



**NEVADA COUNTY  
HEALTH & HUMAN SERVICES  
AGENCY**

**Department of Social Services**

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**NEVADA COUNTY BOARD OF SUPERVISORS  
Board Agenda Memo**

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**MEETING DATE:** June 14, 2022

**TO:** Board of Supervisors

**FROM:** **Rachel Roos**

**SUBJECT:** Resolution approving the execution of a renewal contract with Welcome Home Vets, Inc. for the securing of psychotherapy services for the veteran population of Nevada County in the maximum amount of \$32,445 for the Fiscal Year 2022/23.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Services will be funded from Community Services and Supports (CSS) dollars received from the State as a component of the County's approved Mental Health Services Act (MHSA) Plan. Contract services were planned for in the FY 2022/23 Department budget and there are no county general fund dollars required in the Agreement.

**BACKGROUND:** Veterans and their families have historically had higher levels of mental health problems as compared to the general population. Research findings have long shown that the rate of Post-Traumatic Stress Disorder (PTSD) occurring in combat veterans is significant. Research has also demonstrated that the partners of veterans with Military-Related Psychological Trauma (MRPT) diagnoses, such as PTSD and Major Depressive Disorder (MDD), can experience immense stress and are at greater risk of developing mental health problems than spouses of veterans who do not have those problems.

Veterans with MRPT are an underserved group in Nevada County. The nearest VA hospital is more than fifty miles away, and the psychotherapy and other mental health services being offered there are very limited.

Under this Agreement, Welcome Home Vets will continue to refer appropriate military veterans and their immediate family members/significant others for psychotherapy services. The modalities of therapy provided will include individual, family, couple and group.

This program is directed at a target population that is at high risk for suicide, incarceration, homelessness, and psychiatric hospitalization. All services will be provided by or provided

with oversight by therapists who are trained and experienced in serving a population affected by military-related trauma. The Welcome Home Vets Program will fill in the gaps in services for this population, providing treatment necessary for the veteran and family members to develop and strengthen resilience and continue healing.

**Item Initiated by:** David West, Veterans' Services Officer

**Approved by:** Rachel Peña, LCSW, Director of Social Services