

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

500 CROWN POINT CIRCLE, STE. 120 GRASS VALLEY CALIFORNIA 95945

10075 LEVON AVE., STE 204

TRUCKEE,

CALIFORNIA 96161

Health & Human Services Agency Director Rvan Gruver

Behavioral Health Director:

Phebe Bell, MSW

Behavioral Health Medical Director: Aubrey Eubanks, M.D.

> TELEPHONE (530) 265-1437 FAX (530) 271-0257 TELEPHONE (530) 582-7803 FAX (530) 582-7729

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 23, 2020

TO: **Board of Supervisors**

FROM: Phebe Bell

SUBJECT: Resolution approving execution of a renewal contract with Victor

Community Support Services, Inc. for the provision of Wraparound and

Therapeutic Behavior Services (TBS) in the maximum amount of \$2,366,148 for the term of July 1, 2020 through June 30, 2021.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Services are funded by Medi-Cal reimbursement, Mental Health Services Act (MHSA) monies (made available to Nevada County from the State), 2011 Realigned EPSDT funds, and State and Local SB 163 Program funding. The services were included in the FY 2020/21 budget and there are no county general fund dollars required in the Agreement.

BACKGROUND:

Under this Agreement, the Victor Community Support Services will continue to provide MHSA program services for children and youth including Wraparound Services and Therapeutic Behavioral Services (TBS) in both Western and Eastern Nevada County, and adult case management services in Eastern Nevada County.

The target population for the program is children and youth (and their families) who are: seriously emotionally disturbed or seriously mentally ill and at risk or involved in the juvenile justice system, who are likely to benefit from intensive community- based treatment; at risk of psychiatric hospitalization, homelessness, academically failing or special education students within the program. The Contractor shall provide Wraparound services as a Full-Service Partnership consistent with Nevada County's approved MHSA Community Services and Supports Plan. Wraparound includes treatment services, personal support services, and any other support

necessary to maintain the child/youth in the family home or at the lowest level of appropriate care. This program began in 2007-08 and has been successful in meeting EPSDT/Medi-Cal funding targets since that time. Therapeutic Behavior Services (TBS) are mental health services for youth who have severe emotional problems and are currently placed in residential treatment, recently returned home from residential treatment, or are at risk of such placement, or have been hospitalized recently for mental health problems. TBS helps to effect change in targeted behaviors and achieve short-term goals through one to one contact between a mental health provider and a beneficiary for a specified short period. The goal of TBS is to prevent residential placement or psychiatric hospitalization, or to enable transition from those institutions to a lower level of care.

Program services will include:

- An assessment and completion of a coordinated care plan (CCP) for each participating youth;
- A complete range of mental health services, consisting of psychiatric evaluation, medication support, individual and group therapy, family therapy, case management and collateral services:
- Rehabilitation services with as needed assistance with daily living, education and training and skill development;
- Establishment of quantifiable treatment/services goals and treatment objectives;
- Coordination of care and collaboration of with criminal justice, mental health, public health substance abuse providers, attorneys, courts, schools, social services and other agencies or providers that may be involved with the juvenile's treatment and recovery needs.

The Contractor also serves SB 163 target population clientele. This program serves youth and families in Nevada County, who are currently placed or at-risk for placement in a Short-Term Residential Treatment Program (STRTP) and who meet the other defined eligibility criteria. Finally, the program will also provide case management services to adult clients of Nevada County Behavioral Health in the Truckee region.

The economic ramifications of the Coronavirus pandemic are significantly impacting major funding sources relied on by the department. Behavioral Health is monitoring the situation closely and is actively involved in advocacy efforts through the County Behavioral Health Directors Association (CBHDA) to ensure reasonable funding for county services. Additionally, the department has reviewed the 20-21 budget carefully and areas for reduction have been identified to reduce the pressure on existing funding sources. At the same time, demand for behavioral health services is likely to increase over coming months due to both the economic stress and social isolation of this time, as well as due to increasing numbers of Medi-Cal beneficiaries in our county. The department is proposing to move forward with critical contracts at levels similar to what was originally budgeted, but with the understanding that midyear reductions may be necessary if revenues continue to decline. Behavioral Health staff are in close communication with all contractors and have provided support to them around modifying their processes and protocols so that staff can remain safe and community members can safely get the care they need. Staff are also working closely with providers to increase productivity so that we can continue to maximize our ability to draw down federal funds. Providers are aware that midyear cuts may be needed if the economic situation worsens. Additional analysis and review will be done as needed throughout the year. This contract does not rely on general funds and Behavioral Health's current anticipated revenues along with fund balances are sufficient to support this contract at this time.

It is recommended that the Board approve the agreement as it addresses the real life needs of adults and juveniles with mental illness, increases consumer and family participation, and advances a coordinated care structure to help reduce the need for out of home placements.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health