



**NEVADA COUNTY  
HEALTH & HUMAN SERVICES  
AGENCY**

**Health & Human Services  
Agency Director  
Ryan Gruver**

**Behavioral Health Director:  
Phebe Bell, MSW**

**BEHAVIORAL HEALTH DEPARTMENT  
(Mental Health, Drug and Alcohol Program)**

**Behavioral Health Medical Director:  
Aubrey Eubanks, M.D.**

500 CROWN POINT CIRCLE, STE. 120 GRASS VALLEY CALIFORNIA 95945  
10075 LEVON AVE., STE 204 TRUCKEE, CALIFORNIA 96161

TELEPHONE (530) 265-1437  
FAX (530) 271-0257  
TELEPHONE (530) 582-7803  
FAX (530) 582-7729

## **NEVADA COUNTY BOARD OF SUPERVISORS Board Agenda Memo**

---

**MEETING DATE:** August 11, 2020

**TO:** Board of Supervisors

**FROM:** **Phebe Bell**

**SUBJECT:** Resolution approving execution of a renewal Professional Services Agreement with Common Goals, Inc. for the provision of outpatient rehabilitative treatment services for the recovery and treatment of alcohol/drug dependency in the maximum amount of \$637,800 for Fiscal Year 2020/21.

---

**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Funding is provided through Drug Medi-Cal Federal reimbursement, SABG (Substance Abuse Block Grant) monies, 2011 Realignment and reimbursement from Probation and Social Services for participants referred through their departments. Services are included in the Department's FY 2020/21 budget and there are no county general fund dollars required in the Agreement.

**BACKGROUND:** Common Goals, Inc. provides education and treatment services to persons affected by the disease of alcoholism and/or drug addictions. Under this Agreement, the Contractor will continue to provide outpatient rehabilitative treatment services for Medi-Cal Beneficiaries for the recovery and treatment of alcohol/drug dependency. The service program will be for adults (over the age of eighteen) both males and females; and adolescents both males and females, offering individual and group outpatient rehabilitation services for authorized county clients. Services also include participants referred through the Nevada County Probation Department.

Each client receives individual counseling, which is face-to-face contact between the client and the therapist or counselor. Individual counseling includes intake, evaluation/assessment, treatment and discharge planning, collateral services and crisis intervention. Group counseling means face-to-

face contacts in which one or more counselors treat two or more clients, up to a total of twelve clients, at the same time, focusing on needs of the individuals served. Sessions focus on overcoming substance abuse related obstacles to achieve short-term personal, family, job/school and other goals.

Family Counseling will be made available to participants whenever issues such as interpersonal and/or family relationships present themselves as possible barriers to the successful treatment of the individual. The Contractor will provide direct therapeutic counseling services to families referred for substance abuse issues.

Additionally, per the renewal Agreement, Contractor will provide Intensive Outpatient Treatment (IOT) which consists of alcohol and drug treatment services (intake, individual counseling, group counseling, patient education, family therapy, medication services, collateral services, crisis intervention, treatment planning, discharge services) in a non-residential setting.

Additionally, the contractor provides Recovery Residences for individuals authorized by the County. Recovery Residences provides an affordable clean and sober supported living environment where individuals can rebuild their own housing and employment resources while still participating in a lower level of care.

The economic ramifications of the Coronavirus pandemic are significantly impacting major funding sources relied on by the department. Behavioral Health is monitoring the situation closely and is actively involved in advocacy efforts through the County Behavioral Health Directors Association (CBHDA) to ensure reasonable funding for county services. Additionally the department has reviewed the 20-21 budget carefully and areas for reduction have been identified to reduce the pressure on existing funding sources. At the same time, demand for behavioral health services is likely to increase over coming months due to both the economic stress and social isolation of this time, as well as due to increasing numbers of Medi-Cal beneficiaries in our county. The department is proposing to move forward with critical contracts at levels similar to what was originally budgeted, but with the understanding that midyear reductions may be necessary if revenues continue to decline. Behavioral Health staff are in close communication with all contractors and have provided support to them around modifying their processes and protocols so that staff can remain safe and community members can safely get the care they need. Staff are also working closely with providers to increase productivity so that we can continue to maximize our ability to draw down federal funds. Providers are aware that midyear cuts may be needed if the economic situation worsens. Additional analysis and review will be done as needed throughout the year. This contract does not rely on general funds and Behavioral Health's current anticipated revenues along with fund balances are sufficient to support this contract at this time. It is recommended that the Board approve this renewal Agreement as services provided are designed to help individuals and families achieve and maintain sober, clean, healthy, rewarding lifestyles and to end the repeated cycles of substance abuse addiction.

**Item Initiated and Approved by:** Phebe Bell, MSW, Director of Behavioral Health