



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

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(Mental Health, Drug and Alcohol Program)

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NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: March 12, 2024

TO: Board of Supervisors

FROM: Phebe Bell

SUBJECT: Resolution approving execution of an amendment to the contract with Recover Medical Group for services for Medi-Cal beneficiaries for the recovery and treatment of alcohol /drug dependency to revise Exhibit "A", Schedule of Services to reflect the addition of Medication Assisted Treatment (MAT) services for the current contract amount of \$142,329 for the term of July 1, 2023 through June 30, 2024.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Funding is provided through Drug Medi-Cal Federal reimbursement and 2011 Realignment. Services are within the Department's FY 23/24 budget and there are no County general fund dollars required in the Agreement.

BACKGROUND: On June 27-2023, per Resolution 23-300, the Nevada County Board of Supervisors approved execution of the Professional Services Contract with Recover Medical Group to provide Substance Use Disorder (SUD) Outpatient Treatment Services, Intensive Outpatient Treatment, Recovery Services, and Care Coordination. Services consist of intake and assessment, treatment planning, individual and group counseling, client education, medication services, collateral services, crisis intervention, and discharge planning. Coordination of care includes services to assist beneficiaries in accessing needed medical, psychological, educational, social, vocational, rehabilitative, and other community services.

The innovative and evidenced-based treatment programs provided by Recover Medical Group are designed to help reach Nevada County individuals and families who live rurally, by

providing a telehealth option. This is particularly helpful for residents in Truckee as well as for young people who may be more interested in the privacy and flexibility of virtual services. Recover Medical Group helps clients to achieve and maintain healthy and rewarding lives, leading to long-term self-sufficiency and the restoration of family systems.

It is recommended that the Board approve this Amendment as Recover Medical Group is an existing contracted provider and has partnered with NCBH since 2022. Recover Medical Group specifically provides access to medical prescribers through their telehealth platform, thus ensuring the availability of MAT services. Nevada County is experiencing a significant impact from opioid use disorder, and specifically from the prevalence of fentanyl in our local drug supply. As a result, the County has seen major increases in our overdose rates, both fatal and non-fatal. As a small rural county, many obstacles make accessing treatment challenging for our residents and particularly those without housing or treatment. Public transportation is extremely limited which makes getting to treatment sites hard for those without vehicles. Furthermore, our local MAT providers mostly require appointments to access care, which can be challenging for people in crisis. Utilizing Recover Medical Group, the county can expand availability of MAT services, helping to relieve a bottleneck to MAT and other substance use services for these remote communities.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health