

Health and Human Services Agency

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BEHAVIORAL HEALTH DEPARTMENT

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 3, 2025

TO: Board of Supervisors

FROM: Phebe Bell

SUBJECT: Resolution approving execution of a contract with Gold Country

Community Services, DBA Gold Country Senior Services for home-based mental health screenings for seniors in the maximum amount of \$100,940 for the contract term of July 1, 2025 through June 30, 2026.

RECOMMENDATION: Approve the attached Resolution.

<u>FUNDING</u>: Services are funded by Mental Health Services Act (MHSA) monies made available to Nevada County for the PEI (Prevention and Early Intervention) component of Nevada County's MHSA Plan. There are no county general fund dollars required in the agreement.

BACKGROUND: PEI funding is intended to support strategies to help identify and increase prevention efforts and responses to early signs of emotional and behavioral health problems among specific at-risk populations. Nevada County's population of older adults is higher than the California state average. Older and homebound adults tend to be isolated and have less community connections and supports, resulting in higher risk factors correlated with depression and mental illness.

Through this funding, Gold Country Senior Services' bi-lingual case manager will conduct home visits to older, homebound adults in Nevada County as part of the evidence-based PEARLS (Program to Encourage Active and Rewards Lives) curriculum. The worker will conduct depression screening using a standardized screening tool. The worker will connect the consumer with appropriate services such as primary care and behavioral health services and will provide educational materials as needed.

It is recommended that the Board approves this contract, as it builds community capacity and collaboration for providing behavioral health intervention and for addressing existing and emerging problems in the County's older adults and adults with disabilities population.

Approved by: Phebe Bell, Behavioral Health Director