



Health and Human Services Agency

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BEHAVIORAL HEALTH DEPARTMENT

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 3, 2025

TO: Board of Supervisors

FROM: **Phebe Bell**

SUBJECT: Resolution approving execution of a renewal contract with Crisis Intervention Services for the provision of Latino Outreach Services, Family Support and Parenting Classes, and Mental Health Stigma Reduction in the Eastern County Region as a component of the County's Mental Health Services Act Prevention and Early Intervention Plan in the maximum amount of \$143,287 for Fiscal Year 2025/26.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Services are funded by Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) funding made available to Nevada County. Services are within the Department's budget. There are no county general fund dollars required in the agreement.

BACKGROUND: Nevada County and Placer County recently issued a joint Request for Interest (RFI) for MHSA Prevention and Early Intervention programs in the Tahoe/Truckee region for FY 2025/26. Crisis Intervention Services (CIS) was successful in the process and will deliver services to the Tahoe/Truckee region in both Placer and Nevada Counties in the areas of 1) Latino Outreach Services; 2) Family Support and Parenting Classes; and 3) Mental Health Stigma Reduction.

- 1) Latino Outreach Services: Crisis Intervention Services has been serving the Latino population in Truckee since 2001. Through the Family Resource Center Promotoras Program, paraprofessionals offer health education and assist Latino families in connecting to health resources.
- 2) Family Support and Parenting Classes: CIS will provide play groups, support groups and classes aimed at decreasing family isolation, fostering development of peer networks and building skills and confidence in parents.
- 3) Mental Health Stigma Reduction: CIS will provide empowerment groups to students to promote healthy relationships, increase positive self-worth, engage and empower youth to

speaking out and modeling healthy lifestyles, and increase the understanding of mental health stigmas and how to support others and seek help.

It is recommended that the Board approve the contract which helps to increase the numbers of Latinos seeking mental health treatment, provide support for families and parents, and decrease stigma in accessing and receiving mental health services in the Tahoe/Truckee region.

Approved by: Phebe Bell, Behavioral Health Director