



**NEVADA COUNTY**  
**HEALTH & HUMAN SERVICES**  
**AGENCY**

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**Behavioral Health Director:**  
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**(Mental Health, Drug and Alcohol Program)**

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## **NEVADA COUNTY BOARD OF SUPERVISORS**

### **Board Agenda Memo**

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**MEETING DATE:** June 28, 2016

**TO:** Board of Supervisors

**FROM:** **Rebecca Slade**

**SUBJECT:** Resolution approving execution of a renewal contract with Family Resource Center of Truckee for the provision of Latino Outreach Services in the Eastern County Region as a component of the County's Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Plan in the maximum amount of \$27,500 for Fiscal Year 2016/17.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Services are funded by Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) monies made available to Nevada County. Services are within the Department's budget. There are no county general fund dollars required in the Agreement.

**BACKGROUND:** According to the 2011 Tahoe Forest Hospital District Community Health Needs Assessment, the Latino population faces significant disparities in many health indicators, including experiencing more days with poor physical and mental health than the rest of the population.

The Family Resource Center of Truckee has been serving the Latino population in Truckee since 2001. Through the Family Resource Center Promotoras Program, paraprofessionals offer health education and assist Latino families in connecting to health resources.

Under this contract, the Family Resource Center will:

- Recruit a minimum of twenty-five new participants to attend four mental health groups.
- Conduct, in Spanish, four workshops consisting of six sessions of psycho-education workshops yearly at Affordable Housing in Truckee & the Family Resource Center.

- Conduct outreach to Latino population.
- Provide childcare for the Psycho-educational Groups.
- Refer clients to a Nevada County Behavioral Health bi-lingual therapist as needed.
- If necessary, accompany and provide transportation for clients to their first appointment with the mental health provider.
- Attend MHSA Steering Committee Meetings

The Behavioral Health Department provides to the Family Resource Center training on mental health issues and therapy as appropriate to participants participating in the psycho-educational groups.

It is recommended that the Board approve the renewal contract which helps to educate individuals regarding mental health, increase the numbers of Latinos seeking mental health treatment and decrease stigma in accessing and receiving mental health services in the Latino Community.

**Item Initiated and Approved by:** Rebecca Slade, Director of Behavioral Health