



## Health and Human Services Agency

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### BEHAVIORAL HEALTH DEPARTMENT

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## NEVADA COUNTY BOARD OF SUPERVISORS

### Board Agenda Memo

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**MEETING DATE:** June 3, 2025

**TO:** Board of Supervisors

**FROM:** Phebe Bell

**SUBJECT:** Resolution approving execution of a renewal contract with NAMI Nevada County for services including Family Support and Navigation Services in the maximum contract price \$75,705 for the contract term of July 1, 2025, through June 30, 2026.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Services are funded by Mental Health Services Act (MHSA) monies made available to Nevada County for the Community Services and Supports component of Nevada County's MHSA Plan. These services are included in the proposed FY 25/26 budget. There are no county general fund dollars required in the agreement.

**BACKGROUND:** NAMI Nevada County (NAMI NC) was incorporated in 1985 as the Nevada County Alliance for the Mentally Ill, Inc., a non-profit with specific purposes that included: promoting the general welfare and better treatment for those with mental illnesses, collecting and disseminating information regarding mental illness, informing the public regarding mental health services and needs, working to reduce the stigma of mental illness, and promoting greater understanding and support for families who provide care and assistance. NAMI NC has been true to that beginning throughout the past thirty-five years.

NAMI NC will provide family support and education that includes community system navigation for families who are struggling with understanding and accessing services in the forensic, education, social services, and treatment arenas. Mental health navigation is a growing field especially for mental health consumers. Families whose loved ones are not able to navigate systems due to their health conditions need help in learning what are often unfamiliar systems. When families learn and can help supportively, their family member who is struggling does better.

It is recommended that the Board approve this renewal Contract as it provides support, navigation, and education for families of individuals with mental illness.

**Approved by:** Phebe Bell, Behavioral Health Director