



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

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NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: September 12, 2017

TO: Board of Supervisors

FROM: **Rebecca Slade**

SUBJECT: Resolution approving execution of a contract with Psynergy Programs, Inc. for the provision of residential board and care services and outpatient mental health services in the maximum amount of \$50,000 for the term of June 1, 2017 through June 30, 2018 and authorizing and directing the Auditor-Controller to release fund balance and amend the Behavioral Health Department's Budget for Fiscal Year 2017/18 (4/5 vote required).

RECOMMENDATION: Approve the attached Resolution.

FUNDING: These services are mandated. The contract is supported by Behavioral Health's Managed Care Allocation funding, Medi-Cal reimbursement and Realignment dollars. A budget amendment is included and requires a 4/5 vote by the Board members. There are no county general fund dollars required.

BACKGROUND:

Under this Agreement, Psynergy Programs, Inc. will provide residential board and care services and outpatient mental health services for referred clients of Behavioral Health.

Psynergy Programs, Inc. provides both residential and mental health services to people with serious mental illnesses ages 18 and above. The program utilizes tenets of the Wellness and Recovery, Integrated Dual Diagnosis Treatment and Modified Therapeutic Community (MTC) treatment models, (Phase One, Two and Four). Contractor's programs are an alternative to locked settings such as a State Hospital, Psychiatric Hospital, an Institute for Mental Disease (IMD), a Psychiatric Health Facility (PHF) and Jail. The ultimate goal of Contractor's services is to improve each individual's quality of life, to help individuals gain the skills and ability necessary to stay out of locked hospital settings and to move into a less restrictive living arrangement in the community.

Psynergy Programs, Inc. provides services to individuals diagnosed with Serious Mental Illness (SMI) and Serious Persistent Mental Illness (SPMI) whose level of functioning, symptoms, and psychiatric history necessitate service intervention to maintain the individual in community settings. The goal is to assist individuals in IMD levels of care to step-down and transition back into the community with the support that has been demonstrated to be the most effective, using the Modified Therapeutic Community and Wellness and Recovery models.

It is recommended that the Board approve this contract as it allows for the placement of Nevada County adult clients in need of mental health and residential care services.

Item Initiated and Approved by: Rebecca Slade, MFT, Director of Behavioral Health