



**NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY**

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NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: January 26, 2016

TO: Board of Supervisors

FROM: **Mike Dent**

SUBJECT: Resolution approving execution of a short-term Community Services Block Grant (CSBG) funded Contract with Interfaith Food Ministry (IFM) of Nevada County related to increasing the quantity and quality of high protein food products available to food insecure individuals in the maximum amount of \$13,000 for the term of February 1, 2016 through April 30, 2016.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Contract services are supported by available 2015 Federal Community Services Block Grant (CSBG) funding awarded to the County, which has been approved for an extension through May 31, 2016, to support the priorities of County's approved Community Action Plan (CAP). There are no County General Fund dollars required in the Agreement.

BACKGROUND: Per Resolution No. 13-191, the Board of Supervisors approved the 2014/15 Nevada County Community Action Plan and authorized its submittal to the State Department of Community Services and Development (CSD). The County was subsequently awarded funds via the State CSBG funding Agreement.

The County in conjunction with the Adult and Family Services Commission (AFSC) issued a combined Request for Funding (RFF) for Community Services Block Grant (CSBG) and/or Community Initiative Fund (CIF) dollars to provide funding for worthwhile community projects. As there is still available 2015 CSBG funding, the Adult and Family Services Commission reviewed prior submitted proposals of non-profit organizations and recommends awarding funds, pending Board of Supervisors' approval, to Interfaith Food Ministry (IFM) of Nevada County in support of their *Hunger to Health Project*.

Interfaith Food Ministry will use funding to increase the quantity and quality of nutritious protein rich foods available to food insecure citizens of Nevada County as part of the *Hunger to Health Project*. Interfaith Food Ministry (IFM) has been providing supplemental food as a 501 (c) (3) non-profit organization in Western Nevada County since 1987. Approximately, one in six Nevada

County residents experiences hunger, and there are approximately 13,000 food insecure people in Western Nevada County. IFM's clients are a mix of single parents with hungry children, disabled, the under- and unemployed families experiencing temporary hardships and elderly people on fixed incomes. In 2013 IFM distributed 79,170 grocery bags feeding 58,399 individuals; approximately 28% were under 18 years of age and 62% adults and 10% seniors). IFM has available food for special client diets such as those requiring gluten free, sugar free for diabetes, and for clients who are homeless without typical kitchen appliances, food not requiring a range or oven to prepare the meals. What is harder to supply in sufficient quantities is nutritious, healthful high protein food products such as: meats, fresh dairy products, eggs, and other protein rich food sources. Protein is an especially important nutrient to provide low-income clients, as it often overlooked or passed over for less expensive food options. Protein is especially critical for those clients under the age of 18 for their brain development. The body uses protein to build and repair tissues. Protein is an important building block of bones, muscles, cartilage, skin, and blood. Unlike fat and carbohydrates, the body does not store protein, and therefore has no reservoir to draw on when it needs a new supply.

It is recommended that the Board approve this agreement as it will help provide quality, wholesome food for those in need.

Item Initiated and Approved by: Mike Dent, Department of Social Services Director