



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

Health & Human Services
Agency Director
Ryan Gruver

Behavioral Health Director:
Phebe Bell, MSW

BEHAVIORAL HEALTH DEPARTMENT
(Mental Health, Drug and Alcohol Program)

Behavioral Health Medical Director:
Aubrey Eubanks, M.D.

500 CROWN POINT CIRCLE, STE. 120 GRASS VALLEY CALIFORNIA 95945

TELEPHONE (530) 265-1437

10075 LEVON AVE., STE 204

TRUCKEE,

CALIFORNIA 96161

FAX (530) 271-0257

TELEPHONE (530) 582-7803

FAX (530) 582-7729

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: August 11, 2020

TO: Board of Supervisors

FROM: **Phebe Bell**

SUBJECT: Resolution approving execution of a renewal Personal Services Agreement with Granite Wellness Centers for the provision of Perinatal and Non-Perinatal Outpatient Drug Free Treatment (ODF) and Intensive Outpatient Treatment (IOT) Services for substance using pregnant and/or parenting women, men, and adolescents; Comprehensive Residential Treatment Program Services for the recovery of alcohol/drug dependency; and Substance Abuse Prevention and Treatment Services, to residents of Nevada County in the maximum amount of \$2,197,029 for fiscal year 2020/21.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Contract services are supported by: Federal SABG (Substance Abuse Block Grant) funds; 2011 Realignment; Community Based Transitional Housing (CBTH) Grant Funding; HRSA Rural Health Opioid Program Grant funds; Proposition 47 Grant funds; Court generated Statham funds; Drug Medi-Cal Federal reimbursement; Supportive and Therapeutic Options Program (STOP) funds and funds made available from the Probation and Social Services Departments. Services are within the Department's annual budget. There are no county general fund dollars required in the contract.

BACKGROUND:

Under this Contract, Granite Wellness Centers, is to provide services related to substance abuse prevention and treatment for Nevada County residents. The contract includes the following components:

Full spectrum of Perinatal and Non-Perinatal Services within the modalities of Outpatient Drug Free (ODF) Treatment and Intensive Outpatient (IOT) Treatment; Residential Treatment, Residential Crisis, Transitional and Withdrawal Management Programs; Prevention and Outpatient Treatment Programs; and Ancillary Services.

Perinatal Program Services:

The Perinatal Program provides coordinated substance abuse intervention and treatment services complimented with health care and pertinent ancillary services to pregnant and parenting women of Nevada County. Treatment includes Outpatient Drug Free Treatment (ODF) and Intensive Outpatient

Treatment (IOT) in a non-residential setting. The program includes services such as substance abuse counseling and education; individual, group and family counseling; sexual and physical abuse counseling parenting education; HIV/AIDS, TB and Hep C education and access to testing, and individualized written treatment plans for each participant to address their identified problems with treatment goals for corrective action steps. These programs include transportation and childcare while women are in counseling and are offered at least three days per week as outpatient services. It is estimated that Contractor will have 15 slots available for treatment in the IOT perinatal component and up to 30 slots for treatment in the ODF perinatal component.

Outpatient Drug Free (ODF) and Intensive Outpatient Treatment (IOT) for Adult and Adolescent beneficiaries:

Outpatient services are counseling, group counseling, collateral and case management services provided to beneficiaries (up to 9 hours a week for adults and 6 hours a week for adolescents). Intensive Outpatient services are structured programming services including individual counseling, group counseling, collateral services, and case management provided to beneficiaries for a minimum of 9 hours per week up to 19 hours per week for adults and from 6-19 hours per week for adolescents. Youth treatment services for adolescents ages 12-17 are provided following the current Youth Treatment Guidelines issued by the Department of Health Care Services.

