



**NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY**

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Ryan Gruver**

**Behavioral Health Director:
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**Behavioral Health Medical Director:
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**BEHAVIORAL HEALTH DEPARTMENT
(Mental Health, Drug and Alcohol Program)**

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**NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo**

MEETING DATE: July 11, 2023
TO: Board of Supervisors
FROM: **Phebe Bell**
SUBJECT: Resolution approving execution of a renewal contract with Common Goals for the provision of outpatient rehabilitative treatment services for the recovery and treatment of substance use disorders in the maximum amount of \$1,551,983 for Fiscal Year 2023/24.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Funding is provided through Drug Medi-Cal Federal reimbursement, 2011 Realignment and reimbursement from Probation and Social Services for participants referred through their departments. Services are within the Department's FY 23/24 budget and there are no County general fund dollars required in the Agreement.

BACKGROUND:
Common Goals provides education and treatment services to persons affected by Substance Use Disorders. Under this Agreement, the Contractor will continue to provide outpatient rehabilitative treatment services for Medi-Cal Beneficiaries for the recovery and treatment of substance use disorders. The service program will be for adults (over the age of eighteen) and adolescents, offering individual and group outpatient rehabilitation services for Nevada County Medi-Cal beneficiaries.

Each client receives individual counseling and group counseling. Individual counseling includes intake, evaluation/assessment, treatment and discharge planning, collateral services and crisis intervention. Group counseling can occur in person or via tele-health and includes one or more counselors treating two or more clients, up to a total of twelve clients, at the same time, focusing on needs of the individuals served. Sessions focus on overcoming substance abuse related obstacles to achieve short-term personal, family, job/school and other goals.

Additionally, per the renewal agreement, Contractor will provide Intensive Outpatient Treatment (IOT) which consists of alcohol and drug treatment services (intake, individual counseling, group counseling, patient education, family therapy, medication services, collateral services, crisis intervention, treatment planning, discharge services) in a non-residential setting.

Lastly, the Contractor will provide the Recovery Incentives Program, a new treatment program being piloted by the Department of Health Care Services (DHCS), to eligible Nevada County Medi-Cal beneficiaries with Stimulant Use Disorders. Contingency Management (CM) is one of the only evidenced-based behavioral interventions effective in treatment stimulant disorder and is based on psychological principles of positive reinforcement. In CM, an individual receives a reward (gift cards delivered via the DHCS Incentive Manager) immediately following a positive behavior that has been established as a goal, in this case—not using stimulants.

Renewal of this contract will allow critical services to continue for people who are struggling with substance use disorder needs.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health