



## Health and Human Services Agency

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### BEHAVIORAL HEALTH DEPARTMENT

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## NEVADA COUNTY BOARD OF SUPERVISORS

### Board Agenda Memo

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**MEETING DATE:** June 16, 2026

**TO:** Board of Supervisors

**FROM:** Cari Yardley, Acting Behavioral Health Director

**SUBJECT:** Resolution approving execution of a Professional Services Contract with Windsor Care Center of Sacramento for Mental Health Rehabilitation Center / Institute for Mental Disease Services for Mentally Disordered persons in the maximum amount of \$729,544 for the term of July 1, 2026 through June 30, 2028.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** These services are mandated. The contract is supported by Behavioral Health's 2011 Realignment funds for Managed Care and 1991 Realignment as needed for referred uninsured indigent clients. Services were included in the department's Fiscal Year 2026/27 budget. There are no county general funds required.

**BACKGROUND:** Windsor Care Center of Sacramento is a fully licensed Mental Health Rehabilitation Center. Windsor Care Center of Sacramento offers inpatient psychiatric treatment and rehabilitation services to seriously mentally ill adults over the age of eighteen.

The program goals are to deliver comprehensive, person-centered care that promotes safety, recovery, and community integration for individuals with mental illness. Through a combination of medication management, therapy, group counseling, and skill-building supports, they help individuals manage symptoms, improve functioning, and live as independently as possible. The program prioritizes safety through crisis intervention and ongoing support.

Contractor's Main Program includes:

- Stabilization from acute psychiatric symptoms;
- Resolution or reduction of psychiatric symptoms or problems, demonstrating improvement through the facility levels of (1) assessment phase, (2) goal phase, and (3) community reintegration phase;
- Treatment and stabilization of medication, including demonstration of sustainable

medication levels reflecting Evidenced-Based Practice Guidelines, as measured through medication administration records;

- Improvement in function: physical, emotional, social, family, interpersonal, and spiritual development of interpersonal skills;
- Early intervention in the process of the relapse of the psychiatric disorder as demonstrated by a low hospitalization readmission rate;
- Client participation in therapy, group counseling, behavior modification, harm reduction, and other treatments that help manage symptoms, improve functioning, and intervene early in the process of relapse of the psychiatric disorder.

Contractor incorporates substance abuse counselors as part of their multidisciplinary team, offering individual and group counseling for residents with a dual diagnosis. Contractor's programming includes relapse prevention education, evidence-based interventions, 12-step recovery support, and substance-specific psychoeducation. Contractor builds strong linkages to community-based recovery resources, including outpatient treatment programs, sober living environments, and peer-led support groups such as AA and NA. By embedding these services into their treatment model, the contractor prepares residents for long-term recovery and community reintegration

It is recommended that the Board approve this contract to allow for placement for Behavioral Health's most difficult cases to receive these critical services.

**Approved by:** Cari Yardley, Acting Behavioral Health Director