# APPLICATION FOR APPOINTMENT TO COUNTY BOARDS/COMMISSIONS AND COMMITTEES

Instructions: You may fill out this application on-line by tabbing between fields. After you have completed the form, print the application by clicking on the Print button at the bottom of the page. Alternatively, you may print the blank form and fill it out by hand. You must sign and date the application. Attach any additional documents and mail to the address at the bottom of the form.

Name of Board/Commission/Committee as listed on announcement:  Adult and Family Services Commission
Adult and Family Services Commission
Filing Period (as listed on the announcement):
Type of Member: Incumbent? C Yes C No
Name: Last Larsen First Barbara
Residence Address (Must be a resident of Nevada County) Mailing Address, if different from residence
Address Address
City City
Supervisorial District 1 through 5 (Available from Election Office, 265-1298)  Home Phone with area code  Unlisted?
Email Address Work Phone with area code Extension
Time(s) available to attend meetings (days, evenings, etc.)
most times
<b>Experience:</b> A resume, or additional sheets, <u>may</u> be attached containing any information that would be helpful to the Board in evaluating your application.
Education/Employment Experience See attached resume
Community Experience and Affiliations
See attached resume
Other County Boards, Commissions, or Committees on which you have served:
Years ago I was on the Adult and Family Services Commission Board
Other experience you feel would be helpful to the Board of Supervisors in making this appointment:
From 2019 - 2020 (one year) I was on the Board of the Gold Country Senior Services Founding member of the Elder Care Provider's Coalition of Nevada County See attached resume
References: Please list two references with telephone numbers
Alison Lehman CEO of Nevada County
Kimberly Parker, Executive Director of the Sierra Memorial Hospital Foundation
Applicants <u>may</u> be required by State Law and County Ordinance to file a financial disclosure statement as part of the appointment process. The form may be viewed at <a href="http://www.fppc.ca.gov">http://www.fppc.ca.gov</a> . An Oath of Office will be required upon appointment.  I have reviewed the <a href="financial Disclosure Statement">Financial Disclosure Statement</a> requirement:
Signature Barbara Larlen Date March 16, 2021
Applications must be filed with: Clerk of the Board of Supervisors, County of Nevada, 950 Maidu Ave., Nevada City CA

**Print Form** 

Document-16360 Rev 1/2008

**95959-8617**. This application is a public document.

### Curriculum Vitae

## Professional Experience

### Current

Creator & Author

Movement with Meaning A Multisensory Program for Individuals with Early Stage Alzheimer's Disease or other Neurological Disorders

Providing in-service training for health care professionals in the field of dementia care in a variety of settings: American Society on Aging and Alzheimer's Association Conferences, residential care facilities (RCFE Vendor # 10007717402), adult day care centers, medical centers/hospitals, and hospice programs

Private Geriatric Care Manager

In-home assessments; accessing support through referrals to services and resource agencies; developing a person-centered care plan for individuals with a memory impairment and their family caregivers

Ongoing in-service seminars for family caregivers through the Yes I Can!series, adult day care centers, residential care facilities, county agencies, and social organizations

Facilitator: Support Group for Families and Friends of People with Memory Loss at Eskaton Village in Grass Valley

Model eHealth Broadband Technology and Connecting to Care Caregiver Training Series

Providing in-service training to health care professionals in rural communities to increase quality of care and help meet the needs of SNF residents while reducing caregiver fatigue and stress

Presentations to annual American Society on Aging and the Alzheimer's Association conferences nationally and in Canada (British Columbia & Ontario)

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1998 - 2008 Family Consultant

Del Oro Caregiver Resource Center Nevada County Satellite Program

Serving families and caregivers of brain-impaired adults by providing in-home assessments, developing a care plan, and accessing a support system through referrals to local resources and professionals; providing in-service training for health care professionals and family caregivers

1988 - 1999 Education Consultant

Del Oro Caregiver Resource Center Carmichael, California

Providing in-service and program treatment for healthcare professionals, family caregivers, and business and service organizations whose patients, clients, or loved ones with Alzheimer=s Disease or related disorders

1990 - 1994 Private Practice

Elder Connection Nevada County, California

Assessing in-home needs and providing service coordination for the frail elderly and their caregivers

1988 - 1990 Program Director

Adult Social Day Care Program Grass Valley, California

Hiring, training, and supervising staff; creating individual service plans for participants; offering caregiver education and support

1985 - 1988 Communication/Language Specialist

Nevada County Adult Education Program Grass Valley, California

Creating a program of multisensory exercises for cognitively impaired adults in a local skilled nursing facility

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Skills and Credentials

Community College Teaching Credential, California

Certified Massage Therapist, California

Founding Member of the Elder-Care Providers' Coalition in Nevada County

Memberships: American Society on Aging,

Aging Life Care (formally the National Association of Professional Geriatric Care Managers)

Media Outreach: Caregiver Issues series on KNCO-AM Healthline Program

Newspaper articles for The Union, Colfax Record, and The Auburn Journal Quarterly newsletter/magazine articles for Pathways and Early Alzheimer

and Activity Director Quarterly Journal

On-Line Journal - Memory Key, guest columnist Speaker on FCAT, Nevada County cable-TV channel

"Senior Connections" monthly column for the Senior Living Edition of

The Union

Public Relations: Participation in annual Stepping Out for Alzheimer's Walk, Nevada County Board member of the Gold Country Senior Services, 2019 - 2020

Awards: Nevada County Health and Human Services Agency, Community Partner Awards, 2008 and 2010; Community Leadership for the SAGE Project, 2012

## Education

June, 1977 Master of Arts in Education - Santa Clara University, California

June, 1974 Bachelor of Arts in English Literature - San Jose State University,

California

REFERENCES FURNISHED UPON REQUEST

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