKGROUND: Often we find that individuals seen for substance use disorder have been trying to self-medicate the symptoms of a mental or physical complaint. Granite Wellness Centers provides services to adult individuals who have both a mental illness and a substance use disorder (Co-Occurring Disorder) under their comprehensive treatment program called the Co-Occurring Disorders or COD Program. Although Nevada County Behavioral Health will make all direct referrals for treatment, referrals for the program may originate from the Courts, CalWORKs, or self-referrals.

Under this Agreement, services will include integrated mental health and substance abuse treatment, case management, and ancillary services such as anger management, job skills training, parenting and life skills which are provided according to the individual client's needs. The

Contractor will treat persons who have a moderate to severe substance abuse problem co-occurring with moderate mental health problem(s).

Psychotherapy will be provided to individuals based on an assessment and needs of the individual. Psychotherapy will provide support for the overall program and to assist the client in making functional improvements and sustainable changes in their life. Psychotherapy may continue beyond the substance abuse treatment.

It is widely recognized that people with co-occurring substance use and mental disorders are a large and significantly underserved population. This contract does not rely on general funds and Behavioral Health's current anticipated revenues along with fund balances are sufficient to support this contract at this time.

It is recommended that the board approve this renewal contract as it provides a cohesive, comprehensive approach to effectively treat dual diagnosis clients.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health