

# NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

Health & Human Services Agency Director: Ryan Gruver

Behavioral Health Director: Phebe Bell, MSW

Behavioral Health Medical Director: Aubrey Eubanks, M.D.

#### **BEHAVIORAL HEALTH DEPARTMENT**

(Mental Health, Drug and Alcohol Program)

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## NEVADA COUNTY BOARD OF SUPERVISORS Board Agenda Memo

**MEETING DATE:** June 27, 2023

**TO:** Board of Supervisors

FROM: Phebe Bell

**SUBJECT:** Resolution approving the Nevada County Mental Health Services

Act (MHSA) Three Year Program and Expenditure Plan for FYs 23/24, 24/25, and 25/26; and Annual Progress Report for FY

21/22.

**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** The estimated program expenditures for implementing the Three Year Program and Expenditure Plan for FYs 23/24, 24/25, and 25/26 are \$30,531,160. MHSA funds may only be used to establish or expand services for approved plan components, and may not be used to supplant funding for programs existing prior to the enactment of MHSA. The Proposed Plan does not require any county match or county general fund dollars and is planned for within the Department's existing budget.

## **BACKGROUND:**

The Mental Health Services Act (Proposition 63) adopted by the California electorate on November 2, 2004, increased overall State funding for the community mental health system by imposing a 1% income tax on California residents with more than \$1 million per year in income. The stated intention of the proposition was to "transform" local mental health service delivery systems from a "fail first" model to one promoting intervention, treatment and recovery from mental illness. A key strategy in the act was the prioritization of prevention and early intervention services to reduce the long-term adverse impacts of untreated, serious mental illness on individuals, families and state and local budgets. Every three years, counties must develop and submit a three-year plan that serves as a strategic

roadmap for MHSA funding, in addition to a progress report summarizing program evaluation outcomes.

Nevada County Behavioral Health gathered input on priorities for MHSA funding from 220 individuals representing 23 focus groups, key informant interviews, and community input processes. In the Tahoe Truckee region, NCBH referred to the comprehensive behavioral health landscape and roadmap conducted by the Community Collaborative of Tahoe Truckee, which included a data map, provider survey, key informant interviews, and stakeholder engagement. The Three Year Program and Expenditure Plan for FYs 23/24, 24/25, and 25/26 and Annual Progress Report for FY 21/22 were shared with the Mental Health Board, MHSA Steering Committee, and community members via email, newsletters, and several community meetings. A Notice of Public Comment Period of April 5, 2023 through May 5, 2023 was posted, and the proposed Plan has been available on the County website for review and comments. The final public hearing was held at our local Mental Health Board meeting on May 5, 2023.

#### **FYs 23/24, 24/25, and 25/26 Three Year Plan Overview**

### • Summary of Key Changes from Prior Three Year Plan

- Expansions of most existing funded programs (average of 28% increase)
   including but not limited to increased Adult Full Service Partnership slots
- New programming:
  - Indigenous Outreach: outreach to the Indigenous population including family support and education, stigma reduction, training, and linkage to mental health services
  - Senior Outreach: new provider to expand evidence-based PEARLS depression screening and treatment for older adults, and support for senior center wellness programming
  - Domestic Violence and Sexual Assault Advocacy program with focus on North San Juan area
  - Homeless Outreach: expansion of youth/young adult homeless outreach and case management services to school provider
  - Support for community-based youth wellness center in Truckee
  - Support for Behavioral Health workforce development strategies such as loan repayment, scholarships, and training
- o Key Priorities for FYs 23/24, 24/25, and 25/26:
  - Continued focus on supportive housing and serving those experiencing homelessness, including establishing sustainability for the Homeless Outreach and Medical Engagement (HOME) Team Innovation project
  - Evaluate impact of Medi-Cal Payment Reform on MHSA utilization
  - Increase accessibility of services including expanded drop-in services through launch of centralized community-based wellness center
  - Improve culturally appropriate services to targeted and underserved focus populations
  - Implementation of new Electronic Health Record (EHR) including streamlined documentation processes, and improved data sharing and reporting capabilities

- Enhance timely supportive services after mental health crisis and/or hospitalization
- Identify and implement new Innovation project current project ends in June 2024
- Sustained prioritization of those with criminal justice involvement
- Improve transition between youth and adult behavioral health services
- Implement comprehensive mobile crisis model that aligns with state requirements and best practices, including utilization of peers
- Increased and strategic utilization of peer specialists within behavioral health system of care, including certified Medi-Cal peer specialists
- Partner more closely with Medi-Cal managed care plans for "whole health" approach for behavioral health clients with high medical needs
- Monitor upcoming ballot measure proposed by Governor Newsom and DHCS to change MHSA funding categories and regulations
- Workforce Education and Training (WET) programming including peer support, intern supervision, training, and supporting statewide strategies to increase the behavioral health workforce

**Annual Progress Report for Fiscal Year 2021/22:** Also enclosed in this document is Nevada County's MHSA Annual Progress Report for FY 2021/22 for funded programs.

The Behavioral Health Department respectfully requests that the Nevada County Board of Supervisors approve the MHSA Three Year Plan for FYs 23/24, 24/25, and 25/26 and Annual Progress Report for FY 21/22, so the Department may submit to the Mental Health Services Oversight and Accountability Commission (MHSOAC) and to the Department of Health Care Services (DHCS) by the mandated deadline of June 30, 2023.

**Item Initiated and Approved by:** Phebe Bell, MSW, Director of Behavioral Health