



**NEVADA  
COUNTY**  
CALIFORNIA

Health and Human Services Agency

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**DEPARTMENT OF SOCIAL SERVICES**

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**NEVADA COUNTY BOARD OF SUPERVISORS**

**Board Agenda Memo**

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**MEETING DATE:** June 16, 2026

**TO:** Board of Supervisors

**FROM:** Rachel Peña

**SUBJECT:** Resolution approving a renewal contract with Shona Torgrimson d/b/a Helping Hands Nurturing Center for Nurturing Parenting Program in the maximum amount of \$65,000 for the term of July 1, 2026, through June 30, 2027.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Funding for these services is provided through a grant allocation from CalWORKs Single Allocation funds and Department Realignment funds. Services are within the Department's Fiscal Year 2026/27 budget and there are no county general funds required in the Agreement.

**BACKGROUND:** CalWORKs is a program that provides cash aid and services to eligible families for a limited amount of time. The program provides limited cash and support for basic needs such as housing, food, utilities, clothing or medical care. The goal is to assist the families in achieving self-sufficiency. Parenting sessions and participation in supportive group sessions assist in strengthening the families' ability to achieve this goal.

Per this agreement, the Contractor will provide Nurturing Parenting Program (NPP) services utilizing The Nurturing Parenting Program (NPP) curriculum that coordinates health and social services for at-risk families referred by CalWORKs. Services include parenting sessions and/or group services utilizing the NPP best practices; use of strength based and multi-disciplinary approaches; and focus on family stability and self-sufficiency.

It is recommended that the Board approve this agreement which provides necessary services and support to families receiving Nurturing Parenting Program services as referred to by CalWORKs Services to improve outcomes for Nevada County children and families.

**Approved by:** Rachel Peña, LCSW Director of Social Services