



**NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY**

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**Behavioral Health Director:
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(Mental Health, Drug and Alcohol Program)**

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**NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo**

MEETING DATE: July 9, 2024
TO: Board of Supervisors
FROM: **Phebe Bell**
SUBJECT: Resolution approving execution of a renewal contract with Common Purpose for the provision of outpatient rehabilitative treatment services and recovery residence services for Nevada County Medi-Cal beneficiaries in the maximum amount of \$2,268,439 for Fiscal Year 2024/25.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Funding is provided through Drug Medi-Cal Federal reimbursement, SUBG (Substance Use Block Grant) monies, 2011 Realignment, and reimbursement from Probation and Social Services for participants referred through their departments. This contracted is included in the 2024-25 budget and a budget amendment is not needed. There are no county general fund dollars required in the Agreement.

BACKGROUND:

Common Purpose provides education and treatment services to persons affected by Substance Use Disorders. Under this agreement, the Contractor will continue to provide outpatient rehabilitative treatment services for Medi-Cal beneficiaries for the recovery and treatment of substance use disorders. The service program will be for adults (over the age of eighteen) and adolescents, offering individual and group outpatient rehabilitation services for Nevada County Medi-Cal beneficiaries.

Each client receives individual counseling and group counseling. Individual counseling includes intake, evaluation/assessment, treatment and discharge planning, collateral services, and crisis intervention. Group counseling can occur in person or via tele-health and includes one or more counselors treating two or more clients, up to a total of twelve clients at the same time, focusing on needs of the individuals served. Sessions focus on overcoming substance abuse related obstacles to achieve short-term personal, family, job/school, and other goals.

Additionally, per the renewal agreement, Contractor will provide Intensive Outpatient Treatment (IOT) which consists of alcohol and drug treatment services (intake, individual counseling, group counseling, patient education, family therapy, medication services, collateral services, crisis intervention, treatment planning, discharge services) in a non-residential setting.

Lastly, the Contractor will provide the Recovery Incentives Program, a new treatment program being piloted by the Department of Health Care Services (DHCS), to eligible Nevada County Medi-Cal beneficiaries with Stimulant Use Disorders. Contingency Management (CM) is one of the only evidenced-based behavioral interventions effective in treatment of stimulant disorder and is based on psychological principles of positive reinforcement. In CM, an individual receives a reward (gift cards delivered via the DHCS Incentive Manager) immediately following a positive behavior that has been established as a goal, in this case not using stimulants.

Recovery Residences services will be for male and female adults (over the age of 18) and their children as authorized by the County Behavioral Health Department. Recovery Residences provide an affordable clean and sober supported living environment where individuals can rebuild their own housing and employment resources while still participating in a lower level of care.

It is recommended that the Board approve this renewal contract as the services provided will help program participants achieve and maintain healthy and stable lives, leading to long-term self-sufficiency and the restoration of family systems.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health