



**NEVADA
COUNTY**
CALIFORNIA

Health and Human Services Agency

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DEPARTMENT OF SOCIAL SERVICES

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: April 7, 2026

TO: Board of Supervisors

FROM: Rachel Peña, Social Services Director

SUBJECT: Resolution approving Amendment No. 2 to the contract with Shona Torgrimson D/B/A Helping Hands Nurturing Center for Nurturing Parenting Program and Supervised Visitation Services for Child Welfare Services, to increase the contract price from \$280,000 to \$315,000 (an increase of \$35,000) and amend Exhibit B, Schedule of Charges and Payments, for the term of July 1, 2024, through June 30, 2025, not to exceed \$152,500, and for the term of July 1, 2025, through June 30, 2026, not to exceed \$162,500, and authorizing and directing the Auditor-Controller to amend the Social Services Department's Budget for Fiscal Year 2025/26 (4/5 Affirmative Vote Required). (RES. 24-314) (RES. 25-225)

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Funding for these services is provided through a grant allocation from the Child Abuse Prevention, Intervention and Treatment (CAPIT) Program; CalWORKs Single Allocation funds; Promoting Safe and Stable Families (PSSF) funds and Department Realignment funds. There are no county general funds required in the Agreement.

BACKGROUND: On June 25, 2024, per Resolution 24-314, the Nevada County Board of Supervisors approved execution of the Professional Services Contract with Shona Torgrimson D/B/A Helping Hands Nurturing Center to provide Prevention and Early Intervention strategies to provide for the safety and permanency of children and services that target the overall well-being of families. This agreement was amended June 3, 2025, per Resolution 25-225, to increase the contract price and amend Exhibit B.

CWS is responsible for ensuring that the critical needs of children and families in the child welfare system are met. Under this agreement, the Contractor will continue to provide the

Nurturing Parenting Program (NPP) and Supervised Visitation Services for CWS families, some of whom will also be receiving CalWORKs benefits. The NPP is family-centered and designed to build nurturing parenting skills. The long-term goals are to:

- Prevent recidivism in families receiving social services
- Lower the rate of teenage pregnancies
- Reduce the rate of juvenile delinquency and alcohol abuse
- Stop the intergenerational cycle of child abuse by teaching positive parenting behaviors

The Contractor will provide NPP services utilizing the NPP curriculum that coordinates health and social services for at-risk families referred by CWS. The Contractor will provide supervised supervision, individual parenting, and group sessions; utilizing the NPP best practices; use of strength based and multi-disciplinary approaches; and focus on family stability and self-sufficiency. Court-ordered monitored visits will be provided by Certified Monitors.

It is recommended that the Board approve this Amendment No. 2 which provides for the increased need for coached, supervised visitation due to higher than anticipated caseloads this fiscal year.

Approved by: Rachel Peña, Social Services Director