



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

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NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: January 25, 2022

TO: Board of Supervisors

FROM: Phebe Bell

SUBJECT: Resolution approving execution of Amendment 1 to the contract with Tahoe Truckee Unified School District (TTUSD) for the provision of Wellness Program Services in the eastern county to increase the contract price from \$50,587 to \$100,587 (an increase of \$50,000), revise Exhibit "A" Schedule of Services to incorporate expansion of wellness centers into middle schools and amend Exhibit "B" Schedule of Charges and Payments to reflect the increase in the maximum contract price for the contract term of July 1, 2021, through June 30, 2022. (RES 21-215).

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Contract services are funded by MHSA (Mental Health Services Act) dollars. MHSA funds may be used to improve the availability and access to mental health services and to reach segments of the population identified as being unserved and/ or underserved. A budget amendment will be included in the County Wide Budget Amendment to cover this increase. There are no county general fund dollars required in the contract.

BACKGROUND: On June 15, 2021 per Resolution 21-215, the Nevada County executed a contract with Tahoe Truckee Unified School District for Wellness Program Services as a component of the County's Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Plan. Under this Agreement, Tahoe Truckee Unified School District shall continue the school-based Wellness Centers Program Services for its students. The program is financially supported by both Nevada County and Placer County and is comprised of Wellness Centers at North Tahoe High and Truckee High, individualized wellness programming at Sierra High and the Community School (Placer County Court School), and outreach and education to North Tahoe Middle School, Alder Creek Middle School and the elementary schools. The project

is designed to help high school students build protective factors, reduce risk factors/behaviors and increase access to a broad spectrum of mental health services. The Wellness Centers provide a comfortable setting for students to drop-in during their breaks to ask questions, get support, or just relax. The Wellness Centers provide a safe, supportive environment at school where students can go to discuss a variety of issues from depression, anxiety, stress, grief, and family life to dating violence, sexual identity and health needs. Through both on-campus programming and community-based partnerships, students receive coordinated health education, screenings, counseling and other supportive services to improve their mental and emotional health.

There have been growing concerns for the mental health of middle school students, especially after a year of distance/hybrid learning during the COVID 19 pandemic. Through this amendment, Nevada County will support the planned expansion of Wellness Centers into Alder Creek and North Tahoe Middle Schools. This expansion will fund staff training, contracts with therapists and social workers, support materials, office supplies and furniture, and data entry support.

It is recommended that the Board approve this Amendment as it will provide funding to sustain a continuum of preventive and needed intervention services to promote the emotional and behavioral health of students in the Eastern County region.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health