Residential Treatment, Residential Crisis, Transitional and Withdrawal Management Programs

Contractor provides 24 hours / 7 days per week residential programs. The Contractor's residential treatment and withdrawal management programs provide comprehensive treatment services to adult men and women, over the age of 18, in a carefully structured and supportive environment with a high degree of accountability and integrated continuum of care that focuses on each unique individual and his/her family system. Granite Wellness operates three fully licensed residential facilities, all of which also have licenses for withdrawal management services. Grass Valley Campus - Hope House / Serenity House are licensed and certified by the Department of Alcohol and Drug Programs (ADP) to serve up to 50 adult women/men with up to 10 children. The program is also approved for detoxification services. The Lovett Recovery Center/Bost House is licensed by the Department of Alcohol and Drug Programs to serve up to 19 adult women/men.

The Grass Valley Campus on Sierra College Drive is a wellness center focused on substance abuse recovery and mental health. The Auburn Campus – Residential/Detox facility is licensed and certified by the State to serve up to 25 adult men and women.

Transitional Services (Clean and Sober Transitional Living Environments called Recovery Residences) may be provided at any of Granite Wellness' Recovery Residences. Grant funding from the Rural Health Opioid Program provides additional intensive case management for grant participants and funding for Recovery Residences. The Community Based Transitional Housing grant funds provide additional funding for Recovery Residences.

All clients treated under this Agreement, except those admitted in a crisis situation during a weekend, will be pre-authorized for services by the Behavioral Health Department or Probation Department before admission into one of Granite Wellness' programs. Clients referred for residential services will be given an initial evaluation assessment and will be assigned a Primary Counselor to collaborate with on developing his/her Individual Treatment Plan. The residential program priorities transition or discharge planning, beginning at intake to support successful reintegration.

Prevention Services:

This agreement provides for the Student Intervention Program (SIP) and Adolescent Drug and Alcohol Prevention and Treatment (ADAPT) Services for adolescents ages 13-18 defined as at risk for chemical

dependency; outpatient treatment services for Medi-Cal beneficiaries; drug testing for clients completed in collaboration with the Courts, and Probation, as well as on-site HIV Rapid Testing and HIV Counseling Services to individuals enrolled in drug treatment programs.

Ancillary Services:

Ancillary services are provided on an individual, as-needed basis depending on client's treatment plan and may include: Parenting Classes; Anger Management; Life skills & Literacy; Smoking Cessation; Individual Therapy; and Driving Under the Influence (DUI) Classes.

The economic ramifications of the Coronavirus pandemic are significantly impacting major funding sources relied on by the department. Behavioral Health is monitoring the situation closely and is actively involved in advocacy efforts through the County Behavioral Health Directors Association (CBHDA) to ensure reasonable funding for county services. Additionally the department has reviewed the 20-21 budget carefully and areas for reduction have been identified to reduce the pressure on existing funding sources. At the same time, demand for behavioral health services is likely to increase over coming months due to both the economic stress and social isolation of this time, as well as due to increasing numbers of Medi-Cal beneficiaries in our county. The department is proposing to move forward with critical contracts at levels similar to what was originally budgeted, but with the understanding that midyear reductions may be necessary if revenues continue to decline. Behavioral Health staff are in close communication with all contractors and have provided support to them around modifying their processes and protocols so that staff can remain safe and community members can safely get the care they need. Staff are also working closely with providers to increase productivity so that we can continue to maximize our ability to draw down federal funds. Providers are aware that midyear cuts may be needed if the economic situation worsens. Additional analysis and review will be done as needed throughout the year. This contract does not rely on general funds and Behavioral Health's current anticipated revenues along with fund balances are sufficient to support this contract at this time. It is recommended the Board approve this Agreement as these contracted services provide a cohesive system for intervention, assessment, treatment and recovery that enhances the well-being of individuals and families which helps to achieve and maintain sober, clean, healthy, rewarding lifestyles and to end repeated cycles of substance abuse addiction.

Item Initiated and Approved by: Phebe Bell, Director of Behavioral Health