



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 11, 2024

TO: Board of Supervisors

FROM: **Phebe Bell**

SUBJECT: Resolution approving execution of a renewal contract with Willow Glen Care Center for provision of long-term mental health and residential care to adult clients with mental health conditions as referred by Nevada County in the maximum amount of \$100,000, not to exceed \$50,000 each fiscal year, for the term of July 1, 2024 through June 30, 2026.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: The agreement is supported by Behavioral Health's Managed Care Allocation funding through Realignment. The agreement is within the department's FY 2024/25 budget and there are no county general fund dollars required.

BACKGROUND:

Under this agreement, Willow Glen Care Center will provide long term mental health and residential care to adults with mental health conditions for referred clients of Behavioral Health at the Sequoia Psychiatric Treatment Center, the Willow Glen Care Center, and the Cedar Grove Mental Health Rehabilitation Center.

Sequoia Psychiatric Treatment Center (SPTC) provides long-term care for residents with an active mental health condition. SPTC provides:

- Medication Support Services which includes prescribing, administering, dispensing, and monitoring of psychiatric medications or biologicals that are necessary to alleviate the symptoms of mental illness, as well as the evaluation of the need for medication, evaluation of clinical effectiveness and side effects, the obtaining of informed consent, and instruction in the use, risks, and benefits of and alternatives for medication.
- Mental Health Services which include individual and group therapies designed to provide reduction of mental disability and restoration, improvement or maintenance of functioning

consistent with the goals of learning, development, independent living, and enhanced self-sufficiency.

- Rehabilitative Services that include, but are not limited to, assistance in improving, maintaining, or restoring clients' functional skills, daily living skills, social and leisure skills, grooming and personal hygiene skills, support resources, and medication education.
- Plan Development (Individual Service Plans), a service activity that consists of development of client plans, approval of client-driven plans, and monitoring of a client's progress.
- Service Activities include, but are not limited to, assessment, therapy, rehabilitation, and plan development.

Willow Glen Care Center (WGCC) provides long-term residential care for the elderly with dementia and other mental health conditions in Northern California. Structured services and activities are offered to residents during day and evening hours, seven days per week. These services include Crisis Intervention, Psychopharmacologic Medication Evaluation and Management, Day Rehabilitation Services, Family Counseling, Medical Service Referral, Community/Peer Support Groups, Resident Advocacy, Community Socialization, Therapeutic Community Services, Planned Activities, Daily Living Skills, and Brief Case Management.

Cedar Grove Mental Health Rehabilitation Center (Cedar Grove) is a locked, 44-bed Mental Health Rehabilitation Center (MHRC) in Yuba City, California. Cedar Grove specializes in providing structured supervision and care for chronically mentally ill adults who are unable to maintain placement at lower levels of care. Cedar Grove provides medication management and education, interpersonal coping skills development, independent living skills education and practice, and self-advocacy. It is a client driven, clinician supervised rehabilitation program model that will assist clients in identifying, practicing, and implementing the skills necessary to reduce utilization of inpatient hospital days and provides stable placement in a secure environment. The goal of Cedar Grove is to assist identified mental health clients to stabilize their mental health condition, optimize their functioning, and return to a less restrictive level of care as appropriate. It is anticipated that clients will remain in the program until they are able to transition to a placement that will meet their needs, as identified by their county of origin .

It is recommended that the Board approve this Agreement as it allows for the placement of Nevada County adult clients in need of long-term mental health and residential care services.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health