



Health and Human Services Agency

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DEPARTMENT OF SOCIAL SERVICES

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 16, 2026

TO: Board of Supervisors

FROM: Rachel Peña, Social Services Director

SUBJECT: Resolution approving execution of a renewal contract with Sierra Nevada Memorial Hospital Foundation for Fall Prevention Services for Nevada County seniors, in the maximum amount of \$169,448, for the contract term July 1, 2026, through June 30, 2028.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: These services are funded by Social Services Enhanced Federal funding, and Department Realignment dollars. Contract total is in the amount of \$169,448 (\$84,724 for FY 26/27 and \$84,724 for FY 27/28). There are no county general fund dollars required and the services are within the Department's Budget.

BACKGROUND: Under this renewal Agreement, Sierra Nevada Memorial Hospital Foundation will provide an Alzheimer's Outreach Program and Fall Prevention Services to Nevada County seniors.

The goal of this agreement is to provide outreach and services to seniors on how to reduce the risk factors associated with falls and to support families impacted by Alzheimer's. The causes of falls vary with contributing risk factors including lack of strength in the lower extremities, reduced vision, reduced balance, and chronic health problems. The fear of falling can lead to depression and hopelessness, loss of mobility, and loss of functional independence for seniors.

Nevada County has one of the highest percentages of seniors in California. Approximately 29.3% of the total population of the County is 65 years of age or older. Falls are the primary cause of nonfatal injury hospitalizations, and the vast majority of fall incidents are among seniors.

Services will be offered in close collaboration with the Friendly Visitor Program offered through FREED, Elder Care Provider agencies, Adult Protective Services, and trained volunteers.

Contracted services will include a calendar of workshops, classes and events related to falls. The Contractor will maintain and publicize a referral system that allows anyone in the community to refer disabled or older adults through an established phone line at Nevada County Adult Services.

It is recommended that the Board approve this renewal Agreement to continue these vital services which help to reduce the rate of falls for our community seniors.

Approved by: Rachel Peña, Social Services Director