

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: October 25, 2022

TO: Board of Supervisors

FROM: Phebe Bell

SUBJECT: Resolution approving execution of Amendment No. 1 with Turning

Point Community Programs, Inc. for the provision of Adult Assertive Community Treatment (AACT) Program, Respite, Case Management, and Housing Services as a component of the County's Mental Health Services Act (MHSA) Community Services and Supports (CSS) Plan to increase the contract price from \$4,645,108 to \$5,481,108 (an increase of \$836,000), revise Exhibit "A" Schedule of Services to incorporate one-time program expansions and purchases and amend Exhibit "B" Schedule of Charges and Payments to reflect the increase in the maximum contract price for the contract term of July 1, 2022,

through June 30, 2023. (RES 22-310)

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Services are funded by Mental Health Services Act (MHSA) monies made available to Nevada County from the California Department of Health Care Services (DHCS), 1991 Realignment, Medi-Cal Federal Financial Participation (FFP), Grants for the Benefit of Homeless Individuals (GBHI) through Substance Abuse and Mental Health Services Administration (SAMHSA), Community Mental Health Centers (CMHC) through SAMHSA, Prop 47 funds and Realignment funds made available by the Department of Social Services. The maximum is based on the actual cost of grant programs and projected units of services anticipated to be delivered and associated program expenses. House acquisition funds are

coming from County ARPA funds. Services are in the department's budget for FY 2022/23 and this Agreement requires no county general fund dollars.

BACKGROUND: On June 28, 2022 per Resolution 22-310, the Nevada County Board of Supervisors executed a contract with Turning Point Community Programs, Inc. to continue to provide Adult Assertive Community Treatment (AACT) Program Services as a Full-Service Partnership (FSP) and consistent with Nevada County's approved MHSA Community Services and Supports Plan.

Under this Agreement, Turning Point Community Programs operates the Insight Respite Center which houses an ongoing caseload of four (4) qualified clients. The Insight Respite Center resulted from the County and its stakeholders identifying a need for an alternative to inpatient hospitalization for individuals experiencing a mental health crisis. For years, stakeholders have advocated for the expansion of the County's crisis continuum of care to include the development of a respite care center where individuals can receive temporary housing and supportive counseling services. The County's receipt of SB 82 State funding, supplemented by MHSA Community Services and Support (CSS) funds, were utilized to develop and implement a respite care center that has four (4) beds and operates 24 hours per day, 7 days per week (24/7). This center is peer-run, in coordination with clinical support and is called the Respite Insight Center.

Turning Point provides the facility and program staffing for this Center. Participants are offered an opportunity to utilize respite support up to 14 days. If individuals need additional time at the center, the Center team will document, consider requests, and may authorize additional days. The maximum length of stay is 28 days per admission. The participants are also linked to valuable community resources to support their recovery once they leave the Center. The target population served by this center are residents of Nevada County and Sierra County who are over the age of 18 years, have a mental illness, and as a result of the disorder the individual is at risk of needing a higher level of care, including possible placement in a facility such as a: psychiatric hospital, an Institute of Mental Disease (IMD), Mental Health Rehabilitation Center (MHRC), or Crisis Stabilization Unit, or the individual has recently been discharged from one of these placements, or is experiencing a first episode or re-emergence of a psychotic break.

The project site for Insight Respite Center has historically been master leased by Turning Point. In recent years, competitive rental markets and property turnover have resulted in volatility for this program, causing the Center to pause services while finding a new site to relocate to. This amendment will provide American Rescue Plan Act (ARPA) funds for Turning Point to secure a permanent site for Insight Respite Center services. The County will impose a 55-year Deed Restriction agreed to by Turning Point and the County to utilize the property for respite services. Notice of Intent to Purchase an Interest in Real Property will be provided for the property that is ultimately identified.

Turning Point is currently contracted with the County to provide peer support and case management services through the Substance Abuse and Mental Health Services Administration (SAMHSA) Community Mental Health Centers (CMHC) grant. It has been approved through SAMHSA to allow Turning Point to purchase two (2) vehicles with grant funds for the purpose of transporting clients to and from services. Transportation is often a barrier to clients receiving mental health services due to Nevada County's rural geographic location. The addition of these vehicles will enable staff to assist clients with transportation needs. Additional funding will go towards incentivizing clients to participate in SAMSHA mandated interviews used for data collection purposes.

It is recommended that the Board approve this Amendment 1 to increase the contract price for Turning Point to purchase real property for respite services and vehicles to support the CMHC grant deliverables. Turning Point Community Programs, Inc. has proven to be an effective community partner in providing an array of client driven services that increases consumer and family participation and advances a coordinated care structure helping to reduce the need for hospitalization and out-of-home placements.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health