

## Health and Human Services Agency

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## BEHAVIORAL HEALTH DEPARTMENT

## NEVADA COUNTY BOARD OF SUPERVISORS

**Board Agenda Memo** 

**MEETING DATE:** June 3, 2025

**TO:** Board of Supervisors

FROM: Phebe Bell

**SUBJECT:** Resolution approving execution of a renewal contract with Aegis

Treatment Centers, LLC. for the provision of a Drug Medi-Cal outpatient Narcotic Treatment Program for referred clients of the Nevada County Behavioral Health Department in the maximum amount of \$1,300,000 for

FY 2025/26.

**RECOMMENDATION:** Approve the attached Resolution.

<u>FUNDING:</u> Narcotic Treatment Program services are mandatory under the Drug Medi-Cal Organized Delivery System Waiver, which Nevada County implemented on July 1, 2018. These services are funded by Federal Drug Medi-Cal and State 2011 Realignment, and are included in the department's proposed FY 25/26 budget. There are no County general fund dollars required in the Agreement.

## **BACKGROUND:**

Substance Use Disorder is a significant issue in California and in Nevada County specifically. Abuse of alcohol and other drugs impacts not only the user, but also their children, family, and community. Opioid Use Disorder is a significant challenge for our community. While the rate of opioid prescriptions has decreased significantly in Nevada County, the opioid overdose death rate in Nevada County remains a significant concern. Medication Assisted Treatment program (MAT) and Narcotic Treatment Program (NTP) are the medical standard of care for individuals with Opioid Use Disorders.

Under this contract, Aegis Treatment Centers are to provide Narcotic Treatment Program and Medication Assisted Treatment Services. These services include comprehensive assessments, treatment planning, individual and group counseling, administration of initial and maintenance doses of medications for new and ongoing patients, treatment of pregnant clients, urinalysis testing, and discharge planning. Nevada County clients have weekly medical appointments at Aegis Treatment Center in either Grass Valley, CA. or Marysville, CA. Aegis also has telehealth options for intake appointments. Clients then can obtain their medications according to the frequency indicated by their individualized treatment plan.

It is recommended the Board of Supervisors approve this contract as these services are critical for the treatment of Nevada County members with Opioid Use Disorders.

**Approved by:** Phebe Bell, Behavioral Health Director