



**NEVADA COUNTY  
HEALTH & HUMAN SERVICES  
AGENCY**

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**NEVADA COUNTY BOARD OF SUPERVISORS**

**Board Agenda Memo**

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**MEETING DATE:** June 13, 2023

**TO:** Board of Supervisors

**FROM:** Rachel Peña

**SUBJECT:** Resolution approving a contract with Shona Torgrimson d/b/a Helping Hands Nurturing Center for Nurturing Parenting Program (NPP) in the maximum amount of \$81,400 for the term of July 1, 2023 through June 30, 2024.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Funding for these services is provided through a grant allocation from CalWORKs Single Allocation funds and Department Realignment funds. Services are within the Department's FY 2023/24 budget and there are no county general funds required in the Agreement.

**BACKGROUND:** CalWORKs is a program that gives cash aid and services to eligible families for a limited amount of time. The program provides limited cash and support for basic needs such as housing, food, utilities, clothing or medical care. The goal is to assist the families in achieving self-sufficiency. Parenting sessions and participation in supportive group sessions assist in strengthening the families ability to achieve this goal.

Per this Agreement, the Contractor will provide Nurturing Parenting Program (NPP) services utilizing The Nurturing Parenting Program (NPP) curriculum that coordinates health and social services for at-risk families referred by CalWORKs. Services include: Parenting sessions and/or group services; utilizing the NPP best practices; use strength based and multi-disciplinary approaches; and focus on family stability and self-sufficiency.

It is recommended that the Board approve this Agreement which provides necessary services and support to families receiving Nurturing Parenting Program services as referred to by CalWORKs Services to improve outcomes for Nevada County children and families.

**Item Initiated and Approved by:** Rachel Peña, LCSW, Director of Social Services