



**NEVADA COUNTY**  
**HEALTH & HUMAN SERVICES**  
**AGENCY**

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**Agency Director**  
**Michael Heggarty, MFT**

**Behavioral Health Director:**  
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**BEHAVIORAL HEALTH DEPARTMENT**  
**(Mental Health, Drug and Alcohol Program)**

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**NEVADA COUNTY BOARD OF SUPERVISORS**  
**Board Agenda Memo**

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**MEETING DATE:** June 25, 2019  
**TO:** Board of Supervisors  
**FROM:** **Phebe Bell**  
**SUBJECT:** Resolution approving execution of a renewal contract with Tahoe Truckee Unified School District (TTUSD) for the provision of Wellness Program Services in the eastern county region as a component of the County's Mental Health Services Act (MHSA) Prevention and Early Intervention Plan in the maximum amount of \$57,570 for FY 2019/20.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Contract services are funded by MHSA (Mental Health Services Act) dollars. MHSA funds may be used to improve the availability and access to mental health services and to reach segments of the population identified as being unserved and/ or underserved. Services are within the department's FY 2019/20 budget. There are no county general fund dollars required in the contract.

**BACKGROUND:** Under this Agreement, Tahoe Truckee Unified School District shall continue the school-based Wellness Centers Program Services for its students. The Wellness Program is a collaborative project among TTUSD, the counties of Placer and Nevada, and Community Collaborative of Tahoe Truckee partners and youth. The project is designed to help high school students build protective factors, reduce risk factors/behaviors and increase access to a broad spectrum of mental health services. The Wellness Centers provide a comfortable setting for students to drop-in during their breaks to ask questions, get support, or just relax. The Wellness Centers offer a variety of services including a Peer Mentor Program, trained support staff and volunteers, and a variety of wellness workshops. In FY 2016/17, TTUSD Wellness Centers provided 10 unique types of group classes and workshops to 121 unduplicated participants.

Additionally, the Drop-In Center resulted in 7,279 duplicated drop-in contacts across North Tahoe High and Truckee High, serving approximately 43 students per day.

With funds from this Agreement, the Contractor will continue operation of Wellness Centers at Truckee High School, North Tahoe High School, and individualized wellness programming services at Sierra High School.

The Wellness Centers provide a single entry point for students to connect to supportive adults and access wellness programs and linkages to other community resources. Funds from this agreement will be used to help support:

- TTUSD's Wellness Coordinator's time to develop, implement and maintain wellness programming materials, manage the budget and supervise staff and volunteers;
- Wellness Center Liaison's time to coordinate on-site Wellness Services at North Tahoe and Truckee High;
- TTUSD's contracted services with Gateway Mountain Center to provide support for Sierra High Wellness Programming, including: retreats, interviews, core gifts;
- Resource Materials and operating supplies including desks, chairs, lamps and bookcases;
- Food and supplies to host youth, parents and community meetings;
- Expenses incurred to send Wellness Center Staff and youth to training events and bring trainers to local training events.

It is recommended that the Board approve this Agreement as it will provide funding to sustain a continuum of preventive and needed intervention services to promote the emotional and behavioral health of students in the Eastern County region.

**Item Initiated and Approved by:** Phebe Bell, MFT, Behavioral Health Director