

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

Health & Human Services Agency Director Ryan Gruver

Behavioral Health Director: Phebe Bell, MSW

Behavioral Health Medical Director: Aubrey Eubanks, M.D.

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: July 11, 2023

TO: **Board of Supervisors**

FROM: Phebe Bell

SUBJECT: Resolution approving execution of Amendment #1 to the contract with

> Common Goals, Inc. for the provision of outpatient rehabilitative treatment services for the recovery and treatment of substance use disorders to increase the maximum contract price from \$955,791 to \$1,065,791 (an increase of \$110,000) and revise Exhibit "B", Schedule

of Charges and Payments to reflect the increase in the maximum

contract price for FY 22/23. (RES 22-305)

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Funding is provided through Drug Medi-Cal Federal reimbursement, 2011 Realignment and reimbursement from Probation and Social Services for participants referred through their departments. Services are within the Department's FY 22/23 budget and there are no County general fund dollars required in the Contract.

BACKGROUND: On June 28, 2022, per Resolution 22-305, the Nevada County Board of Supervisors approved execution of the Professional Services Contract with Common Goals, Inc. who provides education and treatment services to persons affected by the disease of alcoholism and/or drug addictions. Under this Contract, the Contractor will continue to provide outpatient rehabilitative treatment services for Medi-Cal Beneficiaries for the recovery and treatment of substance use disorders. The service program will be for adults (over the age of eighteen) both males and females; and adolescents both males and females, offering individual and group outpatient rehabilitation services for Nevada County Medi-Cal beneficiaries.

Each client receives individual counseling and group counseling. Individual counseling includes intake, evaluation/assessment, treatment and discharge planning, collateral services and crisis intervention. Group counseling can occur in person or via tele-health and includes one or more counselors treating two or more clients, up to a total of twelve clients, at the same time, focusing on needs of the individuals served. Sessions focus on overcoming substance abuse related obstacles to achieve short-term personal, family, job/school and other goals.

Additionally, per the Amendment, Contractor will provide Intensive Outpatient Treatment (IOT) which consists of alcohol and drug treatment services (intake, individual counseling, group counseling, patient education, family therapy, medication services, collateral services, crisis intervention, treatment planning, discharge services) in a non-residential setting.

Common Goals has seen a steady increase in the utilization of their contract over the last several months making it hard to project how much of an increase would be needed. This amendment will allow the department to serve the demand that has grown over the course of the year.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health